

57th
International
Rudolf Dreikurs
Summer School

**Courses in Adler / Dreikurs Theory and Practice** 

**July 21 - August 3, 2024** 

Kloster Steinfeld, Kall, Germany

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## WELCOME

The International Committee for Adlerian Summer Schools and Institutes invites you to the 57th Rudolf Dreikurs Summer Institute!

The Faculty, Board and Administrative team members all look forward to seeing you in Steinfeld, Germany, in the region of the Eifel, south of Cologne.

Following the pioneering spirit of Alfred Adler and Rudolf Dreikurs the participants will experience enriching learning opportunities in an international atmosphere that enhances Social Interest. It is needed more than ever.

We live in a world that is threatened and threatening. Last year 2023 we had to experience horrible events worldwide, natural catastrophes, terror and war. Among them were the terrible earthquake in the border region of Turkey and Syria in February where more than 50.000 people died; the forest fires in Canada, Hawaii and the Mediterranean region in summer which caused a lot of damage to nature and people who lost their homes; the big earthquakes in Morocco and later in Afghanistan in autumn, and heavy rain in Libya causing flood. The ongoing war in Ukraine and the October 7th attacks and the subsequent war in Israel/Gaza led to thousands of dead and injured and refugees trying to live on in different countries with new cultures and languages. Lots of adults and children are traumatized by experience their losses.

Individual psychology, developed by Alfred Adler and Rudolf Dreikurs, is as relevant as ever, with its focus on cooperation, equality and mutual respect between individuals and groups and its understanding of the whole person in today's complex, fast changing and threatening world.

Our summer institute provides a unique opportunity to learn and share experiences with colleagues from around the world. Participants will acquire knowledge and learn practical skills that will serve them in their professional and personal lives. Classes will deal with contemporary challenges in areas of parenting, couple relationship, school, counseling, clinical practice, workplace problems, multicultural living and more.

As a professional offering counseling, coaching, supervision or therapy, as a parent or lay person, you will benefit from the life-changing learning experience of the summer institute 2024 in Steinfeld.

Eva Dreikurs Ferguson

Co-Chair ICASSI

#### 1. ICASSI PROGRAM AT-A-GLANCE

Participants should plan to arrive on Sunday afternoon of the week their participation begins and depart Saturday morning of the week their participation ends.

# Week 1

Sunday, July 21	Participants for Week 1 and both Weeks Arrive (check in 15:00)
14:00-19:00	ICASSI Registration
20:00	Opening Ceremony
Friday, July 26	
17:30	Closing Ceremony
19:00	Special Dinner for All Participants
Saturday, July 27	Week 1 Participants Depart

Monday to Friday, Week 1 and 2

Monday to Filad	y, week i uliu z	
07:00 - 8:00	Bloc 0 Exercise	
07:30 - 8:45	Breakfast	
09:00 – 10:30	Plenary Sessions	
	Children and Youth Cours	ses
10:30 – 11:00	Coffee Break	
11:00 – 13:00	Morning Courses	-Half-Day Courses
		-Full-Day Courses
13:00 – 14:30	Lunch break	•
14:30 – 16:30	Afternoon Courses	- Half-Day Courses
		- Full-Day Courses
16:45 – 17:45	Special Presentations**	
	Tuesday, Wednesday and	l Thursday
18:00 - 19:30	Dinner	
20:00 – 21:15	<b>Evening Sessions (Monda</b>	ay, Wednesday and Friday)

<sup>\*\*</sup> Special Presentations are sessions that provide an opportunity for participants and faculty to present a subject of their own choice in seminar format. A list of each day's special presentations is in the daily ICASSI Newsletter. Persons interested in presenting are requested to turn in their request early in the week.

#### Week 2

Sunday, July 28	Participants for Week 2 Arrive
16:00-19:00	ICASSI Registration for Week 2 Arrivals
20:00	Welcoming Ceremony for All
Friday, August 2	
17:30	Closing Ceremony
19:00	Farewell Banquet for All Participants
Saturday, August 3	All Participants Depart

#### 2. COURSE SELECTION GUIDE

ICASSI offers a variety of course options to meet participants' learning needs and interests, whether one registers for the first week, the second week, or for both weeks. Each morning from 09:00 to 10:30 there is a plenary lecture and demonstration. Following the plenary lecture, participants choose either two half-day courses or a full-day course per week.

**DISCLAIMER:** ICASSI reserves the right to change or cancel course offerings as necessary for programmatic reasons, e.g., if courses do not have minimum number registered, faculty illness, etc.

#### Languages:

Alfred Adler and Rudolf Dreikurs were native German speakers so their first publications on Individual Psychology were in German and it therefore has strong roots in the German language. Until today, ICASSI has lived up to this tradition and offers translations of the lectures to German and English. Also some courses are offered in both languages. However, if all participants of that course agree on one language it will be held in the agreed language.

Course descriptions and educational objectives for plenary lectures and courses are to be found on the website www.icassi.net

#### 3. PROGRAM WEEK 1

# PLENARY LECTURES FOR WEEK 1, 9:00 - 10:30

Monday July 22	The current relevance of IP – Eva Dreikurs Ferguson Examples are given of how Adlerians understand behavior, thinking, and emotions. Goals and private logic are important concepts, as are Social Interest, Life Style, and 'the need to belong.'  ICASSI: past, present, future- Uti Landscheidt This plenary will show ICASSIs endeavor to help professionals, students, and lay persons learn the teachings of Adler and Dreikurs and master appropriate skills, while striving to create an atmosphere of social interest, mutual respect and diversity.
Tuesday	Leadership and the Crucial Cs in War, Home and Office- Elli von Planta
July 23	Leadership has become a buzzword over the last decades. In this presentation, the Crucial Cs are used as the basis of understanding of what a leader has to deliver, why and when. We will look at leadership in its various forms: first in its origin (war). Then, looking at leadership in our homes where children have to be led, and finally at leadership in the workplace, with different priorities being relevant. Those different priorities in the social versus the economic world are going to be examined as well as the effect on people and their states of mind.
Wednesday	From the striving for power to a meaningful life - Ursula Oberst
July 24	Individual Psychology is the first psychological approach that has related psychological problems directly to a concept so vast and striking as the idea of POWER. Alfred Adler defined the striving for power or for superiority as the core issue not only of psychological disorders, but of psychological suffering in general and also of the suffering people inflict on others. This presentation will show how Adlerian Psychology can serve as a model not only to understand but also to transform the pressing socio-ecological crisis of our contemporary society, and promote change not only on an individual but also on a social and sociological level.

Thursday	Lifestyle and Dreams –Gerhard Baumer
July 25	This plenary will show how we psychologically process everyday experiences or unresolved conflicts/traumas in nightly dream experiences - and this according to our private logic, our apperception schema.
	Gerhard will outline the similarities and differences in working with ERs and dreams and show demonstration of lifestyle work with dreams in a demonstration.
Friday	Adolescents in a today's world – Anda Pacurar
July 26	Looking back in every era adolescents were looked with concern and distrust and many people expressed worries regarding the future of mankind considering "the new generation". And still the world survived and developed quickly also thanks to innovative ideas that came from youth. Looking now to the reality that they are facing it s time to learn from them how they handle: bullying, gender, losses, relationships etc.

# **OVERVIEW: WEEK ONE - COURSES**

# MORNING COURSES, 11:00 TO 13:00

		Language	
Course Number, Instructor and Course Title	English	German	
101 - Bärtschi. Ruth -Schreibwerkstatt		Х	
102 - Baumer, Gerhard - Working with Dreams/ Traumarbeit	Х	Х	
103 - Bluvsthein, Marina - Using metaphors: A gift of metamorphosis for each of you	Х		
104 - Callus, Joyce - Parenting - There must be another way	Х		
105 - Hillenbrand, Andrea - Self-Care/ Selbstfürsorge	Х	Х	
106 - Joosten, Theo - Cooperative Problem Solving	Х		
107 - Kottman, Terry - Sand Tray Play Therapy	Х		
108 - Landscheidt, Uti - Art Therapy and Lifestyle/ Kunsttherapie und Lebensstil	Х	Х	
109 - Levitt-Frank, Mia - "From vision to reality" -making a difference in your community	Х		
110 - Millar, Anthea - Safe Trauma Therapy	Х		
111 - Oberst, Ursula - Working with the treasures of early recollections	Х		
112 - Tate, Bruce - Personal growth and development	Х		

# AFTERNOON COURSES, 14:30 TO 16:30

		Language	
Course Number, Instructor and Course Title	English	German	Open to Youth
201 - Ferguson, Eva Dreikurs - IP in the Workplace (1+2) online - facilitator Marina Bluvsthein	Х		
202 - Fröhlich-Dithmer, Christa - Geschwisterkonstellation und Auswirkung im Beruf		Х	Х
203 - John, Karen - Group Dynamics & Facilitation	Х		
204 - Kottman, Terry - Using Active Games and Challenge Activities in Adventure Therapy	Х		Х
205 - Levitt-Frank, Mia - Working with challenging ER's	Х		
206 - Millar, Anthea - Developing your Supervision Skills: A Relational Approach	Х		
207 - Oberst, Ursula - Fundamentals of Individual Psychology	Х	Х	Х
208 - Pacurar, Anda - Adlerian approach to dynamics of psychopathology	Х		
209 - Rasmussen, Paul- Emotions and Private Logic	Х		Х
210 - Schläpfer, Christelle- Lifestyle and parenting style/ Lebensstil und Erziehungsstil	Х	Х	
211 - Strubel, Ulrike Machtkampf - Nein danke!		Х	
212 - Todorova, Vera - Building bridges between families & schools	Х		Х
213 - Williams, Hallie - Social Justice and Individual Psychology	Х		Х

# Or ONE FULL-DAY Course

# Full-Day Courses 11:00 to 13:00 and 14:30 to 16:30

	Language		Open
Course Number, Instructor and Course Title	English	German	to Youth
301 - Armerding, Calvin & Hill, Lindsay - Adlerian Couples Counseling	Х		
302 - Holder, Jim - Addictive Behaviors and Re-orientation	Х		

# 4. PROGRAM WEEK 2

# PLENARY LECTURES FOR WEEK 2, 9:00 - 10:30

Monday July 29	Managing Emotions: The Importance of Psychological Muscle - Paul Rasmussen Emotions are not diseases. Our emotions are critical features in our orchestration of life. They validate our successes and compel us into useful action. The balance of validating and compelling feelings depends on our psychological muscle. Life is challenging and those challenges are felt emotionally. Do we have the muscle necessary to meet those challenges? In this presentation, we will consider our lifestyle strengths and vulnerabilities and their relationship to our emotions.
Tuesday July 30	The Courage to Be Ordinary - Vom Mut, ganz gewöhnlich zu sein - Andrea Hillenbrand Based on the principles of Individual Psychology we will explore the efforts of individuals to assert their worth and significance by striving to be extraordinary. Individual Psychology teaches us otherwise: Each of us carries inherent value. An alternative to the overcompensation is to place the Gemeinschaftsgefühl at the center of our focus. When we free ourselves from constant self-presentation or the race for recognition, we can focus on what truly matters.
Wednesday July 31	Culture and ERs - Mia Levitt-Frank  According to Individual Psychology, various factors influence individual subjectivity and lifestyle, including culture. As Shulman and Mosak (1995) suggested, culture provides perspectives on the world and fosters lifestyle tendencies. Socio economic class is a form of culture that impacts lifestyle. Early recollections, in turn, reveal individual lifestyle including perceptions, beliefs, and behavior patterns.  This presentation will highlight influences on lifestyle with a specific emphasis on the role of culture. It will introduce an innovative study on the impact of socio-economic status on individual subjectivity, through the exploration of early recollections. Results of the study illuminate class related tendencies, and emphasize the importance of cultural sensitivity in therapeutic, counseling and educational interventions.
Thursday August 1	Open forum family education demonstration – Marina Bluvshtein The Open Forum Family Education Demonstration is based on the original model developed by Rudolf Dreikurs and further expanded by the next generations of Adlerian practitioners. The demonstration focuses on the collaborative exploration of challenges experienced by a family and the collaborative search for strengths-based solutions.

# Friday August 2

# I know what I want and I want it NOW! The challenges of sustainability - Bruce Tate

The growth of human population brings with it increased demands for a variety of requirements such as land, food and other manmade and natural resources. This is happening against a growing awareness of human impact on the environment and climate and of cultural and geopolitical changes. This presentation will consider some the global challenges in light of Adlerian theory and its practical application.

# **OVERVIEW: WEEK TWO - COURSES**

# MORNING COURSES, 11:00 TO 13:00

		Language	
Course Number, Instructor and Course Title	English	German	
401 - Armerding, Calvin- Adlerian Counseling Methods	Х		
402 - Bluvshtein, Marina- Adlerian Psychology in places, faces, and many voices	Х		
403 - Cechova, Daniela - IP, Psychological Immunity and Trauma	Х		
404 - Greenhalgh, Bruce - Crisis Intervention	Х		
405 - Hill, Lindsay - Creative Methods to Rekindle and Improve Intimacy	Х		
406 - John, Karen - Leadership in action	Х		
407 - Joosten, Theo - Cooperative Problem Solving	Х		
408 - Landscheidt, Uti - Advanced Art Therapy and Life Style/ Kunsttherapie für Fortgeschrittene und Lebensstil	Х	Х	
409 - Matti, Kathrin - Mediation aus Adlerianischer Perspektive		Х	
410 - Molan, Karen - Adler and Dreikurs on Health	Х		
411 - Rasmussen, Paul - Clinical Tactics in Intervention	Х		
412 - Shoham, Yoav - The Art of Encouragement	Х		
413 - Sperry, Jon - Adlerian conceptualization and lifestyle assessment	Х		
414 - Tate, Bruce - It's All Fiction: Creativity and Private Logic	Х		
415 - Uzun, Bilge - Lifestyle and Mindfulness	Х		
416 - Williams, Hallie - Adlerian principles in community psychology	Х		

# AFTERNOON COURSES, 14:30 TO 16:30

		Language	
Course Number, Instructor and Course Title	English	German	to Youth
501 - Cechova, Daniela- Adlerian Group Therapy	Х		
502 - Christophe, Dalia - Coaching to establish healthy couple relationships	Х		
503 - Cice, Joseph - Crucial Cs and Technology	Х		Х
504 - Ferguson, Eva Dreikurs - IP in the Workplace (1+2) online - facilitator Marina Bluvshtein	Х		
505 - Hillenbrand, Andrea - Alcohol addiction/ Alkoholabhängigkeit	Х	Х	
506 - Kottman, Terry - How to Talk So Gamers Will Listen and Listen So Gamers Will Talk	Х		
507 - Levitt-Frank, Mia - Supervision with early recollections	Х		
508 - Molan, Karen - Birth Order and Negotiation	Х		
509 - Pacurar, Anda - Understanding adolescents	Х		Х
510 - Schafer, Alyson - Helping Families Thrive Using Adlerian Theory and Techniques.	X		X (With parents)
511 - Schläpfer, Christelle - Dealing with (Cyber)Bullying/ Umgang mit (Cyber) Mobbing	Х	Х	
512 - Sperry, Jon - Motivational Interviewing in IP Practice	Х		
513 - Strubel, Ulrike - Familienrat – Hier gewinnen alle!		Х	
514 - Uzun, Bilge - Psychodrama and Family Constellation	Х		
515 - Williams, Hallie - Individual Psychology: Concepts, Theory, and its Development	Х		

# 5. YOUTH AND CHILDREN PROGRAMS

Youths' Program			
Early Mornings during Plenary	Mornings Afternoons		
Y-1 Youth Recreation Greg Posyniak (W1), Itamar Abramson (W2)	Y-2 Personal Development for Youths 12-17 Noam Shoham	Y-3 Youth Recreation Itamar Abramson (W1), Greg Posyniak (W2)	

Children's Program			
Early Mornings during Plenary	Mornings	Afternoons	
C-1 Children's Recreation	C-2 Children's Program	C-3 Children's Recreation	
Magnus Irvine, Itamar Abramson (W 1); Anda Pacurar, Shuli Zheng (W2)	Magnus Irvine (W1 + W2), Andreea Popa (W1), Aiste Vaisnore (W2)	Andreea Popa & Shuli Zheng (W1), Magnus Irvine & Eric Pacurar (W2)	

6. ICASSI BOARD OF DIRECTORS, FACULTY & STAFF	
Honorary Chairperson:	Sadie E. "Tee" Dreikurs, USA (Deceased)
Co-Chairpersons:	Eva Dreikurs Ferguson, USA Theo Joosten, The Netherlands Uti Landscheidt, Germany
Secretary-Treasurer:	Karen John, UK
Board Members:	Marina Bluvshtein, USA Mia Levitt-Frank, Israel Anda Pacurar, Romania Hallie Williams, USA

# **ICASSI 2024 FACULTY**

Abramson, Itamar, Israel Armerding, Calvin, MA., USA Bartels, Lutz, Germany Bärtschi, Ruth, Switzerland **Baumer, Gerhard,** Germany Bluvshtein, Dima, USA Bluvshtein, Marina, Ph.D., USA Callus, Joyce, M.A. (Lond), Malta Cechová, Daniela, Slowakia Christophe, Dalia, MA, Israel Cice, Joseph, Ph.D., USA Ditscher, Achim, Germany Ferguson, Eva Dreikurs, Ph.D., USA Fröhlich-Dithmer, Christa, Germany Greenhalgh, Bruce, MA. BACP, UK Hill, Lindsay K., M.Ed., LPC, USA Hillenbrand, Andrea, Germany Holder, Jim, M.A., USA Holdsworth, Jace. UK Irvine, Magnus, Msc., UK John, Karen, Ph.D., UK Joosten, Theo, Netherlands Kottman, Terry, Ph.D., USA Landscheidt, Uti, Germany

Levitt Frank, Mia. Ph.D., Israel Matti, Kathrin, Switzerland Lew, Amy, Ph.D, USA Millar, Anthea, M.A., UK Molan, Karen, Ireland Oberst, Ursula, Ph.D., Spain Pacurar, Anda, M.A., Romania Pacurar, Eric, Romania Popa, Andreea, Romania Posyniak, Greg, Germany Rasmussen, Paul, Ph.D., USA Schafer, Alyson, Canada Schläpfer, Christelle, M.A., Schweiz Shoham, Noam, B.Ed.F.A., Israel Shoham, Yoav. M.A, Israel Sperry, Jon, Ph.D., USA **Strubel, Ulrike,** Germany Tate, Bruce, MBACP, UK Todorova, Vera, Ph.D., Bulgaria Uzun, R. Bilge, Prof. Dr., Turkey Vaisnore, Aiste, Denmark Von Planta, Elli, Schweiz Williams, Hallie M., M.A., USA Zheng, Shuli, China

#### **ADMINISTRATIVE STAFF**

**Landscheidt, Sabine, M.A., LL.M.,** Administrator, Germany. **Cice, Joseph A., Ph.D.,** Assistant Administrator, USA.

Hertl, Beate, Administrative Support Person, German Speaking Contact Person, Austria.

#### 7. SCHOLARSHIP AND FINANCIAL ASSISTANCE

As part of ICASSIs mission to spread the teachings of Alfred Adler and Rudolf Dreikurs, ICASSI offers a limited number of awards for those in financial need:

a) Major Scholarship: Covers Summer School Package, room and board

b) Tuition Assistance: Instead of paying the full Summer School Package, these recipients will pay 175€ which covers the cost of 4 dinners each week, morning coffee and opening and closing ceremonies. Their tuition costs are covered.

Scholarships and Tuition Assistance are given to individuals who have a clear financial need and who seek to apply Adler-Dreikurs principles more effectively in their work. A letter of recommendation from a past or present ICASSI Faculty or Board member, or a member of a national or regional Adlerian Society, is required. Assistance is not available for travel.

Application Forms for MAJOR SCHOLARSHIPS and TUITION ASSISTANCE are available from our website, www.icassi.net or from Joe Cice josephicassi@gmail.com. The application form should be returned to Joe Cice by midnight (EST) February 15, 2024.

# 8. REGISTRATION: DUE DATES, FORMS, AND PROCEDURES CHART OF DUE DATES

ACTION NEEDED	DUE DATE
Scholarship Application	February 15, 2024
Early Registration Deduction	March 31, 2024
Letter of Invitation Request for Travel Visa *	April 1, 2024
Registration by (registration possible after this date,	May 24, 2024
but late registration fee applies)	
Final Payment (otherwise 75€ will be added)	June 15, 2024
Request for Tuition Refunds (cancellation fee applies)	June 15, 2024
Request for Room Refunds (cancellation fee applies)	June 15, 2024
Registering for classes**	Available on first come basis**

<sup>\*</sup>Requests after April 1 will incur a processing charge of 25€

## **ONLINE REGISTRATION**

Registration is possible through: ICASSI.cventevents.com

If you experience any problems with registration, please contact the administrator Sabine Landscheidt @ info.icassi@gmail.com

#### OFFLINE REGISTRATION

Participants who prefer to register by mail shall send an email to the administrator to receive the form.

**Payment of Fees:** Payments are payable to ICASSI in EURO. Please notice that a deposit of at least 300€ (or 550€ for a family) should be made at the time of registration, and that the balance is due by June 15, 2024.

#### EARLY REGISTRATION DEDUCTIONS

If you are an adult (general admission) registering before March 31st you will benefit from an early registration deduction.

#### **GROUP RATES**

Please consult the website for information about the group rates.

#### REDUCED FEE

Countries (regions) are the Eastern European countries of: Bulgaria, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, Romania, Slovakia as well as India, Latin America, Malaysia, Morocco, Russia, Singapore, Turkey and Ukraine.

All further information (Refund policy, Travel Visas, etc.) can be found on the website at icassi.net

#### **PRICES**

# Summer School Package

The Summer School Package includes tuition, dinner on Sunday, Monday, Wednesday and Friday of each week, registration drinks, opening and welcome reception, farewell dinner, coffee breaks and organizational fees. Note: It does not include dinner on Tuesday, Thursday or Saturday. You can buy meal tickets when you register for the summer school at 42€ for the Tuesday and Thursday dinner per week (Possible until May, 24th, 2024)

<sup>\*\*</sup>Registration for ICASSI will close if we reach the capacity of the facilities.

SUMMER SCHOOL PACKAGE	One	Both
SUMMER SCHOOL PACKAGE	Week	Weeks
Early Bird Adult (Before March 31st)	620€	1100€
Adult	670€	1160€
College Student*	570€	870€
Youth (12-17)**	430€	770€
Child (4 - 11)	355€	640€
REDUCED FEES***		
Adult/College Student	430€	770€
Youth (12-17)	380€	705 €
Child (4-11)	330€	610€
Fee for accommodating partners***	290€	580€

<sup>\*</sup>Full time University or College students in academic year 2023/2024 or 2024/2025

# **Accommodations: Room and Breakfast**

Accommodation fees include room and breakfast. Prices listed are all per person.

ACCOMMODATION (all have limited capacity; if there is no availability you have to choose a different accommodation type)	One Week (6 nights)	Both Weeks (13 nights)
Hotel New Guesthouse – Per Person		
Single Room (ensuite bath)	475€	1030€
Double Room for single occupation (after single room capacities have been reached)	660€	1430€
Double Room (2 Twinbeds which can be zipped together to form a Queen Size bed) (ensuite bath) - per person	330€	715€
Child under 14 on couch as an additional third person in a double room (including breakfast) - limited availability	160€	345€
Child under 6 on couch as an additional third person in a double room (including breakfast)	Free	Free

<sup>\*\*</sup> All ages are based on age as of July 15, 2024

<sup>\*\*\*</sup> To be eligible for this fee you must live in one of the countries listed

<sup>\*\*\*\*</sup>Fee for adult partners of participants when partners do not take classes and stay in accommodation on campus

Old Guesthouse - Per Person		
Single Room (ensuite bath)	330€	715€
Double Room with shared bath	210€	450€
St. Benedikt		
Single Room (ensuite bath)	330 €	715€
Double Room (ensuite bath)	245€	530€
Single Room (shared bath)	255€	550€
Double Room (shared bath)	210€	450 €
Dorms (shared bed room with about 4 bunk beds and shared bathroom)	175€	380€
Off-Site Single Rooms in Hotels or Youth Hostel (prices vary, cars/ transportation needed)	283 - 666€	612 - 1443 €

# For further information:

info.icassi@gmail.com www.icassi.net

