

## **Honoring Helmut Heuschen**

On behalf of the German federal president Joachim Gauck Helmut Heuschen was honored with the federal cross of merit of the Federal Republic of Germany. The ceremony was held in Aachen on 23 February 2015.

Helmut Heuschen, also known as the "Pope of running of Baesweiler" was honored for his diverse voluntary commitment. This includes activities such as the "active holiday" in Baesweiler, which will soon take place for the 27<sup>th</sup> time, as well as the Baesweiler running club for all, and his long-time chair of the Family Education Centre Helene Weber House.

Also his volunteer work for ICASSI was included in the award documents.

In the mid-1970s Helmut Heuschen began with the study of individual psychology. After several years of self-study he trained as IP counsellor DGIP. At the Alfred Adler Institute Aachen and Cologne he later trained groups for the IP counsellor and provided as an educational consultant (DGIP) for quality standards.

In 1977 he participated for the first time in ICASSI.

He was appointed to the faculty of ICASSI in 1989 to which he has belonged ever since. From there, he was appointed to the Board of ICASSI and co-chairperson. Since 1992, Helmut Heuschen was either a member of board or chairperson of ICASSI

Following his commitment to the "Healthy City," in 1997 he held a lecture at ICASSI in Schladming / Austria on this subject and gave the international participants incentives for them to create healthy cities in their countries.

Inspired by this idea of a healthy community, he developed at ICASSI the so-called "bloc zero": Helmut Heuschen invites all participants (beginners and advanced) to run with him or walk in the early morning before breakfast.

Particularly noteworthy are his efforts in the ICASSI Outreach: This ICASSI issue focuses on organizing a basic or advanced training in institutions (preferably universities) in countries from which not many participants can come to ICASSI for economic reasons. Thus Helmut Heuschen supported outreach programs in Bulgaria, Turkey, and Lithuania.

The ICASSI community congratulates our longtime friend, colleague and teacher warmly for the highest honor that can be awarded to civilians in Germany.