

## PLENARY LECTURES, BLOC 1 WEEK ONE, 9:00 –10:30

Monday, July 22	<b>Adlerian Theory with Eva Dreikurs Ferguson (Lecture) (E)</b> Adlerian psychology emphasizes holism, goal-directed action and motivation, and the need to belong and Social Interest. We'll review these concepts and their applications.
Tuesday, July 23	<b>First Memory of Substance Use- Are There Symptoms? with Jim Holder (E)</b> Examining first use memories is a key to understanding addictive behaviors, the positive purpose in compulsive use, and in individualizing treatment goals for those addicted.
Wednesday, July 24	<b>Adlerian Lifestyle Analysis with Yvonne Schürer (Demonstration) (G)</b> Why should we understand our lifestyle? To answer this question a lifestyle assessment will be carried out and the result will be related to the protagonist's actual life situation
Thursday, July 25	<b>Youth Group with Zivit Abramson (Demonstration) (E)</b> This presentation will involve youth telling us how they see themselves, adults, the relationships in which they are involved, and some thoughts and feelings that they v
Friday, July 26	<b>Lifestyle, Movement and the Body - with Anthea Millar, Yoav Shoham and Hala Buck (E)</b> Adler's holistic approach to understanding lifestyle focuses on movement. Understanding and noticing body responses and interpersonal dynamics reveal embodied personal, intergenerational and cultural beliefs.

## PLENARY LECTURES, BLOC 1, WEEK TWO, 9:00-10:30

Monday, July 28	<b>Training Families in Social Interest with Betty Lou Bettner (E)</b> Adler's theory emphasized social embeddedness. We need others and we need to be needed: to belong and to contribute. He called this the "iron logic of communal life." Social interest is needed for both and is required for mental health.
Tuesday, July 29	<b>Emotional Intelligence with Ursula Oberst (Lecture) (G)</b> This lecture will explore the concept of Emotional Intelligence according to different authors, as well as the main research outcomes. Its relationship with Individual Psychology will be identified.
Wednesday, July 30	<b>Family Counseling Demonstration with Frank Walton (Demonstration) (E)</b> The presenter will work with parents and children to demonstrate a typical initial family counseling session.
Thursday, July 31	<b>The Adlerian Magic Shop Technique (AMST) with Anabella Shaked (Lecture) (E)</b> The presenter will introduce and demonstrate the Adlerian version of the classical psychodramatic technique "The Magic Shop." She will briefly introduce the main tenets of psychodrama and what Adlerian psychodrama means and then present the technique as deeply connected to the concepts of freedom of choice and holism.
Friday, August 1	<b>Couples Counseling with Marion Balla and Rachel Shifron (Demonstration) (E)</b> This plenary session will identify and demonstrate theoretical and clinical strategies for working with couples. Marion will present the concepts of movement and gender guiding lines. Rachel will address issues related to family/work roles.