

Week 1 - Course Descriptions - Full-Day

301 - Adlerian Couples Counseling - Calvin Armerding & Lindsay Hill - English

This course will explore the importance of lifestyle in identifying underlying problems in couples relationships. Using demonstrations and case studies, the course will illustrate how lifestyle investigation improves case conceptualization and allows for targeted methods of encouragement and intervention. Many skills and tactics will be covered in this full day course that will encourage both helping professionals and couples.

Learning objectives:

- 1. Participants will develop a comprehensive understanding of the core principles and theoretical foundations of Adlerian couples counseling.*
 - 2. Participants will identify practical skills and techniques for effectively assessing and diagnosing couples issues from an Adlerian perspective.*
 - 3. Participants will develop therapeutic competence in applying Adlerian interventions and strategies with couples.*
 - 4. Participants will recognize their own values, beliefs and biases that may influence the therapeutic process.*
-

302 - Addictive Behaviors and Re-orientation - Jim Holder- English

Participants will use a client's beliefs and guiding words to understand how clients addict themselves and in turn recover themselves through Early Recollection change work. There will be opportunities for practicum experiences in memory change work.

Learning objectives:

- 1. Participants will develop skills in assessing early recollections*
- 2. Participants will develop skills in assessing guiding words*
- 3. Participants will develop skills in memory change work*
- 4. Participants will develop skills in the use of metaphors*