

# 23<sup>rd</sup> Adlerian Summer Schools UK

For Personal & Professional Development



At Felden Lodge in beautiful 32 acre site [www.feldenlodge.co.uk](http://www.feldenlodge.co.uk)  
Sunday 9<sup>th</sup> August—Saturday 15<sup>th</sup> August 2015

## “Letting Go and Moving On”

Leadership - moving on and growth - Early recollections

Forgiveness - Reclaiming your creativity - Parenting

Mindfulness - Yoga - Spirituality

Adlerian Dialogues - Creative Therapeutic Techniques for  
Supervision - Life transitions - Finding a way - Ritual and  
Rhythm in Therapy - Write Your Life - and *lots more exciting  
workshops to be arranged*

**Academic** - talking, thinking, reflecting

**Creative /Experiential** - doing, exploring, feeling

**Spiritual** - contemplative space

*All count towards CPD hours and ASIIP Certificates*

**The Young People/Teen programme will continue, along  
with our aim to provide a safe space for all,  
to develop, explore and have fun.**

Please keep up to date with our plans for 2015

[www.adleriansummerschools.co.uk](http://www.adleriansummerschools.co.uk)

Alternatively contact Wendy Goddard  
01202 532266 [wendy-goddard@sky.com](mailto:wendy-goddard@sky.com)



Adlerian Society UK

Institute for Individual Psychology

Registered Charity No. 288758

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