

Second Week - Full Day Course 11:00AM - 1:00PM and 2:00 - 4:00PM

#	Instructor and Course Title	Language	
		E	G
601	Balfany, Craig - The masks of the tasks (art experiential)	X	
602	Belangee, Susan - The BASIS-A Inventory: Hands-On Training With A Lifestyle Assessment	X	

601 - Balfany, Craig - The masks of the tasks (art experiential)

An Adlerian art therapy approach will be used to explore Adler's three life tasks through the creative process of mask-making. The fundamentals of life tasks will be discussed and integrated into masks' multicultural history. Participants will engage in a mask-making series and reflect upon their life tasks through the symbols and metaphors that emerge from the masks. Ethical applications of mask-making in personal, educational, and therapeutic settings will be articulated. This course would be appropriate for professionals and general participants

Learning Objectives:

1. Participants will be able to describe the three life tasks Alfred Adler Identified.
2. Participants will describe their personal and cultural experiences with masks and be able to list three purposes for masks.
3. Participants will demonstrate their ability to create a series of personal masks and describe how each mask reflects aspects of their life tasks.
4. Participants will be able to identify three strengths of mask-making as a therapeutic tool or for personal self-awareness.

602 - Belangee, Susan - The BASIS-A Inventory: Hands-On Training With A Lifestyle Assessment

Many Adlerians across the world have never heard about the the Adlerian lifestyle assessment called the BASIS-A Inventory. Developed by Roy Kern, Bill Curlette, and Mary Wheeler during the 1980s with the final version copyrighted in 1994, the BASIS-A has been used over the last 30 years in clinical practice, research, and business/organizational consulting. This full-day training class will teach participants how to administer, score, interpret results, and give feedback to clients across a variety of settings. Demonstrations and dyad work will be the focus of this class. This course goes beyond self-awareness and emphasizes how to use this assessment tool; therefore this course is best suited for professionals and those who would want to learn how to use a lifestyle assessment in their workplace. This course is designed for professionals, including therapists, coaches, business leaders (HR), consultants, MFTs, social workers, etc.

Learning Objectives:

1. Participants will be able to - explain the lifestyle concept in Adlerian psychology
2. Participants will be able to - explain the BASIS-A scales in terms of what each one measures
3. Participants will be able to - discuss the how to incorporate presenting concern and life tasks into the feedback process
4. Participants will be able to - demonstrate how to give appropriate feedback to a client using the BASIS-A protocol