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**58th
International
Rudolf Dreikurs
Summer School**

Courses in Adler / Dreikurs Theory and Practice

July 20 - August 2, 2025

Collinsville, Illinois, United States of America

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WELCOME TO THE 58TH RUDOLF DREIKURS SUMMER INSTITUTE

The International Committee for Adlerian Summer Schools and Institutes is delighted to invite you to the 58th Rudolf Dreikurs Summer Institute in the summer of 2025! We are excited to gather with participants from around the globe in Collinsville, Illinois, thus enabling North & South Americans (including Mexico & Canada) to attend this transformative event.

Over 60 years ago, in 1962, Rudolf Dreikurs hosted the first post-war-II Adlerian international summer school in Denmark, planting the seeds for a tradition that has flourished ever since. After his passing in 1972, the International Rudolf Dreikurs Summer Institute continued to carry forward the visionary principles of Alfred Adler and Rudolf Dreikurs, fostering global connections and a shared commitment to social interest.

Today, this mission feels more urgent than ever. Our world continues to face immense challenges. In this past year we experienced environmental disasters, humanitarian crises, political instability and ongoing conflicts and wars worldwide. There were many people's struggles with mental health that the Ideas and methods of Adlerian Individual Psychology could alleviate. There is a strong need in society to foster social interest, resilience, and a sense of belonging, which are prominent concepts in Adlerian Individual Psychology.

The teachings of Adlerian psychology remain profoundly relevant. Its emphasis on cooperation, social equality, mutual respect, and holistic understanding of individuals and groups provide vital tools for navigating today's complex and fast-changing world.

The Summer Institute offers a unique opportunity to explore these principles in an inspiring, international atmosphere. Together, we will develop practical skills to address contemporary challenges. Our program will cover many topics, including parenting, education, counseling, clinical practice, workplace dynamics, a multicultural living.

Whether you are a professional providing counseling, coaching, supervision, or therapy, or a parent or other individual seeking personal growth, this summer institute promises a life-changing experience. We invite you to join us in Collinsville , Illinois for an incredible journey of new insights.

We welcome you to a Midwestern area of the USA which is close to my house and to the Southern Illinois University Edwardsville where I taught for many years.

Eva Dreikurs Ferguson,
Co-Chair ICASSI

DECLARATION OF NON-DISCRIMINATORY POLICY

ICASSI welcomes students and participants of any race, color, sex, sexual orientation, national and ethnic origin to all the rights, privileges, programs and activities generally accorded or made available at ICASSI.

It does not discriminate on the basis of race, color, sex, sexual orientation, national and ethnic origin in administration of its educational policies, admissions policies, scholarship and loan programs, and other ICASSI administered programs. Vice versa it will not tolerate any discrimination by participants against others on any of the grounds mentioned above. When discriminatory behavior occurs ICASSI reserves the right to exclude that participant from further participation.

What Adlerian Psychology has to offer counter discrimination:

SOCIAL INTEREST - Contributing to the welfare of humanity

SOCIAL EQUALITY - Accepting people as equals

MUTUAL RESPECT - Avoid anything that makes people less worthy

1. PROGRAM AT-A-GLANCE

Participants should plan to arrive on Sunday afternoon of the week their participation begins and depart Saturday morning of the week their participation ends.

Week 1

Sunday, July 20 14:00-19:00 20:00	Participants for Week 1 and both Weeks Arrive (check in 15:00) ICASSI Registration Opening Ceremony
Friday, July 25 17:30 19:00	Closing Ceremony Special Dinner for All Participants
Saturday, July 26	Week 1 Participants Depart

Monday to Friday, Week 1 and 2

07:00 – 8:00	Bloc 0 Exercise	
07:30 – 8:45	Breakfast	
09:00 – 10:30	Plenary Sessions Children and Youth Courses	
10:30 – 11:00	Coffee Break	
11:00 – 13:00	Morning Courses	-Half-Day Courses -Full-Day Courses
13:00 – 14:30	Lunch break	
14:30 – 16:30	Afternoon Courses	- Half-Day Courses - Full-Day Courses
16:45 – 17:45	Special Presentations** Tuesday, Wednesday and Thursday	
18:00 – 19:30	Dinner	
20:00 – 21:15	Evening Sessions (Monday, Wednesday and Friday)	

** Special Presentations are sessions that provide an opportunity for participants and faculty to present a subject of their own choice in seminar format. A list of each day's special presentations is in the daily ICASSI Newsletter. Persons interested in presenting are requested to turn in their request early in the week.

Week 2

Sunday, July 27 16:00-19:00 20:00	Participants for Week 2 Arrive ICASSI Registration for Week 2 Arrivals Welcoming Ceremony for All
Friday, August 1 17:30 19:00	Closing Ceremony Farewell Banquet for All Participants
Saturday, August 2	All Participants Depart

2. COURSE SELECTION GUIDE

ICASSI offers a variety of course options to meet participants' learning needs and interests, whether one registers for the first week, the second week, or for both weeks.

Each morning from 09:00 to 10:30 there is a plenary lecture and demonstration. Following the plenary lecture, participants choose either two half-day courses or a full-day course per week.

DISCLAIMER: ICASSI reserves the right to change or cancel course offerings as necessary for programmatic reasons, e.g., if courses do not have minimum number registered, faculty illness, etc.

Languages:

Alfred Adler and Rudolf Dreikurs were native German speakers so their first publications on Individual Psychology were in German and it therefore has strong roots in the German language. Until today, ICASSI has lived up to this tradition and offers translations of the lectures to German and English. Also some courses are offered in both languages. However, if all participants of that course agree on one language it will be held in the agreed language.

Course descriptions and educational objectives for plenary lectures and courses are to be found on the website www.icassi.net

3. PROGRAM WEEK 1

PLENARY LECTURES FOR WEEK 1, 9:00 - 10:30

Monday July 21	The current relevance of IP – Eva Dreikurs Ferguson Examples are given of how Adlerians understand behavior, thinking, and emotions. Goals and private logic are important concepts, as are Social Interest, Life Style, and 'the need to belong.' Adlerian views: values for present and future -Theo Joosten In Adlerian psychology a human being is always seen in relation to others. Relationship is the base of wellbeing and development. Which values contribute to a democratic attitude and behaviour in our life tasks? Investing in encouraging interactions is a value for now and tomorrow.
Tuesday July 22	The art to be happy (demonstration)– Marina Blusvstein Are some people just born happy, and nothing can sway them from feeling upbeat and joyful? Is there a set of tools to turn off an overwhelming misery? Is it possible (or permissible) to feel happy when the world is in such turmoil? Does happiness actually exist on this planet in any tangible way, or is this a common delusion? In the plenary, we will dive into the epigenetics of happiness. We will check on Alfred Adler's, Rudolf Dreikurs's, and others' secrets of happiness. The mini-lecture and a large group discussion will prompt you to answer the above and other questions holistically in a way that would feel right in your heart's mind. The live demonstration will allow you to practice and experience the art of happiness.

Wednesday July 23	Psychodrama in action (demonstration) - Bilge Uzun Psychodrama is a therapeutic tool to foster emotional healing, self-awareness, and personal growth. This plenary talk will demonstrate how role-playing, dramatization, and group interaction can help individuals. The session will include real-life case examples, highlighting the transformative potential of psychodrama in understanding the core principles and techniques of psychodrama and how they facilitate emotional healing.
Thursday July 24	Bibliotherapy: including literature in counseling & therapy - Christelle Schlöpfer Bibliotherapy operates on the principle that reading can have a profound psychological impact. By engaging with texts that mirror personal experiences or challenge perspectives, individuals can process emotions, gain insights, and explore potential solutions to their problems. In this lecture, you will learn the fundamentals and psychological benefits of Bibliotherapy, how to select suitable literary materials for clients and practical examples illustrating these approaches.
Friday July 25	Family demonstration – Anda Pacurar ICASSI has a long tradition in teaching IP through live demonstrations using volunteers who want to learn more about how they can see a situation or find new solutions. This time a family will help us to understand more about family dynamics, parenting challenges nowadays and children or adolescents reality.

OVERVIEW: WEEK ONE - COURSES

MORNING COURSES, 11:00 - 13:00

#	Instructor and Course Title	Language	
		English	German
101	Calvin Armerding - Find your lifestyle	X	
102	Balla, Marion - Managing Grief and Loss in personal and professional lives	X	
103	Bluvshstein, Marina - Understanding the dreams and the dreamer	X	
104	Hill, Lindsay - First Glances and Hidden Dances: Exploring Sex and intimacy in Daydreams, Fantasies, and First Impressions	X	
105	Holder, Jim - ER's and the addiction process	X	
106	Joosten, Theo - Cooperative Problem Solving	X	
107	Landscheidt, Uti - The third eye and the third ear: Understanding communication	X	X
108	Levitt-Frank, Mia - Cultural Reflections: A journey through childhood memories	X	
109	Molan, Karen - Birth Order: The Sibling Rivalry Solution	X	

110	Schläpfer, Christelle - Bullying and Cyberbullying - A holistic approach	X	X
111	Shoham, Yoav - The art of encouragement	X	
112	Sperry, Jon- Adlerian counseling strategies	X	
113	Tate, Bruce - Creativity and Private Logic	X	
114	Williams, Hallie - Social Justice and Individual Psychology	X	

AFTERNOON COURSES, 14:30 - 16:30

#	Instructor and Course Title	Language		Open to Youth
		E	G	
201	Armerding, Calvin - Adlerian Couples Counseling: lifestyles on the infinity symbol	X		X
202	Balla, Marion - Mother-daughter relationships	X		X
203	Greenhalgh, Bruce - Integrating mindfulness in Adlerian theory and practice	X		
204	Hillenbrand, Andrea - Selfcare/ Selbstfürsorge	X	X	X
205	Holder, Jim - Multiple family group therapy	X		
206	John, Karen - Leadership in Action	X		X
207	Levitt-Frank, Mia - „From vision into reality“ - making a difference in your community	X		X
208	Molan, Karen - What is Your Health Script in Your Lifestyle	X		
209	Pacurar, Anda - Adlerian approach to dynamics of psychopathology	X		
210	Schläpfer, Christelle- How Lifestyle influences parenting style	X	X	X
211	Shoham, Yoav - Encouragement in stressful situations	X		X
212	Sperry, Jon - Drumming and IP	X		X
213	Uzun, Bilge - Adlerian Psychodrama: Family Constellation	X		
214	Williams, Hallie - Adlerian principles in community psychology	X		X

Or ONE FULL-DAY Course

Full-Day Courses 11:00 - 13:00 and 14:30 - 16:30

#	Instructor and Course Title	Language	
		E	G
301	Kottman, Terry - Family Play Therapy	X	
302	Lew, Amy - Crucial Cs and ER	X	

4. PROGRAM WEEK 2

PLENARY LECTURES FOR WEEK 2, 9:00 – 10:30

Monday July 28	Does Mindfulness complement Individual Psychology? - Bruce Greenhalgh There are so many misunderstandings about mindfulness such as, 'it's just a technique', 'it's a religious practice', or 'it's useful to help teach our clients to calm themselves'. My aim is to dispel the myths and demonstrate the breadth and depth of mindfulness and how it complements Adlerian Psychology even at a philosophical level. People often see 'mindfulness' as just techniques or even wrongly a 'religious practice'. My aim is to demonstrate the breadth and depth of mindfulness and to how it complements Adlerian psychology.
Tuesday July 29	Bridging the past and present: The Metaphoric Power of ER's (demo) - Mia Levitt-Frank According to Individual Psychology, early recollections reflect individuals' lifestyle, beliefs and strengths. The early recollections are also metaphors for what the individual is feeling, thinking and experiencing in the present. This presentation will highlight the metaphoric nature of early recollections, and the importance of focusing on strengths in any intervention. In the demonstration we will focus on the connection between the early recollection and current life experience, and emphasize the importance of encouragement and a strength based approach when working with early recollections.
Wednesday July 30	Encouragement - Yoav Shoham A case-study of treatment after a traumatic event. In this presentation Yoav will present a process of one person in three meetings as part of group sessions, with people that survived the "NOVA" Nature Party.
Thursday July 31	Life is movement – Bruce Tate Adler stressed the importance of 'trusting' movement. The concept of movement is central to core aspects of Individual Psychology. This presentation will identify the importance of movement in Individual Psychology and offer practical applications of working with this concept.
Friday August 1	Adlerian Psychology in Films - Calvin Armerding Adlerian Psychology has been widely applied to mental health treatment, parenting, and community health, to good effect. However, unlike Freudian and Jungian Psychoanalysis, Adlerian theory has not been widely used to analyze and understand art, literature, or- in our modern context- film. This plenary will explore the merits of expanding the application of Individual Psychology into art criticism, and demonstrate this application to films.

OVERVIEW: WEEK TWO - COURSES

MORNING COURSES, 11:00 - 13:00

#	Instructor and Course Title	Language	
		English	German
401	Armerding, Calvin- Adlerian methods in Counseling	X	
402	Bluvshstein, Marina - ER and working with Trauma	X	
403	Hill, Lindsay - Creative methods to rekindle and improve intimacy in couples	X	
404	Hillenbrand, Andrea - Alcohol Addiction	X	
405	John, Karen - Suicide	X	
406	Joosten, Theo - Cooperative Problem Solving	X	
407	Landscheidt, Uti - The third eye and the third ear: Understanding communication	X	X
408	Owen-Sohoki, Deborah - What Adler's Holism Offers in the 21st Century and How to Embody (live) it	X	
409	Saeedi, Sara - Creative Interventions on Individual Psychology	X	
410	Uzun, Bilge - How to practice holism mindfully	X	
411	Williams, Hallie - IP: concept, theory and its development	X	

AFTERNOON COURSES, 14:30 - 16:30

#	Instructor and Course Title	Language		Open to Youth
		E	G	
501	Balla, Marion - Managing Life Transitions	X		X
502	Bluvshstein, Marina - The best of Adlerian treatment: early recollections, metaphors paradox, and humor	X		
503	Cice, Joseph - Crucial Cs and Technology	X		X
504	Greenhalgh, Bruce - Crisis Management	X		
505	Levitt-Frank, Mia - Supervision with early recollections	X		

506	Owen-Sohoki, Deborah - Adler and Becoming Resilient through Times of Polarization, Uncertainty and Chaos	X		
507	Pacurar, Anda - Understanding adolescents	X		X
508	Saeedi, Sara - IP and Gen Z: Open Forum Counseling for New Generation Adlerians	X		X
509	Tate, Bruce - IP and the Challenges of the Modern World	X		X
510	Todorova, Vera - Parenting games: us/vs them	X		X
511	Uzun, Bilge - You, me and my workplace: How to make it work	X		

Or ONE FULL-DAY Course

Full-Day Courses 11:00 - 13:00 and 14:30 - 16:30

#	Instructor and Course Title	Language	
		E	G
601	Balfany, Craig - The masks of the tasks (art)	X	
602	Belangee, Susan - The BASIS-A Inventory: Hands-On Training With A Lifestyle Assessment	X	

5. YOUTH AND CHILDREN PROGRAMS

Youths' Program		
Early Mornings during Plenary	Mornings	Afternoons
Y-1 Youth Recreation Greg Posyniak (W1), Itamar Abramson (W2)	Y-2 Personal Development for Youths 12-17 Noam Shoham	Y-3 Youth Recreation Lory Wagner (W1), Greg Posyniak (W2)
Children's Program		
Early Mornings during Plenary	Mornings	Afternoons
C-1 Children's Recreation Jennifer Grindatti, Shuli Zheng (W 1 and 2)	C-2 Children's Program Andreea Popa and Shuli Zheng (W1), Magnus Irvine and Eric Pacurar(W2)	C-3 Children's Recreation Andreea Popa & Itamar Abramson (W1), Magnus Irvine & Eric Pacurar (W2)

6. ICASSI BOARD OF DIRECTORS, FACULTY & STAFF

Honorary Chairperson:	Sadie E. "Tee" Dreikurs, USA (Deceased)
Co-Chairpersons:	Eva Dreikurs Ferguson, USA Theo Joosten, The Netherlands Uti Landscheidt, Germany

Secretary-Treasurer:	Karen John, UK
Board Members:	Marina Bluvshstein, USA Mia Levitt-Frank, Israel Anda Pacurar, Romania Hallie Williams, USA

ICASSI 2025 FACULTY

(More information about the faculty can be found on the website)

Faculty name	Country	Faculty name	Country
Abramson, Itamar	Israel	Lew, Amy	USA
Armerding, Calvin	USA	Molan, Karen	Ireland
Balfany, Craig	USA	Owen-Sohoki, Deborah	USA
Balla, Marion	Canada	Pacurar, Anda	Romania
Bartels, Lutz	Germany	Pacurar, Eric	Romania
Belangee, Susan	USA	Popa, Andreea	Romania
Bluvshstein, Marina	USA	Posyniak, Greg	Germany
Dreikurs Ferguson, Eva	USA	Saeedi, Sara	Canada
Greenhalgh, Bruce	United Kingdom	Schläpfer, Christelle	Switzerland
Grindatti, Jennifer	USA	Shoham, Noam	Israel
Hill, Lindsay	USA	Shoham, Yoav	Israel
Hillenbrand, Andrea	Germany	Sperry, Jon	USA
Holder, Jim	USA	Tate, Bruce	United Kingdom
Irvine, Magnus	United Kingdom	Todorova, Vera	Bulgaria
John, Karen	United Kingdom	Uzun, Bilge	Turkey
Joosten, Theo	The Netherlands	Wagner, Lori	USA
Kottman, Terry	USA	Williams, Hallie	USA
Landscheidt, Uti	Germany	Zheng, Shuli	China
Levitt-Frank, Mia	Israel		

ADMINISTRATIVE STAFF

Landscheidt, Sabine, M.A., LL.M., Administrator, Frankfurt, Germany.

Cice, Joseph A., Ph.D., Assistant Administrator, Kailua Hawaii, USA.

Hertl, Beate, Administrative Support Person, German Speaking Contact Person, Graz, Austria.

7. SCHOLARSHIP AND FINANCIAL ASSISTANCE

As part of ICASSI's mission to spread the teachings of Alfred Adler and Rudolf Dreikurs, ICASSI offers a limited number of awards for those in financial need:

- a) Major Scholarship: Covers Summer School Package, room and board
- b) Tuition Assistance: Instead of paying the full Summer School Package, these recipients will pay 175€ which covers the cost of 4 dinners each week, morning coffee and opening and closing ceremonies. Their tuition costs are covered.

Scholarships and Tuition Assistance are given to individuals who have a clear financial need and who seek to apply Adler-Dreikurs principles more effectively in their work. A letter of recommendation from a past or present ICASSI Faculty or Board member, or a member of a national or regional Adlerian Society, is required. Assistance is not available for travel.

Application Forms for MAJOR SCHOLARSHIPS and TUITION ASSISTANCE are available from our website, www.icassi.net or from Joe Cice josephicassi@gmail.com. The application form should be returned to Joe Cice by midnight (EST) February 15, 2025.

8. REGISTRATION: DUE DATES, FORMS, AND PROCEDURES CHART OF DUE DATES

ACTION NEEDED	DUE DATE
Scholarship Application	February 15, 2025
Early Registration Deduction	March 31, 2025
Letter of Invitation Request for Travel Visa *	April 1, 2025
Registration by (registration possible after this date, but late registration fee applies)	June 1, 2025
Final Payment (otherwise 75€ will be added)	June 15, 2025
Request for Tuition Refunds (cancellation fee applies)	June 15, 2025
Request for Room Refunds (cancellation fee applies)	June 15, 2025
Registering for classes**	Available on first come basis**

*Requests after April 1 will incur a processing charge of 25€

**Registration for ICASSI will close if we reach the capacity of the facilities.

ONLINE REGISTRATION

Registration is possible through: ICASSI.cventevents.com

If you experience any problems with registration, please contact the administrator Sabine Landscheidt @ info.icassi@gmail.com

OFFLINE REGISTRATION

Participants who prefer to register by mail please download the form from the website or send an email to the administrator to receive the form.

Payment of Fees: Payments are payable to ICASSI in US Dollar. Please notice that a deposit of at least 300\$ (or 550\$ for a family) should be made at the time of registration, and that the balance is due by June 15, 2025.

EARLY REGISTRATION DEDUCTIONS

If you are an adult (general admission) registering before March 31st you will benefit from an early registration deduction.

GROUP RATES

Please consult the website for information about the group rates.

REDUCED FEE

Countries (regions) are the Eastern European countries of: Bulgaria, Czech Republic, Estonia, Hungary, Latvia, Lithuania, Poland, Romania, Slovakia as well as India, Latin America, Malaysia, Morocco, Russia, Singapore, Turkey and Ukraine.

All further information (Refund policy, Travel Visas, etc.) as well as payment options can be found on the website at icassi.net

PRICES

Summer School Package

The Summer School Package includes tuition, dinner on Sunday, Monday, Wednesday and Friday of each week, registration drinks, opening and welcome reception, farewell dinner, coffee breaks and organizational fees. Note: It does not include dinner on Tuesday, Thursday or Saturday.

Summer School Pkg.	One Week	Both Weeks
Early Bird Adult (Before March 31st)	670 \$	1160 \$
Adult	715 \$	1225 \$
College Student*	595 \$	915 \$
Youth (12-17)**	455 \$	820 \$
Child (4 - 11)	375 \$	675 \$
REDUCED FEES***		
Adult/College Student	455 \$	820 \$
Youth (12-17)	395 \$	745 \$
Child (4-11)	350 \$	645 \$
Fee for accommodating partners****	295 \$	590 \$

*Full time University or College students in academic year 2024/2025 or 2025/2026

** All ages are based on age as of July 15, 2025

*** To be eligible for this fee you must live in one of the countries listed

****Fee for adult partners of participants when partners do not take classes and stay in accommodation on campus

Accommodations: Room and Breakfast

Accommodation fees include room and breakfast. Prices listed are all per person.

Note with regard to sharing rooms: If you want to share a room you have to name your roommates. If you want to share a room with a stranger of the same gender, mark this on the registration form and we will try to accommodate your wish. If no room-mate can be found, you will need to pay the price of a single room. If you were assigned to a room share and you have to cancel your room registration, no refund can be made for the accommodation.

ACCOMMODATION (all rooms are in the DoubleTree by Hilton Collinsville - St. Louis)	One Week (6 nights)	Both Weeks (13 nights)
Hotel Rooms (3 Star Hotel) – Per Person		
Single Room (ensuite bath)	876 \$	1898 \$
Double Room (ensuite bath) - two queen sized beds - per person	546 \$	1183 \$
Triple Room - two queen sized beds - one to be shared with two person - only for families or groups of close friends - per person in the room	396 \$	865 \$
Quadruple Room - two queen sized beds - both to be shared with two person - only for families or groups of close friends - per person in the room	330 \$	715 \$
Children under the age of 6 sleep in their parents/ family room	free	free

**For further
information:**

info.icassi@gmail.com

www.icassi.net

