

PLENARY LECTURES, BLOC 1 WEEK ONE, 9:00 –10:30

Monday, July 22	Adlerian Theory with Eva Dreikurs Ferguson (Lecture) (E) Adlerian psychology emphasizes holism, goal-directed action and motivation, and the need to belong and Social Interest. We'll review these concepts and their applications.
Tuesday, July 23	First Memory of Substance Use- Are There Symptoms? with Jim Holder (E) Examining first use memories is a key to understanding addictive behaviors, the positive purpose in compulsive use, and in individualizing treatment goals for those addicted.
Wednesday, July 24	Adlerian Lifestyle Analysis with Yvonne Schürer (Demonstration) (G) Why should we understand our lifestyle? To answer this question a lifestyle assessment will be carried out and the result will be related to the protagonist's actual life situation
Thursday, July 25	Youth Group with Zivit Abramson (Demonstration) (E) This presentation will involve youth telling us how they see themselves, adults, the relationships in which they are involved, and some thoughts and feelings that they value.
Friday, July 26	Lifestyle, Movement and the Body - with Anthea Millar, Yoav Shoham and Hala Buck (E) Adler's holistic approach to understanding lifestyle focuses on movement. Understanding and noticing body responses and interpersonal dynamics reveal embodied personal, intergenerational and cultural beliefs.