



ICASSI 2013

**July 21st – August 3rd
2013**

**Wageningen,
The Netherlands**

46th Annual Rudolf Dreikurs
Summer Institute

Courses in Adler/Dreikurs Theory and Practice

www.icassi.net

Introduction

ICASSI 2013 promises to be a most comprehensive and enriching learning experience, and the faculty, Board, and Administrative team members all look forward to seeing you in the Netherlands in July of 2013.

I am gratified that the annual *Rudolf Dreikurs Summer Institute* is going strong in its 46th year. It is a testament to the timeless value of the principles and teachings of Adler and Dreikurs. The 2013 Summer Institute is a reflection of ongoing efforts of ICASSI to ensure that our international institute brings fresh ideas, novel applications and updated course material to our participants. We are pleased to return to the flower-rich country of the Netherlands, a country in which we have enjoyed many previous stimulating and enriching summer institutes.

We are pleased that ICASSI 2013 will be strengthened by the addition of accomplished new faculty members. There will also be a broad range of program options. As usual, we'll have the fine diversity of courses and instructors from many nations. The 2013 plenary morning sessions will again be in English and German.

As always, the Summer Institute will bring together individuals from many nations, providing a truly unique opportunity to learn alongside and share experiences with colleagues from around the world. Participants will acquire knowledge and learn practical skills that will serve them in their professional and personal lives. The classes will deal with contemporary challenges in areas of parenting, couple relationships, school, counseling and clinical practice, the workplace, and in multi-cultural relationships. Adlerian principles and methods facilitate human relations in very many areas of human life.

Adlerian psychology is as relevant as ever, with its focus on cooperation, equality and mutual respect between individuals and groups, and its understanding of the whole person. In today's complex, fast-changing world, we must continue to find ways to help more people live healthy and strength-based lives. Whether you are a professional who counsels or teaches others or an individual or family member seeking personal development, you will benefit from the life-changing learning experience of ICASSI 2013.

Eva Dreikurs Ferguson
Co-Chair
ICASSI 2013

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ICASSI the International Committee of Adlerian Summer Schools and Institutes

A BRIEF HISTORY

ICASSI (the International Committee of Adlerian Summer Schools and Institutes) is a non-profit educational organization whose objective is to help professionals, students, and lay persons learn the teachings of Adler and Dreikurs and master appropriate skills, and to teach Adler's and Dreikurs' principles and methods where professional and personal development opportunities are needed.



Alfred Adler, a young colleague of Sigmund Freud in the early years of the 20th Century, developed a psychiatric and educational treatment and prevention approach that today would be called a strength-based and community-oriented psychology. The emphasis was on the fundamental motivation of human beings to belong and to contribute to the larger society in which they live.

Rudolf Dreikurs, a younger colleague of Adler, established ICASSI and the Summer Institute in 1962. Dreikurs created ICASSI because of his ongoing dedication to spreading the teachings of Adler to people around the world, not only as a psychological method of treatment, but as a philosophy of life.

In his early days of practicing psychiatry in Vienna, Dreikurs saw the need to extend his office into the community. He was convinced that use of Adlerian education methods in the home and in the school would enable children to reach a higher level of functioning. He believed they would develop a greater sense of their own strength and ability, and would learn the responsibility of citizenship in a free world. He was also convinced that prevention was more important than treatment.

From his immediate community, Dreikurs extended his work to the nation and then internationally, starting with his first visit to Brazil in 1937 and again in 1946. He moved to the United States in 1937, working internationally in Israel in 1959 and holding the first International Summer School in Denmark in 1962. He visualized the acceptance of "social interest" among a steadily widening group of people worldwide, who would experience living in harmony and peace.

It was Dreikurs' hope to hold the Summer Institute in a different country each year wherever there was a group in need of impetus to grow.

THEORY AND PRACTICE OF ADLER AND DREIKURS: IN A NUTSHELL

Adlerian psychology is holistic (each of us is a unique whole person), social, and purposive (human action is understood in terms of self-set goals, of which we usually are not aware). Mental health is understood in terms of a person's or a community's striving for contribution, equality, and mutual respect between individuals and between groups. Based on many decades of effective methods for prevention and treatment of psychological and social problems, Adlerian theory and practices offer concrete steps for improved human relationships in the family, school, and workplace, and in multi-national interactions.

THE ICASSI MISSION:

Using the theory and practice of Individual Psychology as learned through the teachings of Alfred Adler and Rudolf Dreikurs:

Reach out to others through education, training, dialogue, and experience

Enhance the spirit of social interest, sharing, and cooperation, and foster equality by making a common effort to eliminate the barriers between nationalities, age groups, genders, religions, social classes, races, professions, and any other artificial distinctions by which humans believe themselves to be divided

Stimulate leadership in different countries and help potential and existing leaders in their efforts to establish a world of peace and cooperation

“

ICASSI is proud of it's foundation on a psychology of two languages, and provides translation to help participants share in the learning and exchange of ideas. ICASSI values the cultural and linguistic diversity that is fundamental to it's success, and celebrates the more than 20 nations that participate each year.

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FOR WHOM IS ICASSI INTENDED?

ICASSI offers a stimulating environment in which professionals, individuals, couples, and families learn within a diverse international collegial community. It provides unique instruction and experiential learning for professional and personal development provided by an international faculty. It is designed for:

- Counselors & Psychotherapists
- Psychologists & Social Workers
- Teachers & Educators
- Business Professionals
- Coaches
- Clergy
- People interested in understanding themselves & their relationships
- Birth, Foster & Adoptive Families
- Children & Youths
- Early Childhood Educators
- Health-Care Professionals
- Students at all levels
- People interested in the psychology of Alfred Adler & Rudolf Dreikurs

The ICASSI program is unique in providing the highest quality of professional education in an enriching social environment. Participants choose from a wide range of courses in the theory and techniques of Adler and Dreikurs, with application to counseling and therapy, business, schools, families, the community, and the workplace. Experiential workshops provide professional training for the practitioner and opportunities for personal growth to all participants. As encouragement, cooperation and respect are fundamental Adlerian concepts, all workshops follow codes of confidentiality.

In addition, ICASSI participants are given the opportunity to present on issues of concern to them through Special Interest sessions.

Participants come to ICASSI from around the world, typically from over twenty different countries. Recreational and multi-cultural exchanges are therefore integral parts of the ICASSI experience and contribute to a strong sense of fellowship and connectedness. Social activities also provide opportunities for the exchange of ideas, viewpoints, stories, songs and laughter.

For parents wishing to bring their families, there are courses for teenagers and an excellent children's program for 4-11 year olds under the supervision of multilingual and multi-cultural leaders.

Course Selection Guide

ICASSI offers a variety of course options to meet participants' learning needs and interests, whether one registers for the first week, the second week, or for both weeks.

Each morning from 09:00 to 10:30 there is a Bloc 1 plenary lecture and demonstration that everyone attends. Following Bloc 1, participants choose from either Series A (half-day courses) or Series B (full-day courses).

SERIES A: HALF-DAY COURSES

Series A offers two week-long half-day courses. Participants select one course for the morning, Bloc 2, and another for the afternoon, Bloc 3. Courses identified as (1 + 2) in the course descriptions section indicate that the course continues through Weeks One and Two; however, participants may choose to register for just the first or second week.

OR:

SERIES B: FULL-DAY COURSES

Series B offers a week-long intensive course. Series B courses extend through both Bloc 2 and Bloc 3, and are intended for participants seeking a more in-depth examination of a given subject in a one week time-frame.

Two week participants may select one Series B course in each of Week One and Week Two, or may follow Series A in one week and Series B in the other week or Series A in both weeks.



ICASSI PROGRAM AT-A-GLANCE

WEEK ONE

Sunday, July 21	14:00–19:00	ICASSI Registration
	20:00	Opening Ceremony
Friday, July 26	19:00	Special Dinner for All Participants

WEEK TWO

Sunday, July 28	16:00	ICASSI Registration for Week Two Arrivals
	20:00	Welcoming Ceremony for Week Two Arrivals
Friday August 2	17:30	Closing Ceremony
	19:00	Farewell Banquet for All Participants

MONDAY TO FRIDAY, WEEKS ONE AND TWO

09:00 – 10:30	Bloc 1	Plenary Sessions
10:30 – 11:00	Break	
11:00 – 13:00*	Bloc 2	Series A (200/400) Half-Day Courses Series B (100/600) Full-Day Courses (Morning Session)
13:00 – 14:00	Lunch	
14:30 – 16:30*	Bloc 3	Series A (300/500) Half-Day Courses Series B (100/600) Full Day Courses (Afternoon Session)
16:45 – 17:45	Special Interest**	Tuesday, Wednesday and Thursday
18:00 – 19:00	Dinner	
20:00 – 21:15	Bloc 4	Evening Programs except Wednesday – which is free

* At the discretion of the faculty member in discussion with the class, some classes may end ½ hour earlier.

** Special Interest Sessions provide an opportunity for participants and faculty to present a subject of their own choice. A list of each day's special interest sessions is in the daily ICASSI Newsletter.

Disclaimer: ICASSI reserves the right to change or cancel course offerings as necessary for programmatic reasons.

Plenary Lectures, Bloc 1 Weeks One & Two, 9:00 – 10:30

Monday, July 22	Adlerian Theory with Eva Dreikurs Ferguson (Lecture)
Tuesday, July 23	Lifestyle Demonstration with Gerhard Baumer (Demonstration)
Wednesday, July 24	Holism and the Life Task Balance with Rachel Shifron (Lecture)
Thursday, July 25	Authority and Democracy with Karen John (Lecture)
Friday, July 26	Open Forum Leadership with Jay Colker (Demonstration)
Monday, July 29	Personal Responsibility and Modern Life with Theo Joosten (Lecture)
Tuesday, July 30	Multicultural Issues in Home and School with Uti Landscheidt (Lecture)
Wednesday, July 31	Family Counseling Demonstration with Frank Walton (Demonstration)
Thursday, August 1	Philosophical Concepts and Individual Psychology with Bill Linden (Lecture)
Friday, August 2	The Emotional Experience in Adlerian Psychology with Paul Rasmussen (Lecture)

COURSE OVERVIEW

Week One Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty	Week One Classes Bloc 3, Afternoons from 14:30-16:30	Faculty
A201 Emotions and Private Logic (Eng) (1)	Paul Rasmussen	A301 Neurosis from an Individual Psychology Perspective (Ger) (1)	Zivit Abramson
A202 Managing Grief and Loss in Our Personal and Professional Lives (Eng) (1)	Marion Balla	A302 Managing Life Transitions (Eng) (1)	Marion Balla
A203 Family Counseling (Eng) (1)	Frank Walton	A303 Dealing with Addictions (Eng) (1)	Jim Holder
A204 Lifestyle and Art Therapy (Ger/Eng) (1)	Uti Landscheidt	A304 Putting Individual Psychology into Practice (Ger/Eng) (1)	Uti Landscheidt

Week One Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty	Week One Classes Bloc 3, Afternoons from 14:30-16:30	Faculty
A205 Cooperative Problem Solving (Eng) (1)	Theo Joosten	A305 Group Dynamics (Eng) (1)	Karen John
A206 Individual Psychology in the Workplace (Eng) (1 + 2)	Eva Dreikurs Ferguson	A306 Couples Enrichment (Eng) (1)	Yvonne Schuerer
A207 Play Therapy: An Introduction (Eng) (1)	Richard Watts	A307 Addressing Spirituality: an Adlerian Perspective (Eng) (1)	Richard Watts
A208 Empowering Parents and Children (Ger/Eng) (1)	Erika Echle and Joyce Callus	A308 History and Development of Individual Psychology (Eng) (1)	Bill Linden
A209 Working with Trauma for Professionals (Eng) (1)	Anthea Millar	A309 Encouragement (Eng) (1)	Yoav Shoham
A210 Wellness, Positive Psychology and Individual Psychology (Eng) (1)	Becky LaFountain	A310 Leadership Development (Eng) (1)	Jay Colker
		A311 Lifestyle Assessment (1)	Gerhard Baumer
A220 Personal Development for Youth Ages 12-17 (Eng)	Yoav Shoham	A320 Youth Recreation: Ages 12-17 (Eng/Ger) (1+2)	Hauser, Hofstra
A221 Children's Program (Bloc 1 and 2) (Eng/Ger)	Hoekstra, Krueger, Gruenig	A321 Children's Recreation	Krueger, Hoekstra

Type B Courses Week One			
B101 How is lifestyle created?	Betty Lou Bettner	B101 How is lifestyle created?	Betty Lou Bettner
B102 Use of Early Recollections in Adlerian Psychotherapy and Counseling (Eng) (1)	Rachel Shifron	B102 Use of Early Recollections in Adlerian Psychotherapy and Counseling (Eng) (1)	Rachel Shifron
B103 Understanding Self, Others and Cross-Cultural Dynamics through Art Therapy (Eng) (1)	Hala Buck	B103 Understanding Self, Others and Cross-Cultural Dynamics through Art Therapy (Eng) (1)	Hala Buck

Week Two Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty	Week Two Classes Bloc 3, Afternoon from 14:30-16:30	Faculty
A401 Couples in Conflict (Eng) (2)	Zivit Abramson	A501 Social Equality (Ger) (2)	Zivit Abramson
A402 Managing Grief and Loss in Our Personal and Professional Lives (Eng) (2)	Marion Balla	A502 Family Dynamics in Action – An Adlerian Perspective (Eng) (2)	Marion Balla
A403 Counseling Parents of Teens (Eng) (2)	Frank Walton	A403 Using ERs with Addictions and Co-Occurring Problems (Eng) (2)	Jim Holder
A404 Lifestyle and Art Therapy (Ger/Eng) (2)	Uti Landscheidt	A504 Putting Individual Psychology into Practice (Ger/Eng) (2)	Uti Landscheidt
A405 Cooperative Problem Solving (Eng) (2)	Theo Joosten	A505 Claiming Your Authority (Eng) (2)	Karen John
A406 Individual Psychology in the Workplace (Eng) (1+2)	Eva Dreikurs Ferguson	A506 Enhancing Social Interest (Eng) (2)	Yvonne Schuerer
A407 The 6 Essential Pieces of the Parenting Puzzle (Eng) (2)	Betty Lou Bettner	A507 Integrative Strategies and Interventions (Eng) (2)	Richard Watts
A408 Working through Stress (Ger/Eng) (2)	Erika Echle	A508 From Competition to Cooperation (Ger/Eng) (2)	Erika Echle
A409 Personal Growth Following Trauma (Eng) (2)	Anthea Millar	A509 Encouragement in Stressful Situations (Eng) (2)	Yoav Shoham
A410 Caregiving (Eng) (2)	Becky LaFountain	A510 Leadership Development (Eng) (2)	Jay Colker
		A511 Dreams (2)	Gerhard Baumer
A420 Personal Development for Youth Ages 12-17 (Eng)	Yoav Shoham	A520 Youth Recreation: Ages 12-17 (Eng/Ger) (1+2)	Hofstra, Hauser
A421 Children's Program (Bloc 1 and 2) (Eng/Ger)	Hoekstra, Krueger, Gruenig	A521 Children's Recreation (Eng/Ger) (1+2)	Krueger, Hoekstra, M.

Type B Courses Week Two

B601 Early Recollections and Lifestyle (Eng) (2)	Paul Rasmussen	B601 Early Recollections and Lifestyle (Eng) (2)	Paul Rasmussen
B602 Adlerian Supervision (Eng) (2)	Rachel Shifron	B602 Adlerian Supervision (Eng) (2)	Rachel Shifron
B603 Psychodrama (Eng) (2)	Anabella Shaked	B603 Psychodrama (Eng) (2)	Anabella Shaked



Week One Classes Blocs 2 and 3*

ICASSI has two types of classes: Type A and Type B. Type A courses are for 2 hours each day either in Bloc 2 (11:00 – 13:00) or Bloc 3 (14:30-16:30). Type B classes meet for 4 hours each day in Bloc 2 AND Bloc 3.

* The language the course will be taught in is indicated by Eng = English, Ger = German. A Ger/Eng course is a bi-lingual course, unless **all** participants in the class agree that it can be one language.

** Courses identified as (1) are for Week One only. Courses identified as (1+2) indicate that although the course continues through Weeks One and Two, participants may choose to register for just the first or second week or both weeks.

Week One Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty
A201 Emotions and Private Logic (Eng) (1) People often seek therapy because of emotional distress. The nature of that distress gives immediate evidence of the types of problems faced and the private logic assumptions being violated. Emotions usually follow private logic and often conflict with common sense. This is why Dreikurs referred to this as the “peculiar relationship.” This relationship is described relative to the purpose of emotions within the teleological model and their role in the holistic model of thinking, feeling and acting with a social context. Through lecture, demonstration and practice, participants will learn to work with emotion to create emotional and life-style reorientation.	Paul Rasmussen Limit: 20 Not Open to Youth
A202 Managing Grief and Loss in Our Personal and Professional Lives (Eng) (1) Grief and loss is a frequent experience in all our lives. This course will explore the grieving process and present strategies for coping within each stage of living and working with grief and loss. The application of the concepts of private logic, early recollections, life tasks, and movement will be an integral part of the group activities.	Marion Balla Limit: 15 Open to Youth
A203 Family Counseling (Eng) (1) This course may serve as an introductory or advanced course due to the fact the primary means of teaching will be through live demonstrations. Participants will have an opportunity to observe and experience use of “The Most Memorable Observation” as a technique for understanding how one’s belief system influences choice of parenting style. Problems common to practicing therapists will be discussed, including treating children diagnosed with Attention Deficit Hyperactive Disorder. Open to professionals, parents, and adolescents.	Frank Walton Limit: 20 Open to Youth

Week One Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty
<p>A204 Lifestyle and Art Therapy (Ger/Eng) (1)</p> <p>Art therapy is a creative method to deepen the knowledge of oneself. Through interaction with others we learn to understand our own and other persons' lifestyles. This course is for participants who are new to Individual Psychology, and for advanced counselors who want to expand their skills through a creative method. This course is based on the book "Cows can be purple" by Sadie Tee Dreikurs.</p>	<p>Uti Landscheidt</p> <p>Limit: 12</p> <p>Open to Youth</p>
<p>A205 Cooperative Problem Solving (Eng) (1)</p> <p>Whether in faculties, families or professional settings, people meet problems. This course will explore practical ways of helping each other find encouraging solutions to these social challenges. The influence of the language we use and the incident method will get special attention. This will be done through the input of "examples" provided by the participants.</p>	<p>Theo Joosten</p> <p>Limit: 24</p> <p>Not Open to Youth</p>
<p>A206 Individual Psychology in the Workplace (Eng) (1 + 2)</p> <p>Adlerian Psychology helps improve human relations in all settings, including the work place. Workplace solutions are applicable also to problems in the family and school. Participants' own work problems are discussed. Work roles, conflict resolution, group dynamics, and personality variables are viewed within the Adler-Dreikurs framework.</p>	<p>Eva Dreikurs Ferguson</p> <p>Limit: 25</p> <p>Not Open to Youth</p>
<p>A207 Play Therapy: An Introduction (Eng) (1)</p> <p>An overview of the basic principles and procedures of play therapy, this program will introduce participants to (1) a rationale for play therapy, (2) appropriate toys and play media for both site-based and traveling play therapy, (3) the facilitative language of play therapy, and (4) the use of play therapy in an Adlerian theoretical context. This program is appropriate for all persons who work with children ages three to ten.</p>	<p>Richard Watts</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A208 Empowering Parents and Children (Ger/Eng) (1)</p> <p>It is no secret that parenting or teaching today can be a complex task. This is a course designed with the needs of parents and educators in mind. This course will help participants grasp Adlerian and Dreikursian concepts that enhance the understanding of children's behavior, cooperation, effective communication, and problem solving techniques. Discipline could be another bone of contention for adults working with children. Positive discipline provides an alternative to rewards and punishments thus enhancing mutual respect, self-esteem and conflict resolutions. This is a hands-on program that empowers participants to unleash their creative self and make decisions on the useful side of life.</p>	<p>Erika Echle and Joyce Callus</p> <p>Limit: 20</p> <p>Not Open to Youth</p>

Week One Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty
<p>A209 Working with Trauma for Professionals (Eng) (1)</p> <p>In recent years, increased understanding of the neurological and bio-psychosocial aspects of trauma has resulted in more effective processes that integrate well with an Adlerian therapeutic approach. This highly practical course will focus particularly on developing the therapeutic skills of ensuring safety and stability, developing dual attention and building on the person's resilience and social connection. Target group: Health professionals and those in training. Limited to: 18 participants.</p>	<p>Anthea Millar</p> <p>Limit: 18 Not Open to Youth</p>
<p>A210 Wellness, Positive Psychology and Individual Psychology (Eng) (1)</p> <p>Wellness is a lifestyle choice that deals with positive health. Wellness consists of all aspects of functioning: physical, psychological, social, intellectual and spiritual. These topics will be approached under the overarching themes of Adler's holism and life tasks. Positive Psychology, whose roots are in IP, will also be integrated. Participants can apply the material learned to themselves as well as their clients.</p>	<p>Becky LaFountain</p> <p>Limit: 15 Not Open to Youth</p>
<p>A220 Personal Development for Youth Ages 12-17 (Eng)</p> <p>This course is for youths ages 12-17 to facilitate the growth of self-understanding and to increase social interest and community-oriented behavior.</p> <p>*Please note: The youth registered in this course may also participate in an early morning recreation program from 8:45 until 11:00.</p>	<p>Yoav Shoham</p> <p>Limit: 25 Open to Youth Only</p>
<p>A221 Children's Program (Bloc 1 and 2) (Eng/Ger)</p> <p>This program will offer athletic, art, music and play activities. Adlerian child-rearing and classroom management principles will be used.</p> <p>*Please note: The program runs through Blocs 1 and 2. Parents bring their children to the program at 8:45.</p>	<p>Hoekstra, Krueger, Gruenig</p> <p>Limit: 25 Open to Youth Only</p>

Week One Classes Bloc 3, Afternoon from 14:30-16:30	Faculty
<p>A301 Neurosis from an Individual Psychology Perspective (Ger) (1)</p> <p>In spite of using the same terms as Freud, Adler understood human beings and their relationships in a totally different way. Neurosis is one good example of this. Using the same term Adler was not interested in diagnosis. He was interested in people's choices of the way they face life. We shall explore Adler's understanding of the neurotic attitude towards life. Participants will learn whether they have been making neurotic choices and how they can change these. Both lay people and professionals are welcome.</p>	<p>Zivit Abramson</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A302 Managing Life Transitions (Eng) (1)</p> <p>This course is designed to assist participants to identify and explore the losses and gains inherent in major life transitions, e.g. aging, career choices and changes, retirement, marriage, empty family nest, divorce. Through the use of early recollections, anniversary dates, and the exploration of life tasks, participants will gain increased insight and strategies to manage major life changes. Open to youth.</p>	<p>Marion Balla</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A303 Dealing with Addictions (Eng) (1)</p> <p>From an Adler-Dreikurs perspective, participants will learn how private logic sets an individual up for addictive behaviors. A key to treatment and awareness is how the addiction itself reinforces the belief system. Processes used will include Early Recollection interpretations, the re-writing and re-reading of ERs, and honing the therapist's sensitivity, predictive potential, and perceptive reasoning.</p>	<p>Jim Holder</p> <p>Limit: 12</p> <p>Not Open to Youth</p>
<p>A304 Putting Individual Psychology into Practice (Ger/Eng) (1)</p> <p>Adlerian principles such as priorities, social interest, and encouragement will be taught through exercises in which participants are actively involved. This course is for beginners who want to learn about themselves, and for advanced participants who want to learn new activities to use in parents groups, workplaces and other social settings.</p>	<p>Uti Landscheidt</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A305 Group Dynamics (Eng) (1)</p> <p>Promoting social equality within the workplace, training and other contexts requires understanding and attending to group dynamics and needs, as well as to individual psychological needs and life style issues. In this highly interactive and experiential course, group members are invited to explore a range of group experiences and scenarios in order to increase their confidence as facilitators, trainers and group and team members. 10 participants.</p>	<p>Karen John</p> <p>Limit: 10</p> <p>Not Open to Youth</p>

Week One Classes Bloc 3, Afternoon from 14:30-16:30	Faculty
<p>A306 Couples Enrichment (Eng) (1)</p> <p>An intimate relationship is, as Adler clearly saw, an all-important task of life needing constant care. At no point can a happy couple lie back, thinking their work is done, for their garden of love will soon be overgrown with weeds and dry out. Partners need to learn how to become better gardeners. In this course we will focus on personal strengths and how to use them to cooperate and communicate more freely with the other, and in so doing become a better partner.</p>	<p>Yvonne Schuerer</p> <p>Limit: 15 Not Open to Youth</p>
<p>A307 Addressing Spirituality: an Adlerian Perspective (Eng) (1)</p> <p>Religious and spiritual clients both come from diverse cultural populations and may be a unique cultural population themselves. There are few examples of how therapeutic approaches can be adapted for use with clients' spirituality. This presentation addresses how Adlerian therapy may be used to work with clients in a way that respects their spiritual beliefs and facilitates the therapeutic process.</p>	<p>Richard Watts</p> <p>Limit: 10 Open to Youth</p>
<p>A308 History and Development of Individual Psychology (Eng) (1)</p> <p>Adlerian psychology is teleological and does not fit contemporary deterministic causal thinking. Kant, Vaihinger, and Smuts influenced Adler's writing, and some of those influences will be discussed in simple, everyday terms. No philosophical background is required, and practitioners will find these ideas enlightening and useful.</p>	<p>Bill Linden</p> <p>Limit: 15 Not Open to Youth</p>
<p>A309 Encouragement (Eng) (1)</p> <p>This course will introduce very practical ways we can encourage ourselves and others. Through exercises and discussion we will explore specific strategies that can enable greater confidence, positive contribution and connection, overall building courage to face issues constructively in our personal and work lives.</p>	<p>Yoav Shoham</p> <p>Limit: 25 Open to Youth</p>
<p>A310 Leadership Development (Eng) (1)</p> <p>Leaders influence the culture of the organization and employees' levels of engagement, work satisfaction, cooperation, and performance. This course reviews leadership principles with an Adlerian lens. Participants will present their leadership issues and challenges and work with the instructor on implementing enhancements from an Adlerian perspective. Strategy and tactics at the organizational, team, and individual leadership levels will be discussed.</p>	<p>Jay Colker</p> <p>Limit: 16 Not Open to Youth</p>

Week One Classes Bloc 3, Afternoon from 14:30-16:30		Faculty
A311 Lifestyle Assessment (1) <p>This didactical and experiential course will show the unique principles and techniques of Adlerian Lifestyle Assessment used successfully in counselling, supervision and therapy. Participants work with early recollections and experience the importance of family constellation towards present life attitudes, priorities and orientations which form the unconscious goal and give the lifestyle direction. We learn how this can be brought to awareness and transformed in the process of Lifestyle Assessment.</p> <p>That course is for psychotherapists, counsellors and people who work in social or pedagogical fields or are interested in gaining more self-awareness.</p>		Gerhard Baumer Limit: 18 Not Open to Youth
A320 Youth Recreation: Ages 12-17 (Eng/Ger) (1+2) <p>Youth 12 - 17 from various countries will together determine the activities to be engaged in during the session, using an interactive decision-making model. Activities focus on connecting with one another and developing capabilities in collaboration and team play. Games are cooperative in nature and focus on including all participants.</p>		Hauser, Hofstra Limit: 25 Open to Youth Only
A321 Children's Recreation (Eng/Ger) (1+2) <p>Come and have fun with us! Children will be offered art, music, athletic activities and games in a class that uses Adlerian child-rearing and classroom management principles. Small group meetings will give children the chance to plan activities.</p>		Krueger, Hoekstra, M. Limit: 25 Open to Children Only



TYPE B Classes

Week One Classes Meet in Bloc 2 and Bloc 3 each day		Faculty
B101 How is lifestyle created? (Eng) (1) Adler said: “The individual is the picture and the artist.” We are the artists of our personality. While there is heredity and environment Adler added a third force—the creative power of the individual. This innate creativity allows us to choose thoughts, feelings, perceptions, and behaviors that will assist us in reaching our goals. This course presents basic information to assist all those who wish to understand self and others, and teach Adlerian principles in order to help others actualize their creativity and develop social interest—the basis for mental health.		Betty Lou Bettner Limit: 25 Open to Youth
B102 Use of Early Recollections in Adlerian Psychotherapy and Counseling (Eng) (1) One of Adler's genius ideas was to identify the powerful potential in the use of early recollections (ERs) in Adlerian Psychotherapy. The use of ERs is vital for the analysis of the patient's lifestyle. ERs are metaphors, a creative way to describe accurately the patient's current emotional state. The metaphoric language is essential for the development of a mutual language between the therapist and the patient. ERs as metaphors supply excellent tools for finding the patient's strengths and creative abilities. In the therapeutic process, discovering the strengths enable the patient and the therapist to reconstruct the ERs and find productive/creative solutions to cope differently with life. The creative way of working with ERs will be the main theme of this workshop. This workshop is open for therapists and counselors who work with individuals, couples, families and vocational therapists.		Rachel Shifron Limit: 15 Not Open to Youth
B103 Understanding Self, Others and Cross-Cultural Dynamics through Art Therapy (Eng) (1) In understanding ourselves we develop empathy to interact respectfully with “other.” Art is a powerful and healing way to explore one's private logic around belonging and differences. Participants will learn how to process images, use group dynamics, watch and listen to body language that Adler called “physical speech.” By integrating art therapy processes, Early Recollections to access cultural and intergenerational patterns participants will enhance their effectiveness with multicultural clients, colleagues, and family members. No artistic skill required.		Hala Buck Limit: 12 Not Open to Youth

Week Two Classes, Blocs 2 and 3*

ICASSI has two types of classes: Type A and Type B. Type A courses are for 2 hours each day either in Bloc 2 (11:00 – 13:00) or Bloc 3 (14:30-16:30). Type B classes meet for 4 hours each day in Bloc 2 AND Bloc 3.

*The language the course will be taught in is indicated by Eng = English, Ger = German. A Ger/Eng course is a bi-lingual course, unless all participants in the class agree that it can be one language

*Courses identified as (2) are for Week Two only. Courses identified as (1+2) indicate that although the course continues through Weeks One and Two, participants may choose to register for just the first or second week or both weeks.

Week Two Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty
<p>A401 Couples in Conflict (Eng) (2)</p> <p>How does a couple start? How does it get into trouble? It may have to do with individual issues of Lifestyle or it may be a couple conflict.</p> <p>This course is both for people who wish to understand their own partnership issues a little better (whether they participate as a couple or as one of the partners) and for professionals who wish to experience or witness typical Adlerian ways of understanding couples difficulties.</p>	<p>Zivit Abramson</p> <p>Limit: 25</p> <p>Not Open to Youth</p>
<p>A402 Managing Grief and Loss in Our Personal and Professional Lives (Eng) (2)</p> <p>Grief and loss is a frequent experience in all our lives. This course will explore the grieving process and present strategies for coping within each stage of living and working with grief and loss. The application of the concepts of private logic, early recollections, life tasks, and movement will be an integral part of the group activities.</p>	<p>Marion Balla</p> <p>Limit: 15</p> <p>Open to Youth</p>
<p>A403 Counseling Parents of Teens (Eng) (2)</p> <p>Every effort will be made to provide three counseling demonstrations, one of which may be working with an adolescent as an “adult client.” The instructor will focus upon common ways adolescents may perceive themselves to be in a position of inferiority. Participants will have the opportunity to observe use of The Most Memorable Observation as a technique for understanding how the belief system of parents influences their choice of parenting style. Teen suicide, bullying and other manifestations of severe discouragement in adolescents will be discussed.</p> <p>Target: Practitioners and students of family counseling, parents and adolescents. Open to professionals, parents, and adolescents 15-17.</p>	<p>Frank Walton</p> <p>Limit: 20</p> <p>Open to Youth</p>

Week Two Classes Bloc 2, Mornings from 11:00 to 13:00		Faculty
A404 Lifestyle and Art Therapy (Ger/Eng) (2) Art therapy is a creative method to deepen the knowledge of oneself. Through interaction with others we learn to understand our own and other persons' lifestyles. This course is for participants who are new to Individual Psychology, and for advanced counselors who want to expand their skills by a creative method. This course is based on the book "Cows can be purple" by Sadie Tee Dreikurs.		Uti Landscheidt Limit: 12 Open to Youth
A405 Cooperative Problem Solving (Eng) (2) Whether in faculties, families or professional settings, people meet problems. This course will explore practical ways of helping each other find encouraging solutions to these social challenges. The influence of the language we use and the incident method will get special attention. This will be done through the input of "examples" provided by the participants.		Theo Joosten Limit: 24 Not Open to Youth
A406 Individual Psychology in the Workplace (Eng) (1+2) Adlerian Psychology helps improve human relations in all settings, including the work place. Workplace solutions are applicable also to problems in the family and school. Participants' own work problems are discussed. Work roles, conflict resolution, group dynamics, and personality variables are viewed within the Adler-Dreikurs framework.		Eva Dreikurs Ferguson Limit: 25 Not Open to Youth
A407 The 6 Essential Pieces of the Parenting Puzzle (Eng) (2) Everyone who has children, works with children, or interacts with children in any setting needs to have the basic requirements for being a positive force in their lives. Adults need to know how: to develop and maintain relationships with children, to understand the goals of behavior, to encourage intrinsic worth in them, to interact with the social logic of equality, to help them develop healthy perceptions while providing support and an attitude that contributes to a sense of belonging, acceptance, and respect.		Betty Lou Bettner Limit: 25 Open to Youth
A408 Working through Stress (Ger/Eng) (2) The requirements of working life increase continuously. A conscious stress management approach helps to deal with stress better and achieve professional goals successfully. Stress is a complex, important physical and psychological reaction. It ensures that we are awake/alert and able to act on mental and physical challenges. Problems arise when the generated tension becomes a permanent condition, whether through challenges in the family, work setting or even through constant small annoyances. In this course we will be dealing with the questions of how to reduce the burden of stress, to jettison the ballast, to relax, keep things in perspective, gain composure and how to find inner balance. Coping with stress through mindfulness will be our goal.		Erika Echle Limit: 25 Not Open to Youth

Week Two Classes Bloc 2, Mornings from 11:00 to 13:00	Faculty
<p>A409 Personal Growth Following Trauma (Eng) (2)</p> <p>After a traumatic experience, it may feel as if everything is turned upside down, the world seeming less safe and out of control. Some people may also develop distressing long term symptoms. This practical course will explain common post trauma effects, and offer an encouraging and safe space where participants can develop strategies to take back into their own lives that enable healing, social re-connection and personal growth.</p> <p>Target Group: General participants Limited to 15 participants.</p>	<p>Anthea Millar</p> <p>Limit: 15</p> <p>Open to Youth</p>
<p>A410 Caregiving (Eng) (2)</p> <p>While some people are stressed by caregiving, others get positive effects from it. This class is designed to help caregivers and professionals optimize the caregiving experience through experiential and didactic methods that increase their understanding of elderly persons' development emphasizing the physical, cognitive, personal and social-cultural aspects within the framework of Adler's tasks of life. Additionally, participants will explore their personal views on aging, as well as their strengths, in an effort to best serve this population.</p>	<p>Becky LaFountain</p> <p>Limit: 15</p> <p>Not Open to Youth</p>
<p>A420 Personal Development for Youth Ages 12-17 (Eng)</p> <p>This course is for youths ages 12-17 to facilitate the growth of self-understanding and to increase social interest and community-oriented behavior.</p> <p>*Please note: The youth registered in this course may also participate in an early morning recreation program from 8:45 until 11:00.</p>	<p>Yoav Shoham</p> <p>Limit: 25</p> <p>Open to Youth Only</p>
<p>A421 Children's Program (Bloc 1 and 2) (Eng/Ger)</p> <p>This program will offer athletic, art, music and play activities. Adlerian child-rearing and classroom management principles will be used.</p> <p>*Please note: The program runs through Blocs 1 and 2. Parents bring their children to the program at 8:45.</p>	<p>Hoekstra, Krueger, Gruenig</p> <p>Limit: 25</p> <p>Open to Children Only</p>

Week Two Classes Bloc 3, Afternoons from 14:30 to 16:30	Faculty
<p>A501 Social Equality (Ger) (2)</p> <p>Democracy, Social Equality... right. But how does it work in my own life? Why do I sometimes feel worthless, sometimes feel I would like to put others down? We shall explore the meaning of Social Equality in all areas of social living and try to understand why we ourselves often do not feel it.</p>	<p>Zivit Abramson</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A502 Family Dynamics in Action – An Adlerian Perspective (Eng) (2)</p> <p>This course offers participants an opportunity to understand a holistic approach to family patterns and their impact in the present day. An Adlerian perspective on family dynamics will be presented through the use of early recollections, birth stories, family sculpting, and hands-on, movement oriented experiences.</p>	<p>Marion Balla</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A403 Using ERs with Addictions and Co-Occurring Problems (Eng) (2)</p> <p>The workshop will look at the ER's of those having co-occurring problems. This includes both addictions and at least one other problem such as depression, anxiety, hallucinations, personality traits, and others. Participants will learn to use ERs and first use memories as metaphors, and specific words of these metaphors will assist the professional in pinpointing the problem.</p>	<p>Jim Holder</p> <p>Limit: 12</p> <p>Not Open to Youth</p>
<p>A504 Putting Individual Psychology into Practice (Ger/Eng) (2)</p> <p>Adlerian principles such as priorities, social interest, and encouragement will be taught through exercises in which participants are actively involved. This course is for beginners who want to learn about themselves, and for advanced participants who want to learn new activities to use in parents groups, workplaces and other social settings.</p>	<p>Uti Landscheidt</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A505 Claiming Your Authority (Eng) (2)</p> <p>Changes in power structures require new ways of relating, but this sometimes leads to a loss of 'good authority'. We will explore the concept of power and authority authoritative styles of relating compared with authoritarian and laissez faire styles. Participants will be helped to identify what gets in the way of using their power well and claiming their authority, at home and at work, and to examine the meaning and relevance of feelings and behaviors that compromise their ability to be authoritative, using early memories and other metaphors. 12 participants.</p>	<p>Karen John</p> <p>Limit: 12</p> <p>Not Open to Youth</p>

Week Two Classes Bloc 3, Afternoons from 14:30 to 16:30	Faculty
<p>A506 Enhancing Social Interest (Eng) (2)</p> <p>Clients and students who try to find their place in life in a mistaken way need the therapist's / teacher's support to develop a solid feeling of self-esteem and belonging.</p> <p>Participants will learn through various methods such as role-play and art-therapy, how to help clients and students strengthen their trust in themselves and others, and how to help increase skills in communication and cooperation.</p>	<p>Yvonne Schuerer</p> <p>Limit: 15</p> <p>Open to Youth</p>
<p>A507 Integrative Strategies and Interventions (Eng) (2)</p> <p>Participants will learn (a) the integrative areas of common ground between Adlerian therapy and several other contemporary approaches to counseling and psychotherapy and (b) how numerous techniques from these various approaches work remarkably well in a theoretically consistent and technically eclectic integrative Adlerian therapeutic approach. Participants will have ample opportunity to practice using the various techniques in the class.</p>	<p>Richard Watts</p> <p>Limit: 10</p> <p>Open to Youth</p>
<p>A508 From Competition to Cooperation (Ger/Eng) (2)</p> <p>The goal of cooperative group processes is a good cooperation of all group members (students and adults). Each individual contribution is respected without putting it into competition with each other. In this way problem solving strategies can be developed and social interest can be trained. These goals can be reached through family/class meetings, conflict managing models, work with contracts and other methods . The course is not only for teachers but for everyone who works with groups.</p>	<p>Erika Echle</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A509 Encouragement in Stressful Situations (Eng) (2)</p> <p>Our daily lives are filled with stress. We face it on the streets, at home with our children, with our spouses and extended families, and at work. Research shows that stress is harming our health as well as our souls. We will learn a model to cope with stress integrating encouragement as well as holistic techniques to ease stress in traumatic situations.</p>	<p>Yoav Shoham</p> <p>Limit: 25</p> <p>Open to Youth</p>
<p>A510 Leadership Development (Eng) (2)</p> <p>Leaders influence the culture of the organization and employees' levels of engagement, work satisfaction, cooperation, and performance. This course reviews leadership principles with an Adlerian lens. Participants will present their leadership issues and challenges and work with the instructor on implementing enhancements from an Adlerian perspective. Strategy and tactics at the organizational, team, and individual leadership levels will be discussed.</p>	<p>Jay Colker</p> <p>Limit: 16</p> <p>Not Open to Youth</p>

Week Two Classes Bloc 3, Afternoons from 14:30 to 16:30	Faculty
<p>A511 Dreams (Ger/Eng) (2)</p> <p>It's common knowledge that we process our day to day experiences at night. We reframe and process them there according to our lifestyle. Dreams are very much directed towards the next day, tone our emotions and expectations towards the future. There are some similarities to early recollections. We show how to work with both in order to understand our motives and our goals we are striving towards. The course gives awareness of these processes through working with the participants' dreams, sometimes comparing with early recollections.</p> <p>The course is for psychotherapists, counsellors as well as for people who want to work on unsolved life-issues, gaining more self-awareness or increasing their understanding of human nature.</p>	<p>Gerhard Baumer</p> <p>Limit: 16</p> <p>Not Open to Youth</p>
<p>A520 Youth Recreation: Ages 12-17 (Eng/Ger) (1+2)</p> <p>Youth 12 - 17 from various countries will together determine the activities to be engaged in during the session, using an interactive decision-making model. Activities focus on connecting with one another and developing capabilities in collaboration and team play. Games are cooperative in nature and focus on including all participants.</p>	<p>Hofstra, Hauser</p> <p>Limit: 25</p> <p>Open to Youth Only</p>
<p>A521 Children's Recreation (Eng/Ger) (1+2)</p> <p>Come and have fun with us! Children will be offered art, music, athletic activities and games in a class that uses Adlerian child-rearing and classroom management principles. Small group meetings will give children the chance to plan activities.</p>	<p>Krueger, Hoekstra, M.</p> <p>Limit: 25</p> <p>Open to Children Only</p>



TYPE B Classes

Week Two Classes Meet in Bloc 2 and Bloc 3 each day		Faculty
B601 Early Recollections and Lifestyle (Eng) (2) In this course, participants will get the opportunity to work with early recollections and see how ERs reveal the individual's life-style convictions and can be used in reorientation. Other aspects of life-style, including family constellation, will be considered as they relate to the individual's private logic and fictional goals. The format of the course is lecture, demonstration and practice.		Paul Rasmussen Limit: 20 Not Open to Youth
B602 Adlerian Supervision (Eng) (2) The purpose of this course is to present an Adlerian model for supervision in three professional fields: THERAPY, COUNSELING and TEACHING. Supervision is a natural stage of development for professionals. The experience, knowledge and understanding of the profession are shared in supervision. In the Adlerian model the supervisees are not "students" who learn from their masters, rather, each one of them is a unique individual who works according to his/her own lifestyle. The supervisor is a good listener and has to be an expert in understanding the supervisee's lifestyle. Therefore, issues concerning lifestyle and use of early recollections will be part of the workshop. Therapists, counselors and teachers are welcome to take part in this workshop.		Rachel Shifron Limit: 25 Not Open to Youth
B603 Psychodrama (Eng) (2) Psychodrama applies dramatic methods to facilitate insight and personal growth. Based on Adlerian principles, Psychodrama offers a holistic experience on cognitive, affective, and behavioral levels, and recognizes a person's private logic. Psychodrama offers the opportunity to explore new solutions to old problems using active methods as well as words, and offering multiple perspectives to life situations. This course is for people who are interested in a creative exploration of themselves and their relationships, and for professionals who are interested in acquiring psychodramatic tools for their practice.		Anabella Shaked Limit: 12 Not Open to Youth

Children and Youths Programs

ICASSI offers a unique, international, educational program for children and youths. While the parents learn the theory of Individual Psychology in the morning lectures and its practice during Blocs II and III, qualified teachers will lead the children, through play, into the basics of Individual Psychology. There is a special value to having a multi-lingual (English, German, Dutch) experience in this children's program, as children become more culturally aware and comfortable in a global society. The objective of the teachers is to encourage children to find their place confidently in the group and to design the way the group functions with the other children and teachers. The educational world of ICASSI is determined by people learning with each other about the world around them. Here the approach is "Help me do it by myself with others in a way that my abilities will contribute to the community." Parents are included in this process.

The Children's Program is open to children ages 4 to 11 during Blocs 1, 2 and 3. Children must be at least 4 years old and toilet trained to participate in ICASSI's Children's Program. The program is a unique opportunity for young people to learn and socialize in an encouraging atmosphere. The leaders are bi-lingual and the children have an exciting opportunity to make friends with young people from diverse cultures of many nations from around the world.

ICASSI also offers programs for youths, ages 12 to 17. During Blocs 1 and 3 there are recreational programs, while Bloc 2 offers a personal development course for youths 12 to 17. Youths 15 to 17 may also participate in adult courses that indicate they are open to youth.

Parents are responsible for their children and youths at all times, and are expected to be clear about rules, boundaries and expected behavior.

Parents of children under four years of age must make their own arrangements for child care. ICASSI does not provide care for this age group. Information to help parents find resources may be provided on request.

Parent Meetings

Staff running the programs for children and youth will be available during registration to meet with parents and respond to their questions. Parents and their children and youths are asked to meet with program staff on the Monday of each week. It is very important that all parents attend. The purpose of the meetings is to exchange information, and to allow staff to explain ICASSI policies and expectations. The time and place of the meetings will be announced at registration and at Bloc 1 on Monday morning. See the newsletter in case you forget the location.



SITE 2013: WAGENINGEN, The Netherlands

The Netherlands has about 16.5 million inhabitants with almost a million people living in its capital, Amsterdam. Our ICASSI venue for 2013, the city of Wageningen, is centrally situated in the heart of the Netherlands, in the middle of varied surroundings and beautiful sceneries. It has a population of 38,000. Nearby are several attractions; 'Ouwehands Dierenpark' (zoo), 'Paleis het Loo' (a royal palace), 'Burgers' Zoo', national park 'Hoge Veluwe' and the 'Nederlands Openluchtmuseum' (Dutch historical open air museum). The atmosphere of the city is between a county and city vibe. The many and varied international students of Wageningen University and Research Centre greatly influence the general atmosphere in the city and on the many terraces in the city centre.

Historically, Wageningen is closely connected to the liberation of The Netherlands in 1945. The capitulation was signed in this small city at Hotel "De Wereld". If you wish, you can view the so-called Capitulation Room, which has remained virtually unchanged since that historic happening. In 2013 Wageningen will celebrate 750 years as a city with many and varied activities. See for more information: www.wageningen.nl

Due to the central position of Wageningen, it is easy to travel to Utrecht and Amsterdam and other interesting places by train.

Temperatures in July vary from 20 C to 25 C. Be sure to bring something warm for a cool evening.

HOTEL AND CONFERENCE CENTRE

The ICASSI summer institute will take place in Hof van Wageningen. It is located within a 5 minute walk to the city centre.



The accommodation is a three star congress and hotel centre.
(www.hofvanwageningen.nl)

All rooms have their own private bathroom facilities, telephone, color TV and safe.

There is wireless internet available in the hotel. There is safe green area for the children to play outside. In the hotel are two washing-machines and a dryer for the hotel guests. You have to buy coins to operate the machines.

All the teaching facilities are in the same building.

See page 43 for details of accommodation fees.

OTHER ACCOMMODATION OPTIONS

Persons living close by Wageningen may travel every day to the conference centre. Parking is available for 5 Euro per day and an Off-Site Fee is charged by ICASSI to cover the costs of coffee breaks, receptions, meeting rooms and audiovisual fees.

A lower cost option for accommodations could be a camping site, Camping De Wielerbaan. You must supply your own tent(s). The cost for a campsite with up to two persons in a tent is about 25 to 30 Euro per tent/per night and you will need to pay the Off-Site Fee for ICASSI. If you choose to do this, please make your own reservation at: www.wielerbaan.nl.

TRAVEL ARRANGEMENTS

Travel to Wageningen is easy with a train service from Amsterdam Airport (AMS Schipol) directly to Ede-Wageningen and then a short ride by bus or taxi to the Hof van Wageningen complex. More specific travel information for travel by car, train and bus will be available on the website later and also in a mailing to participants.

CREDIT FOR CONTINUING EDUCATION

This program is co-sponsored by the North American Society of Adlerian Psychology (NASAP). NASAP is approved by the American Psychological Association to sponsor continuing education for psychologists and is recognized by the National Board of Certified Counselors (NBCC) to offer continuing education for counselors. NASAP maintains responsibility for this program and its content.

The Canadian Counseling Association has also pre-approved ICASSI for continuing education credits. Claim forms will be available at ICASSI. Details will be available at ICASSI or you can address questions to the administrator at john.icassi@gmail.com.

COURSE CREDIT

University Course Credit: Students who would like to have their ICASSI courses credited towards their University studies should discuss the possibility with their professors prior to registering at ICASSI. ICASSI faculty members are willing to contact professors directly to explain educational objectives and course criteria in support of students receiving credit. For further details, contact: John Newbauer, ICASSI Administrator, E-mail: john.icassi@gmail.com

Holy Family University in Philadelphia, Pennsylvania, USA will be offering three graduate credits in counseling for a “pre-approved” curriculum of study taken at ICASSI for the two-week program. Curriculum approval and university tuition payments are made directly to Holy Family University in U.S. dollars. Contact Dr. Betty Lou Bettner. E-mail: bbettner@holyfamilly.edu

Adler Graduate School, Minnesota, USA: Participants who are eligible for graduate school credit and wish to have credit for their ICASSI experience from the Adler School of Minnesota can contact: Ms. Evelyn Haas, Director of Admissions and Student Services, Adler Graduate School. E-mail: Ev@AlfredAdler.edu

GENERAL INFORMATION

As a summer school, ICASSI seeks to promote a healthy learning environment. We expect faculty and participants to follow ethical and responsible behavior within the classroom and in the overall ICASSI Program. Because social interest (Gemeinschaftsgefühl) is crucial in Adler's theory, we wish to foster a climate of mutual respect, cooperation, and consideration in interpersonal relationships. A policy is in place so that if the learning environment is severely disrupted, then appropriate action may be taken.

VISITORS

ICASSI is a school. Only participants who are registered for courses (and under special circumstances, family members of registered participants) attend ICASSI.

OMBUDSPERSONS

In response to ICASSI's commitment to facilitating a participative learning environment and the fair consideration of concerns or difficulties that might arise from time to time, two ombudspersons, Gerhard Baumer and Erika Echle, are appointed to facilitate effective communication and problem resolution. If you should run into problems and need assistance with courses, accommodations or personal matters, please contact one of the ombudspersons.

DECLARATION OF NON-DISCRIMINATORY POLICY

ICASSI welcomes students and participants of any race, color, sex, sexual orientation, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available at ICASSI. It does not discriminate on the basis of race, color, sex, sexual orientation, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and other ICASSI administered programs.

TAX ALLOWANCE

In many countries, the cost of attendance at courses will be allowable as a tax-deductible expense. Be sure to check with a tax specialist or the person who prepares your taxes.

PROHIBITION OF PRIVATE COUNSELING AND THERAPY

ICASSI is a teaching environment. Private counseling and therapy are prohibited at ICASSI. Learning therapeutic techniques may involve demonstrations for teaching purposes. ICASSI recognizes that learning therapeutic techniques may stimulate sensitive thoughts and feelings. ICASSI is **NOT RESPONSIBLE** for clinical problems that occur during ICASSI although we will do our utmost to support and refer to local resources.

LIMITATIONS OF LIABILITY

ICASSI, its officers, employees and agents shall not be liable for injuries to the person or property of students or other participants attending or traveling to or from the ICASSI Summer School or Institute. ICASSI and its agents reserve the right to alter arrangements should conditions necessitate.



ICASSI Board of Directors, Faculty & Staff

BOARD OF DIRECTORS

Honorary Chairperson	Sadie E. "Tee" Dreikurs, USA (Deceased)
Co-Chairpersons:	Eva Dreikurs Ferguson, USA Theo Joosten, The Netherlands Anthea Millar, UK
Secretary-Treasurer:	Paul Rasmussen, USA
Members:	Marion Balla, Canada Erika Echle, Switzerland Willy Hoekstra, The Netherlands Uti Landscheidt, Germany Rachel Shifron, Israel

ICASSI 2013 FACULTY

Abramson Zivit, M.A. Psychologist. Zivit Abramson, M.A. Psychologist, certified therapist and supervisor of Family, couple and Sex Therapy. Author on Sexuality and Couple relations. Supervisor and teacher at the "School of Adlerian Psychotherapy", Adler Institute Tel Aviv.

Balla, Marion, M.S.W., M.Ed. Psychotherapist and Consultant, International Trainer and Educator. Faculty, Adler Graduate Professional School (Toronto), President, Adlerian Counselling and Consulting Group, Inc., Ottawa, Canada.

Baumer, Gerhard, Dipl. Psychology and Economics. Counselor, Registered Psychotherapist in private practice, trains supervisors. Works for companies on staff training programs. Supervisor of teachers. Works in England and Germany. Berlin, Germany.

Bettner, Betty Lou, Ph.D. Dipl. Adlerian Psychology (NASAP), psychotherapist, author, adjunct faculty, Holy Family University Graduate School, Newtown, PA; member of County Advisory Board for Children & Youth Services; Contributing Editor for Journal of Individual Psychology. Media, PA. USA
www.bettyloubettner.com

Buck, Hala, M.A. L.C.P.C N.C.C. Integrative Art Therapist. Licensed Clinical Professional Counselor. Cross-Cultural educator and lecturer. Reiki Master. Private Practice. Maryland, U.S.A.

Callus, Joyce, M.A., B.A. Dip. Soc Std. Educator, part-time Lecturer - University of Malta, counselor, parents' and teachers' trainer in the application of Individual Psychology in the family and at school. Contributor to local and foreign media. San Gwann, Malta.

Colker, Jay. Core Faculty, MAO Program (Counseling and Organizational Psychology). Adler School of Professional Psychology; Management and Organizational Development Consultant. Chicago, Illinois, USA www.Linkedin.com/in/jaycolker. Email: jcolker@adler.edu.

Echle, Erika. Adlerian counselor SGIPA, teacher in primary school, teacher instructor, trainer for teachers in Adlerian education. Group leader in Switzerland and abroad. Counselor in the Child Care Center, Oberwil-Lieli, Switzerland.

Ferguson, Eva Dreikurs, Ph.D., Dipl. Adlerian Psychology (NASAP). Psychologist. Professor of Psychology, Southern Illinois University. Author. Researcher. Edwardsville, Illinois, USA.
www.siu.edu/~eferguson

Grünig, Richard, Certified Therapist for Learning Disabilities, Recreation Pedagogue, Certified Therapist for Learning Disabilities, Recreation Pedagogue, Child Care teacher (age 4-13), workshop co-leader of NCBI (National Coalition Building Institute) in Switzerland. Oetwil am See, Switzerland

Hauzer, Hagit MA. Art & Drama therapist in elementary and junior high school; Counselor in private practice; Adlerian parenting group leader; Specialist with ADHD; Staff Member: Adlerian School of Psychotherapy. Israel.

Hoekstra, Monique. Graduated in Social Work 2012 at Friesland College in Leeuwarden, The Netherlands. Hardegarijp, The Netherlands.

Hoekstra, Willy. Coordinator for Masters in Special Educational Needs at Stenden University, Leeuwarden, The Netherlands. Also, trainer in Structural Cooperative Learning (Gardner); Secretary of the Dutch Association of Individual Psychology. The Netherlands.

Hofstra, Pauline, MA, Psychologist and trainer in private practice 'Centrum Animare.' Board Member of the Dutch Association of Individual Psychology. De Wijk, The Netherlands. Email: gp.hofstra@gmail.com

Holder, Jim, MA, Licensed Professional Counselor, Master Addictions Counselor. Thirty-five years addiction treatment experience. Coordinator, Substance Abuse Services, McLeod Regional Medical Center. Consultant, Trainer, Author, Adlerian Researcher. Effingham, South Carolina, USA.

John, Karen, PhD. Psychologist, Consultant, Trainer, Adlerian Psychotherapist, and Supervisor / Mentor of leaders of educational, social care and health services, Pen Green Research & University of Leicester (UK) MA & PhD students. karenjohn@mac.com

Joosten, Theo. Educational Consultant. Chairman of the Board of Trustees of an educational organization. Treasurer and Board member of the Dutch Association of Individual Psychology (NWIP). Leeuwarden, Netherlands.

Krüger, Annette. Teacher of grades 1 to 9, Teacher for children with special needs, Adlerian Counselor. Bern, Switzerland

LaFountain, Becky, Ed.D. Assistant Professor of Psychology, Pennsylvania State University. Licensed Psychologist with part-time private practice. Vice President of International Association of Individual Psychology, Board Member of North American Society of Adlerian Psychology; Diplomate (NASAP). Hershey, Pennsylvania, USA.

Landscheidt, Uti. Adlerian Counselor (DGIP); Teacher, school counselor; Adlerian workshops and workshops in art therapy. Krefeld, Germany.

Linden, George W. (Bill), Ph.D. Professor Emeritus of Philosophy, Southern Illinois University Edwardsville; Author. Mentor. Edwardsville, Illinois, USA.

Millar, Anthea, M.A., Senior Registered Psychotherapist, Supervisor and Trainer. Vice-President Adlerian Society UK and Co-Editor UK Adlerian journal. Co-Director of Cambridge Supervision Training. Cambridge UK. www.cambridgesupervisiontraining.com.

Rasmussen, Paul, Ph.D., Dipl. Adlerian Psychology (NASAP). Core Faculty, Adler School of Professional Psychology, Chicago, IL, USA. Author, publisher, teacher. prasmussen@adler.edu

Schürer, Yvonne, Psychologist FH, Psychotherapist IFP (International Federation for Psychotherapy). Private practice (family and couples counseling, and psychotherapy). Lecturer, training analyst, supervisor. Adlerian workshops. Postgraduate courses for teachers. Zürich, Switzerland.

Shaked, Anabella, MA MCC. Expressive Therapist, Certified Psychotherapist in private practice. Founder and head of the Israeli Adlerian School of Psychotherapy and co-founder and academic manager of the Adlerian School for Professional Coaching School in the Adler Institute of Israel.

Shifron, Rachel, Ph.D. Counseling psychologist, Certified Family, Couple and Vocational Therapist, and Addictions Specialist. Private practice; Psychology; academic and clinical advisor at the School for Adlerian Psychotherapy in Israel. Co-Editor of the Journal of Individual Psychology. Israel.

Shoham, Yoav, M.A., Educational Guidance and Counseling. Adlerian Family Therapist. Certified group leader. Guidance counselor in elementary schools. Certified Trainer for Dealing with Self Curing of Trauma. Certified CBT Therapist. Israel.

Walton, Frank, Ph.D., Psychologist in private practice. Consultant to schools and agencies in North and South America, and Europe. Executive Director, South Carolina Society of Adlerian Psychology. www.drfrankwalton.com.

Watts, Richard, Ph.D., Dipl. Adlerian Psychology (NASAP). University Distinguished Professor and Director of the Center for Research and Doctoral Studies in Counselor Education, Sam Houston State University, Huntsville, Texas, USA Website: <http://sites.google.com/site/richardwattswebsite/>

ADMINISTRATIVE STAFF

John F. Newbauer, Ed.D., Dipl. Adlerian Psychology (NASAP): Administrator, Fort Wayne, Indiana, USA

Betty Haeussler: Assistant Administrator, Lanham, Maryland, USA

Sabine Landscheidt: Administrative Assistant/Translator, Berlin, Germany

Scholarship and Financial Assistance

A limited number of awards are available for those in financial need:

- a) Major Scholarship: Covers tuition, room and board
- b) Tuition Assistance: Covers tuition fees only

Scholarships and Tuition Assistance are given for individuals who have a clear financial need and who seek to apply Adler-Dreikurs principles more effectively in their work. A letter of recommendation from a past or present ICASSI Faculty or Board member, or a member of a national or regional Adlerian Society, is required. Assistance is not available for travel. The closing date for return of the applications to the designated person for your region is February 15, 2013.

Application Forms for MAJOR SCHOLARSHIPS and TUITION ASSISTANCE are available from our website, www.icassi.net or from Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, USA or bettyicassi@aol.com and should be returned to the appropriate Regional Representatives listed below.

REGIONAL SCHOLARSHIP REPRESENTATIVES

NORTH & SOUTH AMERICA, ASIA, AUSTRALIA and other regions not listed below Betty Haeussler 9212 Morley Road Lanham, MD 20706, USA bettyicassi@aol.com	EUROPE (Except Greece, UK, Ireland, and Israel) Yvonne Schürer Im Hang 31, Birmensdorf 8903 Switzerland Schuerer.yh@bluewin.ch
ISRAEL Zivit Aramson 9 Zakut Street, Tel Aviv 69707, Israel zivitabramson@hotmail.com	UK & IRELAND Anthea Millar 33 Leys Avenue, Cambridge CB4 2AN, UK antheam@ntlworld.com
GREECE Danai Papadatou 10 Llias Street Halandri, Athens, 11527 Greece dpap@nurs.uoa.gr	MALTA Joyce Callus Chanson, Black Sea Street, The Village, San Gwan SGN 07, Malta callus@maltanet.net

Registration Forms and Procedures

ONLINE REGISTRATION

Most participants found out last year that the easiest method to register and pay for ICASSI is to use the online registration form at www.regonline.co.uk/icassi2013 or through the hyperlink found on our website www.icassi.net. This online system will guide you through the process of registering and allow you to use your Visa, Master Card, or PayPal account. It will also allow you to pay by check or bank transfer if you prefer. All payments this year are based on Euros. Please ensure your final balance is paid by June 15, 2013. We are unable to hold space in courses without full payment.

MAIL REGISTRATION

If you prefer to register by mail, please use the form at the end of the book (pages 39-44) and follow these steps.

Form A: Identifying Information: Fill out for each person. Please ensure the information is complete and legible, particularly the email address.

Form B: Course Choices: Fill in the course numbers given in the booklet. Provide three choices in case your first choice is already full.

Form C: Calculation of Fees: Check the Fee Schedule to determine the tuition and accommodation/meal costs for each person being registered and total all fees.

Payment of Fees: Payments are payable to ICASSI in EUROS or the current equivalent in US Dollars if paying by check. Please notice that a deposit of at least 300 EUROS (or current equivalent in US Dollars) should be made at the time of registration and that the balance is due by June 15, 2013.

If you pay by bank transfer make sure you send a copy of your receipt to John Newbauer, c/o ICASSI, 429 E. Dupont Road, #276, Fort Wayne, IN 46825 USA or scan it and send to john.icassi@gmail.com. Registration is confirmed when the completed and signed forms are received along with a receipt showing proof of payment.

EARLY REGISTRATION DEDUCTIONS

Tuition reductions are given for adults booking before March 31st. Not everyone is eligible for an early bird discount - only adults (western Europeans) get this discount.

GROUP RATES

If six adults register TOGETHER, they will receive a 15% discount from their tuition. If seven students register TOGETHER, they will receive a 15% discount from their tuition. Registering "TOGETHER" means that one person is responsible for paying the tuition and there are NO REFUNDS for anyone who drops out of the group.

For groups of 20 or more, please contact the administrator for arrangements.

REDUCED FEES

We have some reduced tuition prices available for persons from the Eastern European countries of: Belarus, Bulgaria, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, Romania, Russia, Slovakia, Turkey and the Ukraine. These are listed as Reduced Eastern European Tuition. To qualify for these reduced prices, the participant must complete a Request for Reduced Eastern European Tuition Form available on our website or from john.icassi@gmail.com and send it to john.icassi@gmail.com.

If 8 Reduced Tuition Eastern European Adults register TOGETHER, they will receive a 15% discount from their tuition. Registering "TOGETHER" means that one person is responsible for paying the tuition and there are NO REFUNDS for anyone who drops out of the group.

PAYING FOR ICASSI

There are four ways to pay for ICASSI:

1. Use Visa, Mastercard or Paypal when you register online at:
www.regonline.co.uk/icassi2013
2. Direct Bank Transfer by sending your payment directly to our bank at the following address:
ICASSI
Sparkasse Aachen
Account No.: 3400 470
IBAN: DE 95 3905 0000 0003 4004 70
SWIFT-BIC: AACSD33

Receipts for bank transfers should be scanned and emailed to john.icassi@gmail.com or sent to:

John Newbauer, c/o ICASSI, 429 E. Dupont Road, #276, Fort Wayne, IN 4825 USA.

3. Use your PayPal account and send Euros or current US Dollar equivalent* to john.icassi@gmail.com

4. Pay with Check in current US Dollar equivalent*

* The US Dollar equivalent of the EURO cost on the day you send in Registration. Please put the posted exchange rate for that day on your check memo.

REFUND POLICY

Tuition: Requests for tuition refunds must be made prior to June 15, 2013. No refunds will be made after that date except in extraordinary circumstances at the discretion of the Administrator.

Accommodation: Requests for accommodation refunds must be made prior to June 15, 2013 due to commitments to the facilities. No refunds will be made after that date except in extraordinary circumstances at the discretion of the Administrator.

In all cases of refunds, an administrative fee of 50 EUROS per person or 75 EUROS per family will apply.

FURTHER INFORMATION

Further Detailed Information regarding travel directions, registration, accommodation, contact information while attending ICASSI, and weekend trips to points of interest, etc. will be included in a letter sent to all registered participants in June, 2013. It is recommended that any participant registered prior to June 15, 2013 who has not received the letter of confirmation and other detailed information by June 20 should contact John at: john.icassi@gmail.com.



ICASSI 2013 Registration Form

PART A: IDENTIFYING INFORMATION

Please complete this form, include check for deposit and send to:

John Newbauer, ICASSI
429 E. Dupont Road, #276
Fort Wayne, Indiana 46825 USA

(This form is also available for download from www.icassi.net)

PARTICIPANTS:

First & Last Name	Gender	Profession
1.		
2.		

Children and Youth under 18: Please give date of birth and exact age of children and youth (age as of July 21, 2013 registration day) to assist in arranging staff for the children's and youth courses.

Name of Child/Youth	Date of Birth	Age
1.		
2.		
3.		
4.		

Mailing Address: Please use block capitals if hand printing

House Number & Street _____

City _____ Province/ State _____

Country _____ Postal/ Zip Code _____

Telephone Number _____ Fax Number _____

Email _____

Please ensure your email address is very clearly written as we communicate primarily by E-mail.

In case of emergency contact: _____

Phone Number _____

Email _____

PART B: COURSE CHOICES:

Name of Participant 1:						
	EITHER Series A				OR Series B	
	Week 1		Week 2		Week 1	Week 2
	AM	PM	AM	PM	Full day	Full day
1st Choice						
2nd Choice						
3rd Choice						

Name of Participant 2:						
	EITHER Series A				OR Series B	
	Week 1		Week 2		Week 1	Week 2
	AM	PM	AM	PM	Full day	Full day
1st Choice						
2nd Choice						
3rd Choice						

Children and Youths under 15 participate in designated classes. Please list their names and indicate whether they will take part in the Children’s Program.

Child's name	Yes/No
1.	
2.	
3.	

Youths 15-17 are designated morning classes but may select an afternoon class from the main curriculum from among those courses open to youth or attend the youth recreation program A320/A520. Please indicate the name and course selection below:

	Week 1		Week 2	
Name of Youth aged 15-17	AM	PM	AM	PM
	A220		A420	
	A220		A420	
	A220		A420	

Part C: Calculation of Fees

TUITION

All fees are based on EUROS only because of the impact of currency fluctuation

Regular tuition	One Week	Both Weeks	# Persons 1 week	# Persons 2 weeks	Total
Early Bird Adult (Before March 31 st)	€385	€645			€
Adult	€435	€695			€
Student*	€335	€420			€
Youth (12-17)**	€210	€320			€
Child (4 - 11)	€135	€200			€
REDUCED EASTERN EUROPEAN FEES***					
Adult	€210	€320			€
Youth (12-17)	€160	€245			€
Child (4-11)	€100	€175			€
TOTAL	Line 1: Carry over to next page				€

* Full time University or College students in academic year 2012/2013 or 2013/2014

** All ages are based on age as of July 15, 2013

*** To be eligible for this fee you must live in an Eastern European Country and submit a request for Financial Assistance to the ICASSI Administrator (see page 35-36 for details)

+ If you pay in U.S. Dollars, please convert the Euro values to dollar values using the current rate on the day you make your payment - current rates can be found at www.finance.yahoo.com/currency-converter.

ACCOMMODATIONS: ROOM AND BOARD & OFF-SITE FEES

This year accommodation fees at the Hof van Wageningen include room, breakfast and dinner each day starting the evening meal of your day of arrival, opening reception, farewell dinner, coffee breaks and administrative fees (dinner for the mid-weekend Saturday is not included). Some good news for families is that the prices for children and youth are extremely reasonable.

Accommodation	One Week	Both Weeks	# for 1 week	# for 2 weeks	Total
Hof van Wageningen					
Single	€425	€895			€
Double (Shared) Per Person	€350	€730			€
Child 12 and under in parent's room	€185	€380			€
Youth 13-17 in parent's room	€315	€655			€
*Off-Site Fee					
*Off-Site Fee Adult, Youth, and Children	€100	€160			€
TOTAL FROM ABOVE	Line 2				€
TOTAL TUITION	Line 1 (FROM PREVIOUS PAGE)				€
TOTAL TUITION + ACCOMMODATION	Line 2 + Line 1				€
SUBTRACT DEPOSIT	Individual: €300; Family: € 550				€
BALANCE DUE					€
SUPPORTERS FUND, ++	Please list me on the web _____				€
TOTAL	Payable by June 15, 2013				€

* If you are staying anywhere other than Hof van Wageningen, you must pay the Off-Site Fee. This helps cover our costs for classrooms, aula, coffee breaks, administrative fees, receptions, and the Friday evening farewell dinners to which all are invited.

+ If you chose shared or double accommodations, please provide the name of the individual with whom you would like to share, otherwise we will assign you a roommate of your same gender at random:

Roommate: _____

We prefer TWO SINGLE BEDS _____ or ONE MATRIMONIAL/DOUBLE BED _____

Please identify any special mobility or dietary needs: _____

++Supporter’s Fund: ICASSI strives to keep fees for tuition and accommodations as low as possible. Despite our best efforts, we still need donations to permit ICASSI’s programs to continue to be offered and to keep our prices down. We try to provide high quality continuing education at the lowest prices possible.

Please consider giving a donation when you register or even if you do not register you can donate on our website or send a contribution to ICASSI using the bank account number listed under “Paying for ICASSI.” We will list Supporters Fund contributors on our website, if you give us permission to do so. Thank you.





Wageningen, The Netherlands

**For information:
john.icassi@gmail.com
www.icassi.net**

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