

SIBIU, ROMANIA



14 JULY – 27 JULY, 2019

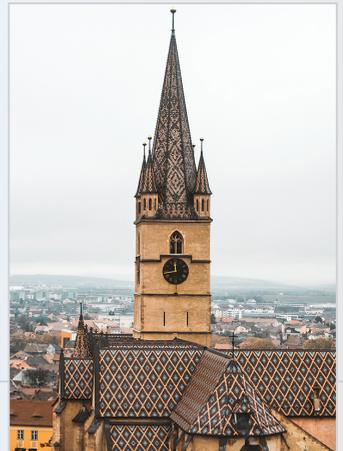
# ICASSI

# 2019

**52<sup>ND</sup> INTERNATIONAL  
RUDOLF DREIKURS  
Summer Institute**

COURSES IN  
ADLER/DREIKURS  
THEORY AND PRACTICE

[www.icassi.net](http://www.icassi.net)





SIBIU

ROMANIA

# WELCOME

ICASSI 2019 promises to provide many enriching learning opportunities. The Faculty, Board, and Administrative team members all look forward to seeing you in Sibiu, Romania in the summer of 2019. The Rudolf Dreikurs summer institute of ICASSI returns to Romania, following wonderful experiences at ICASSI the prior year in Germany.

This will be the 52nd summer institute of ICASSI. The principles and teachings of Adler and Dreikurs are appreciated more than ever. As in all the previous years, the international summer program brings fresh ideas, novel applications, new faculty, and updated course material to our participants. The setting for the 2019 summer institute permits participants to enjoy the modern town as well as the historically old and fascinating city of Sibiu, located in the center of Romania. Settled centuries ago by what are known as Transylvanian Saxons, Sibiu has much to offer participants for sight seeing on 'free evenings' and on the weekend. Classrooms and accommodations are comfortable, and the setting is very appealing.

ICASSI 2019 will see the addition of accomplished new faculty members and will again have the wonderful teachings provided by long-time favorite instructors. There will be a broad range of program options. Some classes will be bi-lingual with Romanian translation, and morning plenaries will be translated into Romanian. In addition to the diversity of courses and instructors from many nations, participants will be from many countries around the globe. ICASSI 2019 will offer a truly international atmosphere.

As always, the Summer Institute provides a truly unique opportunity to learn alongside and share experiences with colleagues from around the world. Participants will acquire knowledge and learn practical skills that will serve them in their professional and personal lives. Classes will deal with contemporary challenges in areas of parenting, couple relationships, school, counseling and clinical practice, workplace problems, and multi-cultural relationships. Participants will learn Adlerian principles and methods that facilitate human relations in many areas of human life.

Adlerian psychology is as relevant as ever, with its focus on cooperation, equality, and mutual respect between individuals and groups, and its understanding of the whole person. In today's complex, fast-changing world, we must continue to find ways to help more people live healthy and strength-based lives. Whether you are a professional offering counseling, coaching, or therapy, or you are engaged in a wide variety of other work areas, you will benefit from the life-changing learning experience of ICASSI 2019.

**Eva Dreikurs Ferguson**

Co-Chair

ICASSI 2019

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# 1. ICASSI: INTERNATIONAL COMMITTEE OF ADLERIAN SUMMER SCHOOLS AND INSTITUTES

## A BRIEF HISTORY

ICASSI (the International Committee of Adlerian Summer Schools and Institutes) is a non-profit educational organization whose objective is to help professionals, students, and lay persons learn the teachings of Adler and Dreikurs and master appropriate skills, and to teach Adler's and Dreikurs' principles and methods where professional and personal development opportunities are needed.



Alfred Adler, a young colleague of Sigmund Freud in the early years of the 20th Century, developed a psychiatric and educational treatment and prevention approach that today would be called a strength-based and community-oriented psychology. The emphasis was on the fundamental motivation of human beings to belong and to contribute to the larger society in which they live.

Rudolf Dreikurs, a younger colleague of Adler, established ICASSI and the Summer Institute in 1962. Dreikurs created ICASSI because of his ongoing dedication to spreading the teachings of Adler to people around the world, not only as a psychological method of treatment, but as a philosophy of life.

In his early days of practicing psychiatry in Vienna, Dreikurs saw the need to extend his office into the community. He was convinced that use of Adlerian education methods in the home and in the school would enable children to reach a higher level of functioning. He believed they would develop a greater sense of their own strength and ability, and would learn the responsibility of citizenship in a free world. He was also convinced that prevention was more important than treatment.

From his immediate community, Dreikurs extended his work to the nation and then internationally, starting with his first visit to Brazil in 1937 and again in 1946. He moved to the United States in 1937, working internationally in Israel in 1959 and holding the first International Summer School in Denmark in 1962. He visualized the acceptance of "social interest" among a steadily widening group of people world-wide, who would experience living in harmony and peace.

It was Dreikurs' hope to hold the Summer Institute in a different country each year wherever there was a group in need of impetus to grow.

## THEORY AND PRACTICE OF ADLER AND DREIKURS: IN A NUTSHELL

Adlerian psychology is holistic (each of us is a unique whole person), social, and purposive (human action is understood in terms of self-set goals, of which we usually are not aware). Mental health is understood in terms of a person's or a community's striving for contribution, equality, and mutual respect between individuals and between groups. Based on many decades of effective methods for prevention and treatment of psychological and social problems, Adlerian theory and practices offer concrete steps for improved human relationships in the family, school, and workplace, and in multi-national interactions.

### THE ICASSI MISSION

Using the theory and practice of Individual Psychology as learned through the teachings of Alfred Adler and Rudolf Dreikurs:

- Reach out to others through education, training, dialogue, and experience.
- Enhance the spirit of social interest, sharing, and cooperation, and foster equality by making a common effort to eliminate the barriers between nationalities, age groups, genders, religions, social classes, races, professions, and any other artificial distinctions by which humans believe themselves to be divided.
- Stimulate leadership in different countries and help potential and existing leaders in their efforts to establish a world of peace and cooperation.

**“** *ICASSI historically has its roots in two languages and provides translation to enhance learning and sharing in an international environment. ICASSI values the cultural and linguistic diversity that is fundamental to its success, and celebrates the more than 20 nations that participate each year.* **”**

## SCHOOL POLICY

As a summer school, ICASSI seeks to promote a healthy learning environment. ICASSI expects faculty and participants to follow ethical and responsible behavior within the classroom and in the overall ICASSI program. Because social interest (Gemeinschaftsgefühl) is crucial in Adler's theory, every ICASSI participant is expected to demonstrate and promote a climate of mutual respect, cooperation, and consideration in interpersonal relationships. Appropriate action will be taken if the behavior of a participant negatively affects the learning environment.

## FOR WHOM IS ICASSI INTENDED?

ICASSI offers a stimulating environment in which professionals, individuals, couples, and families learn within a diverse international collegial community. It provides unique instruction and experiential learning for professional and personal development provided by an international faculty.

It is designed for:

Counselors & Psychotherapists	Teachers & Educators
Psychologists & Social Workers	Business Professionals
Early Childhood Educators	Birth, Foster & Adoptive Families
Clergy	Children & Youth
Students at all levels	Health-Care Professionals
People interested in understanding themselves & their relationships	People interested in the psychology of Alfred Adler & Rudolf Dreikurs

The ICASSI program is unique in providing the highest quality of professional education in an enriching social environment. Participants choose from a wide range of courses in the theory and techniques of Adler and Dreikurs, with application to counseling and therapy, business, schools, families, the community, and the workplace. Experiential workshops provide professional training for the practitioner and opportunities for personal growth to all participants. As encouragement, cooperation and respect are fundamental Adlerian concepts, all workshops follow codes of confidentiality.

In addition, ICASSI participants are given the opportunity to present seminars on issues of concern to them through Special Interest Presentation.

Participants come to ICASSI from around the world, typically from over twenty different countries. Recreational and multi-cultural exchanges are therefore integral parts of the ICASSI experience and contribute to a strong sense of fellowship and connectedness. Social activities also provide opportunities for the exchange of ideas, viewpoints, stories, songs and laughter.

For parents wishing to bring their families, there are courses for teenagers and an excellent children's program for 4-11 year olds under the supervision of multilingual and multi-cultural leaders.

## 2. ICASSI PROGRAM AT-A-GLANCE

### WEEK 1

Sunday, July 14	14:00-19:00	ICASSI Registration
	20:00	Opening Ceremony
Friday, July 19	19:00	Special Dinner for All Participants

### WEEK 2

Sunday, July 21	16:00-19:00	ICASSI Registration for Week 2 Arrivals
	20:00	Welcoming Ceremony for All
Friday, July 26	18:30	Closing Ceremony
	19:00	Farewell Banquet for All Participants

### MONDAY TO FRIDAY, WEEKS 1 AND 2

07:00 – 08:00	Bloc 0	Exercise
07:30 – 08:45	Breakfast	
09:00 – 10:30	Plenary Sessions	
	Early Morning Courses*	
10:30 – 11:00	Break	
11:00 – 13:00	Morning Courses	Type A (200/400) Half-Day Courses Type B (100/600) Full-Day Courses (Morning Session)
13:00 – 14:30	Lunch	
14:30 – 16:30	Afternoon Courses	Type A (300/500) Half-Day Courses Type B (100/600) Full Day Courses (Afternoon Session)
16:45 – 17:45	Special Presentations**	Tuesday, Wednesday and Thursday
18:00 – 19:30	Dinner	
20:00 – 21:15	Evening Sessions	A variety of evening activities will be offered on Monday, Wednesday and Friday

\* Refers to courses for Children and Youth only

\*\* Special Presentations are sessions that provide an opportunity for participants and faculty to present a subject of their own choice in seminar format. A list of each day's special presentations is in the daily ICASSI Newsletter. Persons interested in presenting are requested to turn in their request early in the week.

### 3. COURSE SELECTION GUIDE

ICASSI offers a variety of course options to meet participants' learning needs and interests, whether one registers for the first week, the second week, or for both weeks.

Each morning from 09:00 to 10:30 there is a plenary lecture and demonstration. Following the plenary lecture, participants choose from either Type A (half-day courses) or Type B (full-day courses).

Before the plenary lectures, participants also have the option to join with others for a morning exercise session called Bloc 0. Participants who wish to join are asked to bring appropriate loose clothing.

#### **TYPE A: HALF-DAY COURSES (10-HOURS)**

Type A offers two week-long half-day, 10-hour courses. Participants select one course for the morning session and another for the afternoon session. Courses identified as (1 + 2) in the course descriptions section indicate that the course continues through Weeks 1 and 2; however, participants may choose to register for just the first or second week.

OR:

#### **TYPE B: FULL-DAY COURSES (20-HOURS)**

Type B offers a week-long intensive course (20-hours). Type B courses extend through both the morning and afternoon sessions, and are intended for participants seeking a more in-depth examination of a given subject in a one week time-frame.

Two week participants may select one Type B course in each of Week 1 and Week 2, or may follow Type A in one week and Type B in the other week or Type A in both weeks.

**Disclaimer:** ICASSI reserves the right to change or cancel course offerings as necessary for programmatic reasons, e.g., if courses do not have minimum number registered, faculty illness, etc.

#### **COURSE CHOICE ASSISTANCE:**

A course offered in English and German will be held in both languages. If all its participants agree on one language only, it will be held in the agreed language.

A course offered in English and Romanian or in German and Romanian will be held in the main language; a translator will translate English or German into Romanian for its Romanian participants.

# 4. PROGRAM WEEK 1

## 4.1 PLENARY LECTURES<sup>†</sup> FOR WEEK 1, 9:00 – 10:30

Monday, July 15	<b>Individual Psychology in a Changing World – Eva Dreikurs Ferguson</b> Contemporary society is undergoing rapid changes in standards, values, and expectations regarding human actions and relationships. Adlerian psychology, founded a century ago, anticipated some of these changes and provides solid and workable solutions to many contemporary challenges.
Tuesday, July 16	<b>Dreams – Gerhard Baumer</b> In this presentation there will be a short introduction that tells the latest findings in dream research. There will be a demonstration how therapists can use dreams in therapy and counseling.
Wednesday, July 17	<b>Movement and Boundaries – Pauline Hofstra</b> As humans we are both 'a part of' and 'a-part from' the social world. We have our own psychological inner world (based on lifestyle and private logic), with psychological boundaries that separate us from the outside world and the inner world of others. This plenary will examine how self-boundary awareness and maintenance of our inner world can enhance self-esteem, autonomy, compassion, mutual respect and social interest in our relationships with others.
Thursday, July 18	<b>The Original Positive Psychology – Richard Watts</b> The contemporary relevance of Adler's thinking is evident in many streams of contemporary psychological thinking, including positive psychology. This lecture will address the enormous common ground between Adler's mature theoretical ideas and the contemporary positive psychology movement in demonstrating that Adler's psychological theory and approach to helping people is the original positive psychology.
Friday, July 19	<b>Rhythm and Social Interest – Jon Sperry</b> This presentation will examine how rhythm activities and group drumming can foster social interest among individuals and groups. Participants will be invited to participate in various rhythm activities to experience and understand how social interest can be introduced in small and large group settings.

<sup>†</sup>Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

## 4.2 OVERVIEW: TYPE A COURSES FOR ADULTS WEEK ONE

Week One Courses Mornings 11:00 to 13:00			
Course Number, Instructor and Course Title	English	German	Romanian
A201, Balla, M. Intergenerational Patterns	X		
A202, Baumer, G. Traumarbeit		X	
A203, Bettner, B.L. Developing Social Interest in Children	X		
A204, Callus, J. Parenting	X		X
A205, Ferguson, E. D. Individual Psychology in the Workplace (1+2)	X		
A206, John, K. Leadership in Action	X		
A207, Joosten, T. Cooperative Problem Solving	X		
A208, Landscheidt, U. Art Therapy	X	X	
A209, Oberst, U. Couple Relationships	X		
A210, Pollak, P. Persönliche Lebensaufgaben		X	
A211, Rasmussen, R. Emotions & Private Logic	X		
A212, Schläpfer, C. Pampering & Overprotection	X	X	
A213, Tate, B. Creativity and Private Logic	X		X
A214, Walton, F. Family Counseling	X		
A215, Watts, R. Tailoring Treatment	X		

Week One Adult Courses Afternoons 14:30 to 16:30			
Course Number, Instructor and Course Title	English	German	Romanian
A301, Abramson, Z. Die Paarbeziehung verstehen und verbessern		X	
A302, Balla, M. Grief & Loss	X		
A303, Bluvshstein, M. Early Recollections in Individual Psychology	X		
A304, Callus, J. Working with Parents	X		X
A305, Echle, E. Problems with Youths	X		
A306, Hillenbrand, A. Prevention of Burn Out	X	X	
A307, Hofstra, P. Self-Discovery	X		
A308, Holder, J. Addictions and Early Recollections	X		
A309, Levitt Frank, M. Adlerian Personal Coaching	X		
A310, Oberst, U. Supervision for Parent and Teacher Education	X		
A311, Pollak, P. Holismus		X	
A312, Rasmussen, P. Supervision	X		
A313, Shoham, Y. Art of Encouragement	X		X
A314, Sperry, J. Motivational Interviewing	X		
A315, Watts, R. Using Music in Therapy	X		

### 4.3 OVERVIEW: TYPE B COURSES FOR ADULTS WEEK ONE

(4 hours each day during Mornings and Afternoons.)

Choose only one Type B Course for this week.

Week One Courses Mornings 11:00 to 13:00			
Course Number, Instructor and Course Title	English	German	Romanian
B101, Millar, A. Working Safely with Trauma	X		
B102, Shaked, A. Psychodrama	X		

### 4.4 COURSE DESCRIPTIONS FOR ADULT COURSES WEEK ONE

Type A Courses : Week 1* Mornings (11:00 - 13:00)
<p><b>A201, Balla, Marion – Intergenerational Patterns</b></p> <p>This course investigates the relationship between family myths, values, and current life problems. Participants will investigate their personal genograms and assess the impact of family patterns through the generations. Through the application of early recollections and life tasks, belief systems related to generational family patterns will be discovered.</p>
<p><b>A202, Baumer, Gerhard – Traumarbeit</b></p> <p>In Träumen verarbeiten wir unsere täglichen Erlebnisse und unsere ungelösten vergangenen Konflikte entsprechend unseres Lebensstils. Träume benutzen Metaphern und Symbole die, um verstanden zu werden, interpretiert werden müssen. Träume beeinflussen unsere Emotionen und unsere Erwartungen bezüglich der Zukunft, ähnlich wie frühe Kindheitserinnerungen. Wir wollen die Träume der Teilnehmer benutzen um den großen Bedeutungs-gehalt zu zeigen und wie wir sie in unserer Beratungsarbeit nutzen können.</p>
<p><b>A203, Bettner, Betty Lou – Developing Social Interest in Children</b></p> <p>Adler said, "A person of genius is primarily a person of supreme usefulness. Social interest is the barometer of the child's normality." and "As long as the feeling of inferiority is not too great, a child will always strive to be worthwhile and on the useful side of life." While social interest is innate in the child, it has to be consciously developed. This course will explore what the environment and education can provide that guide a child to "see with the eyes of another, to hear with the ears of another, to feel with the heart of another" (anonymous British author).</p>
<p><b>A204, Callus, Joyce – Parenting</b></p> <p>This course is about the application of Individual Psychology in the family. Parenting is not an easy commitment but Adler and Dreikurs help to make it easier. Parents really matter, and although children are not born with a manual, Individual Psychology provides tools that can help parents and other adults working with children build positive relationships that are knowledge-based. This is a hands-on course. No previous knowledge of Adlerian psychology is required.</p>

**Type A Courses : Week 1\***  
**Mornings (11:00 - 13:00)**

**A205, Ferguson, Eva Dreikurs – Individual Psychology in the Workplace**

Adlerian psychology helps improve human relationships in all settings, including the workplace. Workplace solutions are applicable also to problems in the family and school. Participants' own work problems are discussed. Work roles, conflict resolution, group dynamics, and personality variables are viewed within the Adler-Dreikurs framework. (1+2)

**A206, John, Karen – Leadership in Action**

Whether a manager, supervisor, teacher or facilitator, personal and professional integrity, optimism, inspiring and consulting with others, are essential qualities of democratic leadership components. Through examining birth order, early recollections, collaborating in teams and psychodrama, participants will assess dynamics, their leadership experiences and styles and gain insight into themselves and others and how to be strong, compassionate role models and leaders.

**A207, Joosten, Theo – Cooperative Problem Solving**

In families, community or professional settings, people meet problems. This course will explore practical ways of helping each other find encouraging solutions to these social challenges. The language and the incident method will get special attention. Participants (introductory, intermediate) will be able to apply the incident method. Case examples provided by the participants will be used.

**A208, Landscheidt, Uti – Art Therapy – Cows can be Purple**

Art Therapy was developed by Sadie T. Dreikurs as a method to approach life style. This class is for beginners and advanced participants who wish to explore themselves in creative actions as well as for counselors working with groups and single clients who want to expand their repertoire. Working in the group we will discover aspects of our own life style as well as learning how to interpret the art of others. It will be exciting and relaxing.

**A209, Oberst, Ursula – Couple Relationships in Contemporary Society**

Contemporary society, with its continuous changes and its high degree of uncertainty and instability, also challenge couple relationships, which no longer follow pre-established guidelines, causing dissatisfaction, distress, repeated separations, new partnerships, and relationships over the Internet. In this workshop, and based on the participants' own experience of their current or past couple relationships, as well as on aspects of their life style, the challenges of present-day relationships are discussed and worked through under an Adlerian perspective. Participants who work with couples may also bring in cases from their practice.

**A210, Pollak, Peter – Persönliche Lebensaufgaben nach Dreikurs und Mosak**

Wir beschäftigen uns in dem Kurs mit den zwei persönlichen Lebensaufgaben „Gelungener Umgang mit sich selbst“ und „Kosmos/Sinnfrage“. Ein „guter Umgang mit mir selbst“ – warum gelingt es oft nicht und was können wir tun, damit es häufiger und besser gelingt? Den „guten Umgang mit mir selbst“ als Basis für die sozialen Lebensaufgaben verstehen und die Finalität im Umgang mit mir selbst erkennen. Die Bedeutung der Sinnfrage in der Individualpsychologie herausarbeiten. Den Sinn in der Erfüllung der Lebensaufgaben und im Entwickeln des Gemeinschaftsgefühls erkennen. Wir stellen uns die Frage der „Sinnverteilung“. Eine Würdigung an Dreikurs und Mosak.

**A211, Rasmussen, Paul – Emotions and Private Logic**

This course considers the relationship between a person's emotional expressions and his or her private logic. Emotions, it is argued, emerge from our adaptive unconscious, which represents our unarticulated idiosyncratic thinking. This course is useful to professionals and those interested in self-understanding. It is primarily lecture format, but includes personal exercises and demonstration.

**Type A Courses : Week 1\***  
**Mornings (11:00 - 13:00)**

**A212, Schläpfer, Christelle – Consequences of Pampering & Overprotection**

The fact parents want the best for their children is uncontested. However, in some cases the best is harmful, namely when removing the stones from the children's path and allowing them everything at once. In this course we will discover how pampering and overprotection influence the brain and what is needed in everyday education for the development of life skills.

**A213, Tate, Bruce – Creativity and Private Logic**

Creativity is a key concept within Individual Psychology and is linked to our Private Logic. We create fiction in order to make sense of ourselves and life. Exploring these can help clients understand their lifestyle and creative possibilities. We will explore our basic fictions and how we can make use of them within our own lives, through presentation, discussion and experiential exercises. No prior knowledge of Adlerian theory is required.

**A214, Walton, Frank – Family Counseling**

The primary means of teaching this course will be through live demonstrations with parents, children, and/or adolescents, and will include lecture, and small group discussion. Participants will be given the opportunity to participate in a family counseling demonstration and will have an opportunity to observe and experience use of "the Most Memorable Observation" as a means for understanding how one's belief system influences choice of parenting style. Helping families of children who meet the criteria for the ADHD diagnosis will be discussed.

**A215, Watts, Richard – Tailoring Treatment for the Needs of Clients**

Via discussion, demonstration, and practice, this course is designed to provide attendees with (a) an understanding of Adlerian therapy techniques and selected techniques from closely related therapeutic approaches and (b) understanding of when, where and how these procedures best fit in the therapeutic process according to the phases of Adlerian therapy and the Client Stages of Change Model.

\*Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

**Type A Courses : Week 1\***  
**Afternoons (14.30 – 16.30)**

**A301, Abramson, Zivit – Die Paarbeziehung verstehen und verbessern**

Wir beschäftigen uns mit der Entwicklung der Paarbeziehung, angefangen von der Entscheidung für gerade diesen Partner oder diese Partnerin über das Erkennen des „versteckten Paarvertrags“ bis hin zu den spezifischen Konflikten. In der Folge werden Wege aufgezeigt, wie diese Konflikte gelöst und ein dauerhaft gültiger und für beide Seiten zufriedenstellender neuer Paarvertrag erarbeitet werden kann. Der Kurs umfasst Vorträge, Diskussionen und Beratungsdemonstrationen.

**A302, Balla, Marion – Managing Grief and Loss in our Personal and Professional Lives**

Grief and loss are frequent experiences in all of our lives. This course will explore the grieving process and present strategies for coping within each stage of living and working with grief and loss. The application of the concepts of private logic, early recollections, life tasks, and movement will be an integral part of the group activities. **Open to Youth.**

**Type A Courses : Week 1\***  
**Afternoons (14.30 – 16.30)**

**A303, Bluvshstein, Marina – Early Recollections in Individual Psychology**

Early Recollections are a unique window into our Lifestyle, the most full and precise way to identify the central theme of our life, and the strategies that we use in our striving and overcoming challenges. In this course, participants will learn about the power of Early Recollections, their purposefulness, the ways in which Early Recollections illuminate our lifestyle, and the way to reconstruct Early Recollections to reignite strengths and to encourage healthier movement.

**A304, Callus, Joyce – Working with Parents**

Family Life Matters. This course is geared toward working with parents for their own self enhancement or for helping other parents along the most important commitment in their life. Knowing one's strengths is a good starting point. We can only give of what we have or know. The aim of this course is to help participants enhance their strengths and discover ways of applying them for their own good and that of others, or in other words having social interest. **Open to new comers.**

**A305, Echle, Erika – Problems with Youth**

If youth create problems either in families, communities or at school, they need an encouraging environment. This course will explore practical ways of helping each other and find encouraging solutions to these social challenges. It will be a didactic and experiential course. We will explore solutions together for working with them and learn how we can improve our own discouraged attitudes and move forward in an optimistic way. **Open to Youth.**

**A306, Hillenbrand, Andrea - Preventing Burn-Out**

To prevent burnout we will work on bringing back balance into your life using Adler's tasks of life. Important for change is also to work on your personal goals and unknown attitudes. That's why we will check on your own standards and behavior patterns by looking at the family constellation and Early Recollections. We will point out your existing strengths that will help to face the external challenges.

**A307, Hofstra, Pauline – Self-Discovery: Movement and Boundaries**

As humans we are both 'a part of' and 'a-part from' the social world. We have our own psychological inner world (based on lifestyle and private logic), with psychological boundaries that separate us from the outside world and the inner world of others. This experiential course examines how self- boundary awareness and maintenance of our inner world can enhance self-esteem, autonomy, compassion and respect in our relationship with others.

**A308, Holder, Jim – Addictions, Early Recollections and More**

This workshop will detail the process of substance use and addiction. Participants will compare early recollections of individuals with different substance use disorders relating them to current research on how clients' addictions reinforce their beliefs, life themes, and lifestyles. Themes are found within the metaphorical make-up of early recollections and point to the positive purpose for substance use and addiction.

**A309, Levitt Frank, Mia – Adlerian Personal Coaching: Realizing Potential and Creating Significant Results**

Coaching is a focused process designed to create significant results for the client reflecting their values and vision. Adlerian coaching focuses on the individual's creative strengths and subjective interpretations, and integrates personal movement with social interest. In this workshop, participants will define a meaningful goal and create the path to realize it, and develop skills to enrich personal/professional relationships.

**Type A Courses : Week 1\***  
**Afternoons (14.30 – 16.30)**

**A310, Oberst, Ursula – Supervision for Parent and Teacher Education**

This course is mainly intended for counselors and other professionals who work in an educational context (school counselors, family counselors, parent educators, social workers, Positive Discipline educators and trainers, etc.). Participants are invited to present cases of their own professional practice, especially those they have difficulties with, which are then discussed and worked through in the form of a supervision process, based on Adlerian theory and practice. Problem situations presented by the participants will serve as examples for experiential learning by means of role-playing and enactment of the problem situation. The supervisee's own lifestyle will be considered in analyzing the difficulties in the relationship between supervisee and clients.

**A311, Pollak, Peter – Holismus**

Einführung in den Holismus: Wir beschäftigen uns mit den Vorstellungen von Holismus von der Antike bis in die Gegenwart mit dem Schwerpunkt auf Jan Christiaan Smuts. Wir lernen die Bedeutung des Holismus für Alfred Adler und die Individualpsychologie kennen. Wir betrachten den Holismus bezogen auf das Individuum und auf die sozialen Systeme des Menschen. Wir setzen uns mit der Bedeutung der holistischen Sichtweise auf Beratung, Therapie, aber auch allgemein für das Leben auseinander. Wir entwickeln ein Verständnis für den Zusammenhang von Holismus, Finalität und Verantwortung. **Offen für Jugendliche.**

**A312, Rasmussen, Paul – Supervision**

In this course, participants are invited to consider their own lifestyles (via early recollections) and what they bring to their clinical work with others. Participants will be invited to consider common challenges in therapy and how their own lifestyle assumptions contribute to those challenges. The group will work together to help one another find effective solutions for overcoming those challenges. This course is for professionals who work with clients in psychotherapy.

**A313, Shoham, Yoav – The Art of Encouragement**

This course will introduce very practical ways we can encourage ourselves and others. Through exercises and discussion we will explore specific strategies that can enable greater confidence, positive contribution and connection. We will clarify the differences between praise and encouragement. We will learn techniques to build courage to face the issues constructively in our personal and work life.

**A314, Jon Sperry – Motivational Interviewing**

Motivational Interviewing (MI) is an encouraging counseling approach that helps to elicit and strengthen motivation for change in counseling, coaching, and educational settings. This counseling approach is highly compatible and consistent with the philosophies that are articulated by Adlerians. Over 200 controlled clinical trials have demonstrated the effectiveness of Motivational Interviewing among clients with various presenting issues. This course will include various MI demonstrations and counseling practice opportunities.

**A315, Watts, Richard – Using Music in Therapy**

Based on the work of Dreikurs, there are numerous opportunities to use music in counseling or psychotherapy. Via discussion, demonstration, and practice, participants will learn how to use various music media as a useful resource in Adlerian therapy. **Open to Youth.**

\*Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

**Type B Courses Week 1\***  
**Mornings and Afternoons**

**B101, Anthea, Millar – Working Safely with Trauma**

In recent years, increased understanding of the neurological and biopsychosocial aspects of trauma has resulted in more effective processes that integrate well with an Adlerian therapeutic approach. This highly practical course will focus particularly on developing the therapeutic skills of ensuring safety and stability, observing physiological arousal levels, enabling dual attention and building on the person's resilience and social connection.

**B102, Shaked, Anabella – Adlerian Psychodrama**

This course is designed for participants interested in personal development. Based on Adlerian principles, psychodrama offers a holistic experience on cognitive, affective, and behavioral levels to safely explore personal issues, offering multiple perspectives to life situations. Psychodrama uses active and dramatic methods to enhance spontaneity and creativity.

\*Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

## 4.5 OVERVIEW: YOUTHS' AND CHILDREN'S PROGRAMS WEEK ONE

<b>Youths' Program</b>	
<b>Mornings</b>	<b>Afternoons</b>
A220, Personal Development for Youths 12-17, Shoham, Y	A320, Youth Recreation, Grünig, R.
<b>Children's Program</b>	
<b>Mornings</b>	<b>Afternoons</b>
A221, Children's Program, Irvine, M., Grünig, R., Radu, L., Shoham, N.	A321, Children's Recreation, Radu, L. Ditscher, A.

## 4.6 COURSE DESCRIPTIONS FOR YOUTHS' AND CHILDREN'S PROGRAMS WEEK ONE

### **A220, Personal Development for Youth Ages 12-17, Shoham, Yoav**

This course is for youth aged 12-17 to facilitate the growth of self-understanding and to increase social interest and community-oriented behavior.

**\*Please note: The youth registered in this course may also participate in an early morning recreation program from 8:45 until 11:00.**

### **A221, Children's Program (Early Morning and Morning), Irvine, Magnus; Grünig, Richard; Radu, Liliana; Shoham, Noam**

This program will offer athletic, art, music and play activities. Adlerian child-rearing and classroom management principles will be used.

**\*Please note: The program runs through Early Morning and Morning. Parents bring their children to the program at 8:45.**

### **A320, Youth Recreation, 12-17 year olds, Grünig, Richard**

Youth 12-17 from various countries will together determine the activities (games, art, drama, music, photography, etc.) to be engaged in during the session, using an interactive decision-making model. Activities focus on connecting with one another and developing capabilities in collaboration and team (play) work. Games are cooperative in nature and focus on including all participants.

### **A321, Children's Recreation, Radu, Liliana; Ditscher, Achim**

Come and have fun with us! Children will be offered art, music, athletic activities and games in a class that uses Adlerian child-rearing and classroom management principles. Small group meetings will give children the chance to plan activities.

# 5. PROGRAM WEEK 2

## 5.1 PLENARY LECTURES<sup>†</sup> FOR WEEK 2, 9:00 – 10:30

Monday, July 22	<b>Imperfections are not Allowed – Theo Joosten</b> In the current time it seems there is a strong emphasis on being perfect: perfect body, happy family, inflated messages on social media and an increase in achieving the highest standards in school and work. More pressure on our life tasks contributes to an imbalance. Ideas will be presented from an Adlerian perspective about how to cope with these developments and the meaning for self-development and society.
Tuesday, July 23	<b>The Magic of Early Recollections – Jim Holder</b> This plenary will look closely at Early Recollections and how they can be used as a strategy in group therapy or in individual sessions to encourage personal insight and action.
Wednesday, July 24	<b>Adlerian Ethics – Daniela Čechová</b> The fundamentals of Adlerian Ethics encompass three ethical pillars: Social Interest, Equality, and Freedom and Responsibility. Adlerian counseling and psychotherapy, in particular, may be described as applied ethics. A case study will be presented to illustrate how, within the context of lifestyle, the essential pillars of Adlerian Ethics are present or absent in the life of the client.
Thursday, July 25	<b>Couples and the “Crucial Cs” – Betty Lou Bettner</b> Adler described the basic Life Tasks that everyone faces: friendship, work and intimacy. Most couples would agree that intimacy is the hardest since it requires the co-operation of two people with different perceptions of self, others and life. It is the meeting of two different sets of Private Logic. We can see how difficult it is because most people manage to make friends and find work, but the divorce rate is very high and those who stay together do not always describe the relationship as happy or fulfilling. We will connect couples' interpretation of the Crucial Cs with successful relationships.
Friday, July 26	<b>Transitions: Challenges, Choices, Changes – Marion Balla</b> Managing life transitions is a constant part of our lives. We experience losses and gains in every transition. Working with early memories and life tasks, this plenary session will assist us with strategies to manage life transitions more effectively.

<sup>†</sup>Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

## 5.2 OVERVIEW: TYPE A COURSES FOR ADULTS WEEK TWO

Week Two Courses Mornings 11:00 to 13:00			
Course Number, Instructor and Course Title	English	German	Romanian
A401, Abramson, Z.      Understanding and Helping Couples	X		X
A402, Bluvshstein, M.      Metaphors in Movement	X		
A403, Ferguson, E. D.      Individual Psychology in the Workplace (1+2)	X		
A404, Jensch, M.      Strukturanalyse des Denkens		X	
A405, John, K.      Group Dynamics	X		
A406, Joosten, T.      Cooperative Problem Solving	X		
A407, Kottman, T.      Adlerian Play Therapy	X		
A408, Landscheidt, U.      Advanced Art Therapy	X	X	
A409, Pelonis, P.      Discover the Leader in You	X		
A410, Schläpfer, C.      Bullying and Cyberbullying	X	X	
A411, Sperry, J.      Drumming and Individual Psychology	X		
A412, Tate, B.      Introduction to Early Recollections	X		
A413, Walton, F.      How to Get Along with Self	X		

Week Two Courses Afternoons 14:30 to 16:30			
Course Number, Instructor and Course Title	English	German	Romanian
A501, Abramson, Z.      Adlerian Psychotherapy & Counseling	X		
A502, Balla, M.      Managing Life Transitions	X		X
A503, Baumer, G.      Gruppendynamik		X	
A504, Čechová, D.      Interventions in Groups	X		
A505, Echle, E.      Gewaltfreie Kommunikation zwischen Jugendlichen, Eltern und Erwachsenen		X	X
A506, Heuschen, H.      Lebensstil und Schreiben	X	X	
A507, Hillenbrand, A.      Alcohol Addiction	X		
A508, Hofstra, P.      Self-Discovery	X		
A509, Kottman, T.      How to Talk to Gamers	X		
A510, Millar, A.      Developing Supervision Skills	X		
A511, Oberst, U.      Family Relationships	X		
A512, Shoham, Y.      Encouragement: Overcoming Stressful Situations	X		
A513, Sperry, J.      Psychopathology	X		
A514, Tate, B.      Gender and Personal Identity	X		
A515, Verjee, B.      Adlerian Coaching	X		

## 5.3 OVERVIEW: TYPE B COURSES FOR ADULTS WEEK TWO

(4 hours each day during Mornings and Afternoons.)

Choose only one Type B Course for this week.

Week Two Courses 11:00 to 13:00 and 14:30 to 16:30			
Course Number, Instructor and Course Title	English	German	Romanian
B601, Bettner, B. L. Cooperative Behavior using the Crucial Cs	X		
B602, Buck, H. Cross Cultural Art Therapy	X		

## 5.4 COURSE DESCRIPTIONS FOR ADULT COURSES WEEK TWO

Type A Courses : Week 2 <sup>+</sup> Mornings (11:00 - 13:00)
<p><b>A401, Abramson, Zivit – Understanding and Helping Couples</b></p> <p>We shall follow the development of couple relationships, beginning with the partners' choice of each other, understanding their "hidden contract", continuing with the conflicts they get into, and showing the way they can resolve these conflicts and create a life-long satisfying new contract. The course will include lectures, discussions and demonstrations. (German translation by the instructor when necessary.)</p>
<p><b>A402, Blusvshtein, Marina – Metaphors in Movement</b></p> <p>Metaphor is the heart of language and our communal existence on this planet. Metaphors help us to understand that heart and to live a richer life, by creating and enacting vivid images of what we would not be able to see, touch, smell, hear and taste without metaphors. In this course, participants will find new movement metaphors in their language, will ignite old metaphors, and will connect their unique metaphors to psychological movement in a direction of perfecting self and others.</p>
<p><b>A403, Ferguson, Eva Dreikurs – Individual Psychology in the Workplace</b></p> <p>Adlerian psychology helps improve human relationships in all settings, including the workplace. Workplace solutions are applicable also to problems in the family and school. Participants' own work problems are discussed. Work roles, conflict resolution, group dynamics, and personality variables are viewed within the Adler-Dreikurs framework. (1+2)</p>
<p><b>A404, Jensch, Markus – Strukturanalyse des Denkens, Fühlens und Verhaltens mit einem dreidimensionalen IP-Modell</b></p> <p>In diesem Kurs geht es unter anderem um die Analyse • der Relativität der eigenen Rolle in einem Beziehungsgeschehen, • den kausal-finalen Einsatz mehrerer projektiver Verfahren, • das Phänomen der Übertragung und Gegenübertragung, • die Ablauf-Choreografie der Analyse, • die grafische Aufbereitung der Methoden für den Klienten, • die ständige Selbstreflexion bei der Beratungsarbeit.</p>
<p><b>A405, John, Karen – Group Dynamics and Facilitation</b></p> <p>Promoting social equality within the workplace and in other contexts requires understanding and attending to group dynamics and group needs, as well as to individual needs and life style issues. In this interactive, experimental and experiential course, participants are invited to enact group experiences and scenarios in order to increase their effectiveness as group and team members, facilitators and leaders.</p>

**Type A Courses : Week 2\***  
**Mornings (11:00 - 13:00)**

**A406, Joosten, Theo – Cooperative Problem Solving**

In families, community or professional settings, people meet problems. This course will explore practical ways of helping each other find encouraging solutions to these social challenges. The language and the incident method will get special attention. Participants (introductory, intermediate) will be able to apply the incident method. Case examples provided by the participants will be used.

**A407, Kottman, Terry – Adlerian Play Therapy**

In this fun, experiential workshop, you will be introduced to Adlerian play therapy, a method of integrating Individual Psychology with the practice of play therapy. You will learn skills and techniques for establishing relationships with clients, exploring clients' lifestyles, helping clients gain insight into their lifestyles, and reorienting and reeducating clients. Dress comfortably and be prepared to PLAY!!

**A408, Landscheidt, Uti – Advanced Art Therapy – Cows can be purple\***

See week 1. In week 2 we will use other methods than in week 1.

**A409, Pelonis, Peggy – Discover the Leader in You**

Through the use of Lifestyle Assessment theory, techniques and experiential exercises participants will come to understand their personal leadership approach, as well as understand personal challenges to leadership. Participants will define a personal leadership vision and learn ways to become more effective leaders.

**A410, Schläpfer, Christelle. – Bullying and Cyberbullying**

Bullying and Cyberbullying are still big issues in many schools. Numerous affected students don't get help because they fear the bullying situation could become worse. In this course we will see why intervention is essential with bullying and cyberbullying and you will get a lot of resources for prevention and intervention.

**A411, Sperry, Jon – Drumming in Individual Psychology**

Group drumming and rhythm activities can assist individuals and groups to foster social interest and well-being. This course will review group drumming and rhythm activities that can be used for self-care and also in various settings (school, counseling, coaching, and organizational consulting). The format for this course will be highly experiential and will also include some brief lecture content.

**A412, Tate, Bruce – Introduction to ERs**

Early Recollections (ERs) play a central role in Adlerian therapy. In Early Recollections we uncover strengths and resources alongside nonverbal messages and descriptions of how we view ourselves, others and life. This course will introduce theory and also enable learners to develop practical skills to help them work with Early Recollections. The course will include experiential and creative elements.

**A413, Walton, Frank – How to Get Along with Oneself**

The instructor will offer demonstrations and the participants will be invited to work in small groups. The objective will be to help one another increase the courage and love of self and others we manifest when we spot the disjunctive emotions and thoughts that set us against fellow human beings and replace them with emotions and thoughts that help us move toward one another.

\*Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

**Type A Courses : Week 2\***  
**Afternoons (14:30 - 16:30)**

**A501, Abramson, Zivit – Adlerian Psychotherapy and Counseling: Different from other Therapies**

This course will give in a nut shell the structure of Adlerian counseling or therapy with individuals. What does an Adlerian do that is different from other schools? What goals do we really want to achieve with our work? How do we go about it? There will be demonstrations of a typical session, and for this, participants will be asked to volunteer.

**A502, Balla, Marion – Managing Life Transitions**

This course is designed to assist participants to identify and explore the losses and gains inherent in major life transitions, (e.g., aging, career change, retirement, graduation, marriage/partnership, empty family nest, separation/divorce). Through the use of early recollections, anniversary dates, and the exploration of life tasks, participants will gain increased insight and strategies to manage major life transitions. **Open to Youth.**

**A503, Baumer, Gerhard – Gruppendynamik**

Gruppen werden in Therapien, bei Beratungen in Unternehmen und anderen Gelegenheiten benutzt. Gruppenarbeit kann sehr produktiv, manchmal aber auch destruktiv sein, je nach sich entwickelnder Gruppendynamik. Gruppen kreieren immer ihre besondere Dynamik, oft beeinflusst oder dominiert durch den unbewussten Lebensstil einiger Gruppenteilnehmer. Dieses Seminar will zeigen, wie die Teilnehmer und der Gruppenleiter den Gruppenprozess kreieren und wie dieser für die Gruppenentwicklung und Wachstum genutzt werden kann.

**A504, Čechová, Daniela – Interventions in Groups**

There is a power in groups. In groups we play, learn and work; we actualize our potential in a useful or useless manner. In this course we will experience how interventions operate in the family, school and workplace and learn how to empower ourselves and others. Young participants are welcome - they will teach us to see things from their perspective. **Open to Youth.**

**A505, Echle, Erika – Gewaltfreie Kommunikation zwischen Jugendlichen, Eltern und Erwachsenen**

Gegenseitiger Respekt und Gleichwertigkeit sind die Grundlage erfolgreicher Kommunikation. Eine Veränderung unserer Einstellungen verändert auch unsere Sprache und unsere Art zu kommunizieren, wodurch gleichberechtigte und gewaltfreie Kommunikation ermöglicht wird. In diesem Kurs werden wir effektive Kommunikationsstrategien anwenden, aber vor allem diese auch im Umgang mit Jugendlichen und Gesprächspartnern üben. Es wäre toll, wenn sich Jugendliche für diesen Kurs einschreiben, würden, damit wir gemeinsam zu einer besseren Kommunikation untereinander finden. Offen für alle, die ihr Kommunikationsverhalten hinterfragen und verändern möchten. **Offen für Jugendliche.**

**A506, Heuschen, Helmut - Lebensstil und Schreiben: Anders werden als uralter Wunsch**

Alle Kulturen kennen das Schreiben u.a. mit dem Ziel, dem Ich zu begegnen, es zu begreifen. Schreiben macht die Spuren des Lebensstils sichtbar und als Geschriebenes überprüfbar. So klärt das Schreiben das innere Chaos und entlastet; es kann sogar wie ein Medikament wirken. Wandel im Leben ist der zentrale Schreibanlass. "Häutungen" nennt es das Märchen. Umfinalisierung nennt es die Individualpsychologie. **Offen für Jugendliche.**

**A507, Hillenbrand, Andrea – Alcohol Addiction**

Alcoholics and other substance addicts are unpopular patients. They are considered difficult, being easily offended, accusing others and lying. By looking at the development of their addiction, we will try to understand how the substance is used to face the tasks of life and achieve a felt plus and why the unpopular features are logical, understandable and even make sense. **Open to Youth.**

**Type A Courses : Week 2\***  
**Afternoons (14:30 - 16:30)**

**A508, Hofstra, Pauline – Self-Discovery: Movement and Boundaries**

As humans we are both 'a part of' and 'a-part from' the social world. We have our own psychological inner world (based on lifestyle and private logic), with psychological boundaries that separate us from the outside world and the inner world of others. This experiential course examines how self-boundary awareness and maintenance of our inner world can enhance self-esteem, autonomy, compassion and respect in our relationship with others.

**A509, Kottman, Terry – How to Talk to Gamers So They Will Listen and Listen So Gamers Will Talk: Using the Language and Metaphors of Video Games in Play Therapy and Counseling**

Understand what your clients mean when they talk about the video games they play? Have a clue how to use the language and metaphors from video games in your play therapy and counseling sessions? No? Come to this workshop, and you will!

**A510, Millar, Anthea – Developing Your Supervisory Skills**

Receiving regular and restorative supervision is a crucial aspect of being an effective helping professional. This highly practical class, drawing on Adlerian principles, will be of value to both new and experienced supervisors. We will explore the multiple dynamics of supervision, identify how to build a supervisory relationship that combines equality, authority and encouragement, practice giving supervisory feedback, and use some creative methods.

**A511, Oberst, Ursula – Family Relationships**

To enjoy family relationships is not always an easy task, and family issues can be a source of multiple conflicts. On the basis of the classical Adler-Dreikurs model, a systemic family perspective is introduced and integrated. Problem situations presented by the participants will serve as examples for experiential learning by means of role-playing, sculpting, and enactment of the problem situation.

**A512, Shoham, Yoav – Encouragement: Overcoming Stressful Situations**

This program is designed to teach coping strategies in daily stressful situations. Using Adlerian encouragement principles in various creative ways, enables us to deal with daily life pressures.

**A513, Sperry, Jon – Psychopathology from an Adlerian Perspective**

Adler identified that safe guarding is often the goal of various behaviors, symptoms, and emotions. This course will examine the conceptualization of mental health disorders and emotions from an Adlerian perspective. Assessment, conceptualization, and treatment implications of various symptoms and disorders will be reviewed.

**A514, Tate, Bruce – Gender and Personal Identity**

Gender is a central part of our personal identity and has individual meaning. Discomfort around gender identity may be experienced and expressed in different ways and affect relationships and areas of life. During this course we will explore different aspects of gender and personal identity using an Adlerian framework, including influences, purposeful behavior and emotional responses.

**A515, Verjee, Begum – Adlerian Coaching**

This introductory course offers a foundational model of Adlerian Coaching through a creative, interactive and hands-on approach. The course introduces principles of Adlerian Psychology along with a model and process associated with an Adlerian approach to professional coaching, and anchors students in the coaching mindset while practicing core competencies of coaching as outlined by the International Coach Federation (ICF). **Open to Youth.**

\*Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

**Type B Courses Week 2\***  
**Mornings and Afternoons**

**B601, Bettner, Betty Lou – Cooperative Behavior Using the Crucial Cs**

Adler taught the absolute requirements for psychologically health human beings. They are: to feel belonging, to see that we are improving, to find significance in our lives, and to be encouraged. These are not WANTS; they are REQUIREMENTS. "The Crucial Cs" (1996 Bettner & Lew) were developed as an easy-to-understand method for teaching these requirements. The "Cs" are to connect, to feel capable, to see that we count, and to have courage. We can see that others have achieved these needs as we observe their cooperative behavior. The problems of life cannot be solved without it because mental health includes the desire and ability to cooperate with others.

**B602, Buck, Hala – Cross-Cultural Adlerian Art Therapy: Understanding Self to Understand "the Other:"**

Integrating Early Recollections, art, mindfulness and the body (Adler's "Physical Speech") participants will become more aware of formative beliefs about self and others that hinder mutually respectful interaction with those who are "different". In a safe environment and through demonstrations, dyads and group process, participants will explore how to enhance their cross-cultural skills on a personal and professional level.

\*Educational Objectives are found on the website [www.icassi.net](http://www.icassi.net)

## 5.5 OVERVIEW: YOUTHS' AND CHILDREN'S PROGRAMS WEEK TWO

Youths' Program	
Mornings	Afternoons
A420, Personal Development for Youths 12-17, Hofstra, P.	A520, Youth Recreation, , Grünig, R.
Children's Program	
Mornings	Afternoons
A421, Children's Program, Irvine, M., Grünig, R., Opris, A., Radu, L., Shoham, N.	A521, Children's Recreation, Irvine, M., Radu, L.

## 5.6 COURSE DESCRIPTIONS FOR YOUTHS' AND CHILDREN'S PROGRAMS WEEK TWO

### **A420, Personal Development for Youth Ages 12-17, Hofstra, Pauline**

This course is for youth aged 12-17 to facilitate the growth of self-understanding and to increase social interest and community-oriented behavior.

**\*Please note: The youth registered in this course may also participate in an early morning recreation program from 8:45 until 11:00.**

### **A421, Children's Program (Early Morning and Morning), Irvine, Magnus; Grünig, Richard; Opris, Anca; Radu, Liliana; Shoham, Noam**

This program will offer athletic, art, music and play activities. Adlerian child-rearing and classroom management principles will be used.

**\*Please note: The program runs through Early Morning and Morning. Parents bring their children to the program at 8:45.**

### **A520, Youth Recreation, 12-17 year olds, Grünig, Richard**

Youth 12-17 from various countries will together determine the activities (games, art, drama, music, photography, etc.) to be engaged in during the session, using an interactive decision-making model. Activities focus on connecting with one another and developing capabilities in collaboration and team (play) work. Games are cooperative in nature and focus on including all participants.

### **A521, Children's Recreation, Irvine, Magnus; Radu, Liliana; Shoham, Noam**

Come and have fun with us! Children will be offered art, music, athletic activities and games in a class that uses Adlerian child-rearing and classroom management principles. Small group meetings will give children the chance to plan activities.

# 6. CHILDREN AND YOUTHS PROGRAMS

## THE PROGRAM

ICASSI offers a unique, international, educational program for children and youths. Qualified teachers will lead the children, through play, into the basics of Individual Psychology. There is a special value to having a multi-lingual (English, German, Dutch, Hebrew, Romanian) experience in this children's program, as children become more culturally aware and comfortable in a global society. The objective of the teachers is to encourage children to find their place confidently in the group. The educational world of ICASSI is determined by people learning with each other about the world around them. Here the approach is "Help me do it by myself with others in a way that my abilities will contribute to the community." Parents are included in this process. The program is a unique opportunity for young people to learn and socialize in an encouraging atmosphere.

The Children's Program is open to children ages 4 to 11 during the morning and afternoon sessions. Children must be at least 4 years old and toilet trained to participate in ICASSI's Children's Program.

The Youths' Program is open to youth, ages 12 to 17. Youth from various countries will together determine the activities (e.g., games, art, drama, music, photography, etc.) to be engaged in during the session, using an interactive decision-making model. Team activities are cooperative in nature and focus on including all participants. All youth 12-17 will participate in the Morning Course Personal Development for Youth 12-17 and the Afternoon Course, Youth Recreation. As an option during the afternoon session, Youth 16 to 17 may also participate in adult courses in the afternoon that indicate they are open to youth.

Parents of children under 4 years of age must make their own arrangements for child care. ICASSI does not provide care to this age group. Information to help parents find resources may be provided on request.

While at ICASSI, parents or guardians are responsible for their children and youth at all times. Youth and children are NOT allowed to attend ICASSI without a parent or guardian accompanying them. Parents and guardians are expected to be clear about rules, boundaries and expected behavior. Children and youth are all expected to be housed in rooms with their parents or in adjacent rooms.

## PARENT MEETINGS

Staff running the programs for children and youth will be available during registration to meet with parents and respond to their questions. Parents (or guardians) and their children and youth are **required** to meet with program staff on Monday evening of each week. It is **required** that all parents attend. The time and place of the meetings will be announced at registration and at the plenary lecture on Monday morning. Parents may refer to the newsletter to learn the location as well.

# 7. SITE 2019: SIBIU, ROMANIA

## THE SITE

Sibiu is a city of about 150,000 persons and is situated in the center of Romania about 150 km. away from Brasov. Sibiu was designated the European Capital of Culture in 2007. The inner city of Sibiu is about 800 years old and has a very welcoming town center. Its geographical location makes it one of the most important transportation hubs in Romania. For more information about Sibiu see <http://romaniatourism.com/sibiu.html>

## THE VENUE

**The IBIS Hotel** will serve as the ICASSI headquarters. The IBIS Hotel houses an auditorium where the plenaries and evening programs will be held. It is also where the ICASSI office will be located. A lounge area with lobby bar offers a central location where participants can congregate in the evenings. All participants staying in ICASSI accommodations will dine at the IBIS Hotel. This location is air conditioned and is one of the sites offering accommodations (see below). Additionally, some of the classrooms will be located here while other classes will be held in classrooms at the **Lucian Blaga University of Sibiu (ULBS)** which is less than a 5 minute walk from the IBIS Hotel. **ULBS** is a public university of 25,000 students named after Lucian Blaga the philosopher, poet and playwright and houses five faculties: Letters, History and Law, Medicine, Food and Textile Processing Technology, Engineering and Sciences.

## MEALS

**Breakfast.** Participants will eat breakfast at the locations where they are staying (please read the descriptions of the breakfasts in the accommodation information below).

**Lunch.** Lunch is not included in the fee for accommodations, therefore participants are on their own for lunch. There are many cafes and restaurants within walking distance of the classrooms. The dining hall at the Student Housing of ULBS is offering lunch to all participants who register for the entire week in advance (either on regonline, or the paper registration form). The cost is € 40 each week. The lunch will consist of 3 courses (soup, main course, dessert, water and coffee).

**Dinner** for all participants who are registered in one of the ICASSI accommodations is included in the price for accommodations. Each evening (except the middle Saturday) a buffet-style dinner will be served at the IBIS Hotel. The farewell dinners held both Fridays will take place here and are open to all participants (including those staying off-site since it is included in the off-site fee).

## REGISTERING FOR YOUR CHOICE OF ACCOMMODATIONS: IBIS HOTEL, CONTINENTAL HOTEL, STUDENT HOUSING AT ULBS

Please carefully review the room options available before you register. Please note that some types of rooms are very limited and are only available on a first-come-first-serve basis. There is no guarantee your room type will be available when you register. Note: If your choice does not appear on regonline (the electronic registration system) it means that it is no longer available. You will need to register for another of the ICASSI accommodations or find an off-site location on your own.

**IBIS Hotel** is a 3 star hotel with air conditioning and wifi. The IBIS Hotel offers single and double (twin beds) rooms, all having ensuite bathrooms. The number of single rooms is very limited. These modern and efficient rooms include desks, televisions, safes and phones. A buffet breakfast is included. Dry cleaning services are available. Parking is free but limited on a first availability system. Otherwise, one needs to park in a city parking lot. The classrooms at ULBS are less than a 5 minute walk. Address: 2-4 Calea Dumbravii 550324, Sibiu. <https://www.accorhotels.com/gb/hotel-6806-ibis-sibiu-centre/index.shtml>

**Continental Hotel** is a 4 star hotel with air conditioning and wifi. The Continental Hotel offers single and double (twin beds) rooms, all having ensuite bathrooms. These historic and chic rooms include desks, televisions, safes and phones. A buffet breakfast is included. Dry cleaning services are available. At the time of this booklet printing, parking is 5 euro per night, but when there is no more availability, persons need to use a city parking lot. The IBIS Hotel as well as the classrooms at ULBS are less than a 5 minute walk. Dry cleaning/laundry services are available for a fee. Address: Piatra, Unirii, 10, Sibiu. <https://continental-forum-sibiu.continentalhotels.ro/>

**Student Housing at ULBS** offers a clean and economical option for accommodations. Each room has 2-4 beds (some are bunk beds) and participants may sign up for a room as a single, double, triple or quad. Each room has its own ensuite bathroom and a refrigerator. There is a community kitchen, individuals must bring their own dishes and cookware. Student Housing has wifi, there is no air conditioning. A buffet breakfast is included. There is a drop-off laundry service. Parking is free on campus. It is about a 10 minute walk to the classrooms on campus of ULBS and about a 12 minute walk to the IBIS hotel. Icassi participants will be staying in House One at ULBS. Address: Street Victoriei Boulevard, no.31, Sibiu. <http://dga.ulbsibiu.ro/cazare/caminul-nr-1/>

**Additional nights:** Adding the night before and after ICASSI is available on a limited basis at the IBIS Hotel and the Continental Hotel. If this option does not appear when you register online, it means no more rooms are available. This option is more readily available at Student Housing. Registration for these additional nights include bed and breakfast only (it does not include dinner).

**Off-Site Accommodations:** Participants may choose to find their own accommodations. When that occurs participants pay the off-site fee that covers such things as coffee breaks, opening ceremony, farewell dinner, etc.

## TRAVEL ARRANGEMENTS AND PARKING

### By Air

The Sibiu airport is 3 km from the city and has connecting flights from many major European cities. The taxi cost about € 5\*.

\*These were the prices at the time the book was printed.

### By Train

The Sibiu train station is located near the center of the town. It's address is Piața 1 Decembrie 1918, Sibiu 550200, Romania.

**Traveling in Romania:** If you are able to spend some extra days in Romania you may want to consult <http://romaniatourism.com/sibiu.html>

**Car parking:** Car parking is available in the city parking lots. Please see parking in the hotel descriptions (above).

## 8. GENERAL INFORMATION

### TUITION

Tuition covers all courses, plenary, special interest presentations and all evening programs. If a partner of a participant stays in an ICASSI accommodation he or she must pay the special tuition. This allows the partner to attend the plenary, special interest presentations and the evening programs.

### SCHOLARSHIP FUND

ICASSI strives to provide high quality continuing education while keeping fees for the tuition and accommodations as low as possible. Despite the best efforts, ICASSI needs donations to maintain the high quality, inclusiveness, and accessibility of ICASSI while keeping the prices down. The scholarships provide the opportunity for exemplary candidates to participate who would not otherwise be able due to financial limitations. Participants are encouraged to consider giving a donation when they register. Those persons unable to attend ICASSI are encouraged to consider a donation that would allow someone else to attend. Donations can be made on the ICASSI website or by sending a contribution to ICASSI using the bank account number listed under "paying for ICASSI" or by sending a check made out to ICASSI to **Betty Haeussler, 9212 Morley Road, Lanham, MD, 20706, USA**. Persons who make a donation may ask to have their name listed as a Scholarship Fund contributor on ICASSI's website.

## CREDIT FOR CONTINUING EDUCATION FOR NORTH AMERICANS

ICASSI has applied to various professional regulatory boards headquartered in the U.S. and Canada for Continuing Education. We encourage potential participants to check for any updates regarding these approvals by addressing questions to the administrator at [info.icassi@gmail.com](mailto:info.icassi@gmail.com).

### COURSE CREDIT

University Course Credit: Students who would like to have their ICASSI courses credited towards their University studies should discuss the possibility with their professors prior to registering at ICASSI. ICASSI faculty members are willing to contact professors directly to explain educational objectives and course criteria in support of students receiving credit. For further details, contact: Becky LaFountain, ICASSI Administrator, E-mail: [info.icassi@gmail.com](mailto:info.icassi@gmail.com).

Adler Graduate School, Minnesota, USA: Participants who are eligible for graduate school credit and wish to have credit for their ICASSI experience from the Adler Graduate School can contact: Dr. Richard Close, Adler Graduate School. E-mail: [Richard.close@alfredadler.edu](mailto:Richard.close@alfredadler.edu)

### VISITORS

ICASSI is a school. Only participants who are registered for courses (and under special circumstances, family members of registered participants) attend ICASSI.

### OMBUDSPERSONS

In response to ICASSI's commitment to facilitating a participative learning environment and the fair consideration of concerns or difficulties that might arise from time to time, two ombudspersons, Gerhard Baumer and Marina Bluvshstein, are appointed to facilitate effective communication and problem resolution. If participants run into problems and need assistance with courses, accommodations or personal matters, they are encouraged to contact one of the ombudspersons.

### DECLARATION OF NON-DISCRIMINATORY POLICY

ICASSI welcomes students and participants of any race, color, sex, sexual orientation, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available at ICASSI. It does not discriminate on the basis of race, color, sex, sexual orientation, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and other ICASSI administered programs.

### TAX ALLOWANCE

In many countries, the cost of attendance at courses will be allowable as a tax-deductible expense. Participants are encouraged to check with a tax specialist or the person who prepares taxes.

## **PROHIBITION OF PRIVATE COUNSELING AND THERAPY**

ICASSI is a teaching environment. Private counseling and therapy are prohibited at ICASSI. Learning therapeutic techniques may involve demonstrations for teaching purposes. ICASSI recognizes that learning therapeutic techniques may stimulate sensitive thoughts and feelings. ICASSI is NOT RESPONSIBLE for clinical problems that occur during ICASSI although ICASSI will do its utmost to support and refer to local resources.

## **LIMITATIONS OF LIABILITY**

ICASSI, its officers, employees and agents shall not be liable for injuries to the person or property of students or other participants attending or traveling to or from the ICASSI Summer School or Institute. ICASSI and its agents reserve the right to alter arrangements should conditions necessitate.

## 9. ICASSI BOARD OF DIRECTORS, FACULTY & STAFF

### BOARD OF DIRECTORS

<b>Honorary Chairperson</b>	<b>Sadie E. "Tee" Dreikurs, USA (Deceased)</b>
<b>Co-Chairpersons</b>	<b>Eva Dreikurs Ferguson, USA Theo Joosten, The Netherlands Uti Landscheidt, Germany</b>
<b>Secretary-Treasurer</b>	<b>Paul Rasmussen, USA</b>
<b>Members</b>	<b>Andrea Hillenbrand, Germany Pauline Hofstra, The Netherlands Anthea Millar, UK Yoav Shoham, Israel Jon Sperry, USA Bruce Tate, UK</b>

### ICASSI 2019 FACULTY

**Abramson Zivit, M.A., Ph.D.**, Psychologist. Therapist and supervisor of family, couple and individuals. Author. Teacher at the "School of Adlerian Psychotherapy," Adler Institute, Israel.

**Balla, Marion, M.S.W., M.Ed., Dipl. Adlerian Psychology (NASAP)**. Faculty, Adler Graduate Professional School (Toronto). Psychotherapist and Consultant, International Trainer and Educator. President, Adlerian Counselling and Consulting Group, Ottawa, Canada. [www.adleriancentre.com](http://www.adleriancentre.com)

**Baumer, Gerhard, Dipl. Psychology and Economics**. Counselor, Registered Psychotherapist in private practice, trains supervisors. Works for companies on staff training programs. Supervisor of teachers. Works in England and Germany. Berlin, Germany.

**Bettner, Betty Lou, Ph.D., LPC**. Psychotherapist, author. Master Trainer in Adlerian Psychology for the Wise Edu Plus in Shanghai, China. Thornton, PA, USA [www.bettyloubettner.com](http://www.bettyloubettner.com)

**Bluvshstein, Marina, Ph.D.**, Licensed Psychologist (MN), Licensed Marriage and Family Therapist. Professor, Director of the Center of Adlerian Practice and Scholarship, Adler University, Chicago. Cofounder of the Adler Academy of MN, NASAP Diplomate in Adlerian Psychology, USA.

**Buck, Hala, M.A.** Licensed Clinical Professional Counselor, Nationally Certified Counselor. International trainer and Cross-Cultural educator, Integrative Adlerian art and sandplay therapy. Author. Reiki Master. Private Practice. Maryland, USA.

**Callus, Joyce, M.A. ( LOND ) ; B.A. (UOM); Dipl. Adlerian Psychology (NASAP)**, Lecturer, counsellor, author, compiled and run courses THERE MUST BE ANOTHER WAY – for parents and educators. Malta.

**Čechová, Daniela, PhD.** Psychologist. Psychotherapist. Assistant Professor of Psychology, Comenius University in Bratislava. Slovak Medical University. Author. Bratislava, Slovakia.

**Ditscher, Achim. Student as B.Ed.** Teaching for Primary School, University Landau, Germany. Trained Counsellor in Individual Psychology at API, Germany. Honorary work for Boy Scouts. Germany.

**Echle, Erika, Adlerian counselor AAI.** Teacher instructor, trainer for teachers in Adlerian education. Co-founder of a child care center. Group leader in Switzerland and abroad, author. Dättwil, Switzerland. [echle@bluewin.ch](mailto:echle@bluewin.ch)

**Ferguson, Eva Dreikurs, Ph.D.,** Psychologist. Professor of Psychology, Southern Illinois University. Author. Researcher. Edwardsville, Illinois, USA. <http://www.siu.edu/~efergus/>

**Grünig, Richard,** Certified therapist for learning disabilities, Child care teacher (age group 4-13) and Recreation Pedagogue. Switzerland.

**Heuschen, Helmut,** retired head master, counselor (DGIP), teacher and trainer for sports. Inventor of the international project, "Healthy town of Baesweiler, 1988". Baesweiler, Germany.  
[helmut@heuschen.eu](mailto:helmut@heuschen.eu)

**Hillenbrand, Andrea.** Psychologist, Licensed Psychotherapist, Adlerian Counselor in Private Practice. Trainer and Facilitator, Adler-Pollak-Institut. Wiesbaden, Germany. <http://www.andrea-hillenbrand.de>

**Hofstra, Pauline, M.A.,** Psychologist, Trainer, Boundary Based Awareness Counselor in private practice. Board member of the Dutch Association of Individual Psychology (NWIP), Participant Adler Network Nederland, NL.

**Holder, Jim, M.A.,** Licensed Professional Counselor. Master Addictions Counselor, with 40 years of experience. He is in private practice, is a consultant, trainer, author, and Adlerian researcher. South Carolina, USA.

**Irvine, Magnus.** Psychotherapist, Counsellor and Supervisor. Chair of ASIIP, the UK Adlerian Society. Southend-on-Sea, UK. [www.magnusirvine.com](http://www.magnusirvine.com)

**Jensch, Markus, Dr. rer. nat., Psychoanalyst (DGIP),** Management SYNCHRONIZING®-Institut Köln, Germany, [www.synchronizing.de](http://www.synchronizing.de)

**John, Karen, Ph.D.** Psychologist, Consultant, Trainer, Adlerian Psychotherapist and Supervisor/ Mentor of leaders of educational, social care and health services. Bath, United Kingdom.  
[karenjohn@mac.com](mailto:karenjohn@mac.com)

**Joosten, Theo.** Educational Consultant. Chairman of the Board of Trustees of an educational organization. Treasurer and Board member of the Dutch Association of Individual Psychology (NWIP). Co-chairperson of ICASSI. Leeuwarden, Netherlands.

**Kottman, Terry, PhD.,** Licensed Mental Health Counselor. Registered Play Therapist-Supervisor. Founder and Director, The Encouragement Zone. Author. Cedar Falls, IA, USA.  
<http://www.encouragementzone.com>

**Landscheidt, Uti.** Adlerian Counselor (DGIP), School Counselor. Adlerian workshops and workshops in art therapy. Private practice, Aachen and Krefeld, Germany. [icassi@gmx.de](mailto:icassi@gmx.de)

**Levitt Frank, Mia. MA, MCC.** Adlerian psychotherapist, master certified coach, and supervisor in private practice. Director of the Adlerian School of Professional Coaching and faculty member of the Adlerian School of Psychotherapy at the Adler Institute in Israel.

**Millar, Anthea, M.A.,** Senior Registered Psychotherapist, Supervisor and Trainer. Vice-President, Adlerian Society UK. Author and Co-Editor UK Adlerian journal. Co-Director, Cambridge Supervision Training. Cambridge, UK. [www.cambridgesupervisiontraining.com](http://www.cambridgesupervisiontraining.com)

**Oberst, Ursula, Ph.D.,** Professor of Psychology, Ramon Llull University, Barcelona; Researcher and author; Child and Family Counselor at the Bio-Institute Dr. Faust, Teknon Medical Center, Barcelona, Spain. <http://www.oberst.es>

**Opriş, Anca, Md,** Psychologist, Psychotherapist, School Counselor, Braşov, Romania.

**Pacurar, Anda,** Adlerian Psychotherapist, ECP Holder Institute of Adlerian Psychology and Psychotherapy, Romania. [www.ippa-hhm.ro](http://www.ippa-hhm.ro), [www.psihocenter.ro](http://www.psihocenter.ro)

**Pelonis, Peggy, MS, MBA, MFT, Ed.D.** Dean of Academic & Student Affairs, American Community School, Athens, Greece. Founder of ISOS Counseling & Educational Center, Author, Researcher. Greece.

**Pollak, Peter,** Adlerian counsellor, Head of Adler-Pollak-Institute, Oppenheim, Germany.  
[www.adler-pollak-institut.de](http://www.adler-pollak-institut.de)

**Radu, Liliana,** Clinical Psychologist and Adlerian Psychotherapist at WeChange Center, Romania.  
[www.wechange.ro](http://www.wechange.ro)

**Rasmussen, Paul R., Ph.D.** Clinical Psychologist. Columbia, South Carolina, USA.  
[icassipr@gmail.com](mailto:icassipr@gmail.com)

**Schläpfer, Christelle, lic.phil.,** former high school teacher, Adlerian Counsellor, Educator and Lecturer. Head of edufamily® - education & counselling for schools & families. Switzerland.

**Shaked, Anabella, Ph.D, MCC.** Adlerian expressive psychotherapist and supervisor in private practice. Psychodramatist. Founder and teacher, the Adlerian School of Psychotherapy and the School of Professional Coaching at the Adler Institute in Israel. Author of the CD series: "The practical guide for the busy parent". Israel.

**Shoham, Noam, B.Ed.F.A.** Geography and Hebrew Teacher and 8th grade Home-Room teacher at Hula-Valley High School. Sde-Nehemia, Upper Galilee, Israel.

**Shoham, Yoav, M.A.,** Educational Guidance and Counseling. Certified Psychotherapist, Adlerian Family and Couple Therapist in private practice. Certified group leader for parenting. Trainer for dealing with Self Curing of Trauma, CBT. Israel.

**Sperry, Jon, Ph.D., LMHC, Dipl. Adlerian Psychology (DNASAP).** Associate Professor of Clinical Mental Health Counseling, Lynn University. Co-Editor-in-Chief, Journal of Individual Psychology. Counseling Specialist at Florida Atlantic University Counseling and Psychological Services. Author, Researcher. Boca Raton, Florida, USA.

**Tate, Bruce, MBACP** (Registered and Accredited) Counsellor, psychotherapist and training facilitator. Co-ordinator of Adlerian Counselling Certificate and Diploma courses at Bottisham Village College, Cambridge, UK. [www.bruceate.co.uk](http://www.bruceate.co.uk)

**Verjee, Begum, M.Ed.** (Counselling Psychology), Ed.D (Educational Leadership & Policy), ACC (Associate Certified Coach). VP Academic & Professor at the Adler Graduate Professional School, Toronto, Canada. LinkedIn: <https://www.linkedin.com/in/begum-verjee-ed-d-36086314/>

**Walton, Frank, Ph.D.,** Psychologist. Consultant to schools and agencies in North and South America, Europe, China and Japan. Executive Director, South Carolina Society of Adlerian Psychology. USA. [www.drfrankwalton.com](http://www.drfrankwalton.com)

**Watts, Richard, Ph.D.** Distinguished Professor of Counseling at Sam Houston State University and Texas State University System Regents' Professor. Huntsville, TX. USA.  
<http://sites.google.com/site/richardwattswebsite/>

## ADMINISTRATIVE STAFF

**Becky LaFountain, Ed.D., Dipl. Adlerian Psychology (NASAP),** Licensed Psychologist. Administrator, USA.

**Betty Haeussler,** Assistant Administrator, Lanham, Maryland, USA.

**Beate Hertl,** Administrative Support Person, Graz, Austria.

**Sabine Landscheidt, LL.M., M.A.,** Political Scientist. Webmaster, Berlin, Germany.

# 10. SCHOLARSHIP AND FINANCIAL ASSISTANCE

A limited number of awards are available for those in financial need:

- a) Major Scholarship: Covers tuition, room and board
- b) Tuition Assistance: Covers tuition fees only

Scholarships and Tuition Assistance are given for individuals who have a clear financial need and who seek to apply Adler-Dreikurs principles more effectively in their work. A letter of recommendation from a past or present ICASSI Faculty or Board member, or a member of a national or regional Adlerian Society, is required. Assistance is not available for travel. The closing date for return of the applications to the designated person for your region is **February 15, 2019**.

Application Forms for MAJOR SCHOLARSHIPS and TUITION ASSISTANCE are available from our website, [www.icassi.net](http://www.icassi.net) or from **Betty Haeussler, 9212 Morley Road, Lanham, MD 20706, USA** or [bettycassi@aol.com](mailto:bettycassi@aol.com) and should be returned to the appropriate Regional Representatives listed below.

## REGIONAL SCHOLARSHIP REPRESENTATIVES

<p><b>WESTERN EUROPE, NORTH &amp; SOUTH AMERICA, AFRICA, ASIA, AUSTRALIA</b></p> <p><b>Betty Haeussler</b> 9212 Morley Road Lanham, MD 20706, USA <a href="mailto:bettycassi@aol.com">bettycassi@aol.com</a></p>	<p><b>EASTERN EUROPE</b></p> <p><b>Erika Echle</b> Dättwilerstrasse 30a, 5405 Dättwil, Switzerland <a href="mailto:echle@bluewin.ch">echle@bluewin.ch</a></p>
<p><b>ISRAEL</b></p> <p><b>Zivit Abramson</b> 9 Zakut Street Tel Aviv 69707, Israel <a href="mailto:zivitabramson@hotmail.com">zivitabramson@hotmail.com</a></p>	<p><b>UK &amp; IRELAND</b></p> <p><b>Anthea Millar</b> 3 Proctor Drive, Trumpington, Cambridge CB2 9BU, UK <a href="mailto:antheamillar4@gmail.com">antheamillar4@gmail.com</a></p>
<p><b>GREECE</b></p> <p><b>Danai Papadatou</b> 10 Llias Street, Halandri, Athens, 11527 Greece <a href="mailto:dpap@nurs.uoa.gr">dpap@nurs.uoa.gr</a></p>	<p><b>MALTA</b></p> <p><b>Joyce Callus</b> Chanson, Black Sea Street, The Village, San Gwan, SGN 07, Malta <a href="mailto:callus@maltanet.net">callus@maltanet.net</a></p>

# 11. REGISTRATION : DUE DATES, FORMS, PROCEDURES AND VISAS

## CHART OF DUE DATES: ACTION NEEDED

## DUE DATE

Scholarship Application	February 15, 2019
Letter of Invitation Request for Travel Visa	April 1, 2019
Final Payment (otherwise € 75 will be added)	June 15, 2019
Request for Tuition Refunds (cancellation fee applies)	June 15, 2019
Request for Room Refunds (cancellation fee applies)	June 15, 2019
Registering for classes and rooms*	Available on first come basis

\*Registration for ICASSI will close if we reach the capacity of the facilities

## ONLINE REGISTRATION

The easiest method to register and pay for ICASSI is to use the online registration form at [www.regonline.co.uk/icassi2019](http://www.regonline.co.uk/icassi2019) or through the hyperlink found on our website [www.icassi.net](http://www.icassi.net). This online system will guide participants through the process of registering and allow the use of Visa, Master Card, or PayPal account. It will also allow participants to pay by check or bank transfer if preferred. All payments this year are based on Euro. At the time of registration, all individuals/families must make a deposit: € 300 for individuals; € 550 for families. **All final payments are due by June 15, 2019. Registration after June 15, including onsite registration, will include remaining balance, plus a € 75 processing fee. Those who have not paid their final balance will not be allowed to attend ICASSI courses/programs.**

## MAIL REGISTRATION

Persons who prefer to register by mail are to use the forms (A, B, C, D) at the end of the book and follow these steps.

**Form A:** Identifying Information: Fill out for each person. Please ensure the information is complete and legible, particularly the email address.

**Form B:** Course Choices: Fill in the course numbers given in the booklet. Provide three choices in case your first choice is already full.

**Form C:** Calculation of Fees: Check the Fee Schedule to determine the tuition and accommodation/meal costs for each person being registered and total all fees.

**Form D:** Dietary Needs. Fill in for each person.

**Payment of Fees:** Payments are payable to ICASSI in EURO. Please notice that a deposit of at least € 300 (or € 550 for a family) should be made at the time of registration, and that the balance is due by June 15, 2019.

If paying by bank transfer make sure you send a copy of your receipt to Betty Haeussler, c/o ICASSI, 9212 Morley Road, Lanham, MD 20706 USA or scan it and send to **bettyicassi@aol.com**. Registration is confirmed when the completed and signed forms are received along with a receipt showing proof of payment.

## **EARLY REGISTRATION DEDUCTIONS**

Tuition reductions are given only for adults booking before March 31st. Not everyone is eligible for an early bird discount - only adults (other than eastern Europeans) get this discount.

## **GROUP RATES**

**(Please note the procedures have changed from previous years.)**

If six adults or students register TOGETHER, they will receive a 15% discount from their tuition.

**Registering “TOGETHER”** means that one person is responsible for contacting the administrator and providing the names and emails of the group members, as well as sending in the down-payment for the entire group in one payment. Once the down-payment is received for the entire group, the administrator will contact each member of the group and let them know that their account has been opened and each member can register for classes and accommodations. It ALSO MEANS there are NO REFUNDS on the down-payment for anyone who drops out of the group or fails to follow through. After the down-payment is made for each group member, the ICASSI administrator will apply the group discount and each group member will be expected to pay the remaining balance by June 15, 2019. For groups of 20 or more, please contact the administrator for arrangements.

## **REDUCED FEES**

Reduced tuition prices are available for persons mostly from the Eastern European countries of: Belarus, Bulgaria, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, Romania, Russia, Slovakia, Turkey and the Ukraine. Persons from India, Malaysia and Singapore are also eligible for this reduction.

If 8 Reduced Tuition Adults register TOGETHER, they will receive a 15% discount from their tuition. Please see above for the definition of Registering Together.

## PAYING FOR ICASSI

There are four ways to pay for ICASSI:

1. By using Visa, MasterCard or PayPal when registering online at:  
**[www.regonline.co.uk/icassi2019](http://www.regonline.co.uk/icassi2019)**
2. Direct Bank Transfer by sending the payment directly to the bank at the following:

**ICASSI**

**Sparkasse Aachen**

**Account No.: 3400 470**

**IBAN: DE 95 3905 0000 0003 4004 70**

**SWIFT-BIC: AACSD33**

Receipts for bank transfers should be scanned and emailed to **[bettyicassi@aol.com](mailto:bettyicassi@aol.com)** or sent to:  
**Betty Haeussler, c/o ICASSI, 9212 Morley Road, Lanham, MD 20706 USA.**

3. By paying with a check in current US Dollar equivalents by sending to:

**Betty Haeussler**

**9212 Morley Road**

**Lanham, MD 20706 USA**

## REFUND POLICY

**Tuition:** Requests for tuition refunds must be made prior to June 15, 2019. No refunds will be made after that date except in extraordinary circumstances at the discretion of the Administrator.

**Accommodation:** Requests for accommodation refunds must be made prior to June 15, 2019 due to commitments to the facilities. No refunds will be made after that date except in extraordinary circumstances at the discretion of the Administrator and in accordance with the policies of the facilities. In the event participants need to check out earlier than originally scheduled, participants must cancel with the ICASSI office. However, no partial refunds are given for persons who leave early. If participants want to extend their stay, (e.g., add week 2) and the facilities can accommodate them, they need to request it through the ICASSI office and pay any fees that the local accommodation may charge.

In all cases of refunds, an administrative fee of € 50 per person or € 75 per family will apply.

## TRAVEL VISAS

It is up to each participant traveling to ICASSI to check whether they will need a travel visa to attend ICASSI held in Romania. They can check with their own country's office of the consulate. Often the application process will require a Letter of Invitation from the administrator of ICASSI. Since the application process can take several months, individuals needing a Letter of Invitation **must make their request by April 1, 2019**. They are to send their request to the administrator at **info.icassi@gmail.com** and allow a maximum of 10 days for a reply from the administrator. They must include their birth date in their request.

## FURTHER INFORMATION

Further detailed Information regarding travel directions, registration, accommodation, contact information while attending ICASSI, and weekend trips to points of interest, etc. will be included in a letter sent to all registered participants in June, 2019. It is recommended that any participant registered prior to June 15 who has not received the letter of confirmation and other detailed information by June 20 should contact the administrator at **info.icassi@gmail.com**.

**Important Note:** Since all communication regarding ICASSI occurs by email, it is important that participants check their email (including their spam account) on a regular basis.

# ICASSI 2019 REGISTRATION FORM

Registration is also available online at [www.regonline.co.uk/icassi2019](http://www.regonline.co.uk/icassi2019)

## PART A: IDENTIFYING INFORMATION

PLEASE COMPLETE THIS FORM, INCLUDE COPY OF RECEIPT FROM BANK TRANSFER OR CHECK FOR DEPOSIT AND SEND TO:

**Betty Haeussler**  
**9212 Morley Road**  
**Lanham, MD 20706 USA**

This form is also available for download from [www.icassi.net](http://www.icassi.net)

## PARTICIPANTS:

First & Last Name	Gender	Profession
1.		
2.		

**Children and Youths under 18:** Please give date of birth and **exact age** of children and youth (age as of July 14, 2019 registration day) to assist in arranging staff for the children's and youth courses.

Name of Child/Youth	Date of Birth	Gender	Age
1.			
2.			
3.			
4.			

Mailing Address: Please use block capitals if hand printing

House Number & Street .....

City ..... Province/ State .....

Country ..... Postal/ Zip Code .....

Telephone Number ..... Fax Number .....

Email .....

Please ensure your email address is very clearly written as we communicate primarily by E-mail.

List any handicap accommodations needed or health concerns\* .....

\*\*In case of emergency contact: .....

\*\*Phone Number of emergency contact: .....

\*\*Email of emergency contact: .....

\*This background information is needed in case of emergency.

\*\*This information is requested in case of health or other emergencies.

## PART B: COURSE CHOICES:

Name of Participant 1:

EITHER Type A					OR Type B	
	Week 1		Week 2		Week 1	Week 2
	AM	PM	AM	PM	Full day	Full day
1st Choice						
2nd Choice						
3rd Choice						

Name of Participant 2:

EITHER Type A					OR Type B	
	Week 1		Week 2		Week 1	Week 2
	AM	PM	AM	PM	Full day	Full day
1st Choice						
2nd Choice						
3rd Choice						

Children and Youths under 15 participate in designated classes. Please list their names and indicate whether they will take part in the Children's Program.

Child's name	Yes/No
1.	
2.	
3.	

Youths 16-17 will be enrolled in A220/A420 in the mornings but may select an afternoon class from the main curriculum from among those courses open to youth or attend the youth recreation program A320/A520. Please indicate the name and course selection on the next page:

	Week 1		Week 2	
Name of Youth aged 16-17	AM	PM	AM	PM
	A220		A420	
	A220		A420	
	A220		A420	

## PART C: CALCULATION OF FEES (PAGE 1 OF 2) – TUITION

All fees are based on Euros (€)

TUITION	One Week	Both Weeks	# Persons 1 week	# Persons 2 weeks	Total
Early Bird Adult (Before March 31 <sup>st</sup> )	€410	€680			€
Adult	€460	€740			€
College Student*	€360	€450			€
Youth (12-17)**	€220	€350			€
Child (4 - 11)	€145	€220			€
REDUCED FEES***					€
Adult	€220	€350			€
Youth (12-17)	€170	€265			€
Child (4-11)	€120	€190			€
Special Tuition****	€80	€160			€
<b>TOTAL</b>	<b>Line 1: Carry to next page</b>				€

\* Full time University or College students in academic year 2018/2019 or 2019/2020

\*\* All ages are based on age as of July 14, 2019

\*\*\* To be eligible for this fee you must live in one of the countries listed on p.37

\*\*\*\* Fee for adult partners of participants when partners do not take classes and stay in ICASSI accommodations

## ACCOMMODATIONS: ROOM AND BOARD & OFF-SITE FEES

Accommodation fees include room, breakfast and dinner each day starting the evening meal of your day of arrival (beginning July 14, 2019), opening reception, farewell dinner, coffee breaks and administrative fees. Note: It does not include dinner for the mid-weekend Saturday.

Single rooms with private baths (ensuite) are very limited and will be offered on a first-come, first-serve basis. All accommodation types are limited. Participants will be contacted for an alternate choice if the type chosen is fully booked. Prices listed are all per person. There are minor reductions in accommodation rates for children or youth in select room choices in IBIS Hotel Only.

## PART C: CALCULATION OF FEES (PAGE 2 OF 2)

**Note:** Rates apply to children, youth and Adults (there are minor reductions for children and youth in IBIS hotel sharing a room with an adult). July 13 and July 27 is bed and breakfast only.

Accommodation	One Week	Both Weeks	# for 1 week	# for 2 weeks	July 13	July 27	TOTAL
<b>IBIS Hotel - Per Person</b>							
Single Rm. (ensuite bath) Online registration only for single in IBIS due to limited availability	€510	€1085			+ €82.50 p.p.	+ €82.50 p.p.	
Double Rm. (en-suite bath)	€365	€770			+ €58.50 p.p.	+ €58.50 p.p.	€
Child or Youth sharing Double Rm.+	€300	€650			+ €50 p.p.	+ €50 p.p.	€
<b>Continental Hotel - Per Person</b>							
Single Rm. (ensuite bath)	€640	€1370			+ €110 p.p.	+ €110 p.p.	€
Double Rm. (ensuite bath)	€520	€1110			+ €85 p.p.	+ €85 p.p.	€
<b>Student Housing (No A.C.) – Per Person</b>							
Single Room (Ensuite bath)	€250	€525			+ €40 p.p.	+ €40 p.p.	€
Double Room (Ensuite bath)	€240	€485			+ €38 p.p.	+ €38 p.p.	€
Triple Room (Ensuite bath)	€230	€470			+ €37 p.p.	+ €37 p.p.	€
Room for four persons (Ensuite bath)	€220	€450			+ €36 p.p.	+ €36 p.p.	€
<b>**Off-Site Fee</b>							
**Off-Site Fee Adult, Youth, and Children	€80	€130					€
<b>Optional Meals</b>							
Lunch per person at Student Housing (available for all participants)	1 week €40	2 weeks €80					€
TOTAL FROM ABOVE	Line 2						€
<b>TOTAL TUITION</b>	Line 1 (from previous page)						€

TOTAL TUITION + ACCOMMODATION	Line 2 + Line 1			€
IF AFTER JUNE 15 ADD A PROCESSING FEE OF €75	€75			€
SUBTRACT DEPOSIT	Individual: €300; Family: €550			€
BALANCE DUE				€
SCHOLARSHIP FUND ++	Please list me on the web _____			€
<b>TOTAL</b>	<b>Payable by June 15, 2019</b>			€

- \* If you are staying anywhere other than in these accommodations, you must pay the Off-Site Fee. This helps cover our costs for classrooms, aula, coffee breaks, administrative fees, receptions, and the Friday evening farewell dinners to which all are invited.
- + If you chose double accommodations, please provide the name of the individual with whom you would like to share, otherwise we will assign you a roommate of your same gender at random.

Roommate: .....

++ Scholarship Fund: ICASSI strives to keep fees for tuition and accommodations as low as possible. Despite all best efforts, donations are needed to permit ICASSI's programs to continue to be offered and to keep prices down. ICASSI tries to provide high quality continuing education at the lowest prices possible.

Individuals are asked to consider giving a donation when registering (or even if not registering), individuals can donate on the website or send a contribution to ICASSI using the bank account number listed under "Paying for ICASSI." Supporters will be listed as Fund contributors on the website if permission is given to do so. Thank you.

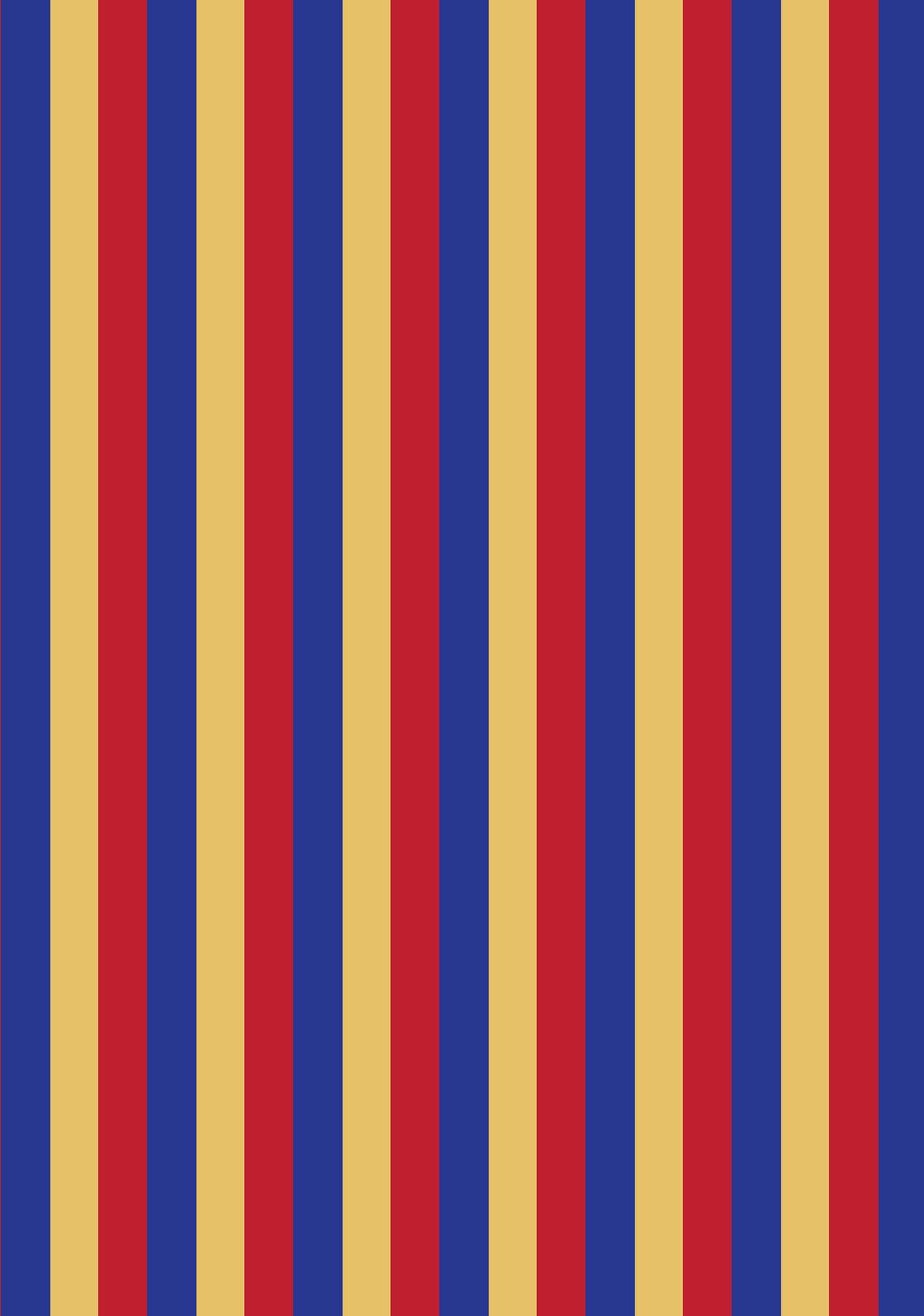
## PART D: DIETARY

The IBIS Hotel will serve a buffet style dinner. In order to prepare enough vegetarian entrees we are asking you to indicate the name of those persons who are vegetarian.

Name \_\_\_\_\_  
 \_\_\_\_\_ is vegetarian

Name \_\_\_\_\_  
 \_\_\_\_\_ is vegetarian

Name \_\_\_\_\_  
 \_\_\_\_\_ is vegetarian



**SIBIU, ROMANIA**



For information:  
[info.icassi@gmail.com](mailto:info.icassi@gmail.com)  
[www.icassi.net](http://www.icassi.net)