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Plenary Power Point for Presentation at ICASSI July 28th

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Find Your Active Verb!

Marina Bluvshtein

ICASSI 2017 Plenary Panel July 28, 2017 Indianapolis, IN, USA

"We are at a critical point"

Dear Friends,

We are at a critical point in the development of Individual Psychology. If we continue to be rigid in this regard, we may have relatively small group of aristocrats, but miss the opportunity to be a **mass movement** which can affect the values and ideas of our whole country.

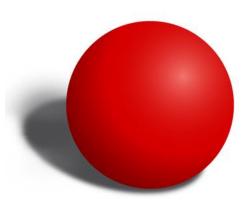
> Rudolf Dreikurs to colleagues December 1st, 1970

Movement

I want to tie Adlerian Law of Movement as we know it to the "mass movement" that Dr. Dreikurs wrote about.

 What is the mass movement? Do masses move? Does something or someone move the masses? What is a place of each of us in that mass movement? Do we move masses? Do we move ourselves? Are we being moved? How do we know that mass movement exists? What are the signs and the characteristics of it?

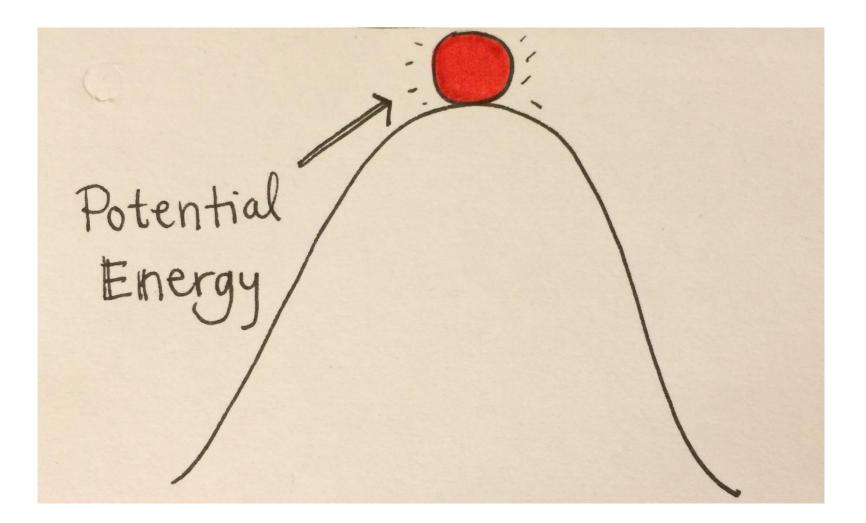
Is there a movement here? Does this red ball have energy? How do we know?



What is Energy?

- **Potential energy** is energy possessed by a body just because it exists. Everyone and everything on this planet has it, all the time, visible or not. It is totally independent of its environment.
- **Kinetic energy** is energy possessed by a body when the body is moving. We can only see the presence of that energy when the body moves. We can only see that movement when a position of the body changes **in relation** to other bodies around, to the environment.
- With that movement, not only the body changes. The environment, the relational landscape changes too!

This is Potential Energy



Energy and Adlerian Psychology

- We are talking about Gemeinschaftsgefühl as an innate potentiality that is, in lesser or greater degree, in each of us.
 Gemeinschaftsgefühl is that potential energy possessed by each of us, by everyone.
- Gemeinschaftsgefühl should be seen as fuel for human movement, individual and mass.

Gemeinschaftsgefühl Enacted

When enacted, and fully (= visibly) kinetic, Gemeinschaftsgefühl is perhaps the most wonderful thing that ever existed on this planet.

This is when we see Social Interest, an action line of every feeling, every emotion that is Gemeinschaftsgefühl-*ed*

Armchair *Gemeinschaftsgefühlers* do not have Social Interest. Their motion is not enacted.

This is also when we see the only healthy movement, healthy motion – movement forward, pro-motion



versus all sorts of motion sickness, commotion, demotion. Pro-motion is the only known antidote to inertia





Marina Bluvshtein, ICASSI 2017

We all want to be a part of a promotion? Who is an operator?

The question is – in that process of conversion of potential energy into kinetic energy, in the moment of igniting and the work of fueling the *pro*-motion of humankind, who is the operator?

Who is behind the wheel? How is this done?



might be closer than we think

What is Wrong with This Picture? Three Fundamental Mistakes



Picture courtesy of Metro Diner, Indianapolis, IN Marina Bluvshtein, ICASSI 2017

This is a *work* for today on this planet (where physics meets linguistics and makes the best psychology ever)

- Find your active verb.
- *Tense* it into a present tense, make it kinetic.
- Ignite your Gemeinschaftsgefühl
- Get your foot off the brake pedal
- Act your verb in a direction of an ideal human community *as if* that ideal community is not only possible but shall absolutely materialize today

This is your Movement.