

## 2015 ICASSI Yearbook Entry – Dublin, Ireland

On the River Liffey, in what has been called “the Friendliest City in Europe” (TripAdvisor rating), approximately 250 participants, 34 faculty, and 6 staff met at Dublin City University for the 48<sup>th</sup> annual Rudolf Dreikurs Summer School, ICASSI. Dublin has medieval buildings as well as modern architecture, and it is known for its rollicking Irish music as well as its poets, scholars, and writers. Adjacent to the University was a lovely park where, before breakfast, nearly 100 ‘Bloc 0’ participants were led by Helmut Heuschen to walk, run, stretch and play.

Local Irish youth musicians entertained and engaged everyone on both Opening Ceremonies, and the local Irish participant leaders were seen throughout the ICASSI summer school to be welcoming and exhibiting smiling Irish hospitality.

Weekend travel packages brought added joy to those who toured the monastic site of Glendalough in the Wicklow Mountains, the 12<sup>th</sup> Century Kilkenny Castle, Smithwicks Brewery, or St. Canice’s 13<sup>th</sup> Century Cathedral. Many participants spent evenings in downtown Dublin visiting the historic, antique, and modern pubs. They were regaled with the lilting, lively Irish tunes played by local musicians, often impromptu. Some took advantage of the musicals in the Dublin Theaters.

Plenary Lectures and Demonstrations and In-depth Classes were held on the following subjects: Encouragement, Family and Couples Counseling, Art Therapy, Intergenerational Patterns, Mindfulness, Adlerian Principles in the Workplace, Early Recollections, Self Care/Awareness, Metaphors, Trauma, Supervision, Neuroses, Suicidal Behavior, Problem Solving, Anger Reorientation, ADHD, Stress, Psychopathology, Addictions, Social Interest, Private Logic, Spirituality, Parenting, Life Task Relationships, and Directed Movement.

The evening programs, designed to incorporate the cultures of 22 countries into the ICASSI experience, included International Night, the Silent and Rowdy Auctions, the Market, and Cooperative Games. A banner crowd from the Youth program brought encouragement and joy to the experiences of the 'long timers' as well as the new participants. Ages ranged from 6-month-old Otto to folks cheerfully learning and working in their 80s. It was a truly International, Intergenerational engagement and life experience for all who were present for this exciting ICASSI summer school in Dublin.